

WPUSD Student Wellness Committee

Monday, February 6, 2017

3:30 p.m. – Overlook Room

Minutes

1. Welcome & Introductions
2. Review of December 5, 2016 meeting minutes
3. WPUSD Wellness Policy – DRAFT

Group discussed, and will review. Final draft will be completed by May 1st, 2017 for approval.

4. 2016-17 Goals – Final

Group approved the final Goals. They will go to the School Board for approval on February 21st.

5. Future Meeting Dates for 16/17 school year:
 - a. Monday, February 6, 2017
 - b. Monday, May 1, 2017 *may be held at GEMS at 3:30pm*

6. Other

Leah Campbell, from UC Cal Fresh, mentioned there will be a Family Fun Faire on April 28th, at First Street School. It will be a good opportunity to promote Nutrition Education (Goal 4) and get healthy messaging to students/parents/community (Goal 3).

Cassie Call and Megan Thompson, from Placer County, mentioned that the county is doing a reassessment of Lincoln neighborhoods, specifically East of Lincoln Blvd. The assessment will score neighborhoods based on their accessibility to make healthy choices (proximity to fast food restaurants,

health food restaurants, healthy food distribution, healthy advertising, walking paths, etc.)

NEXT MEETING DATE: May 1, 2017

