

WPUSD Student Wellness Committee

Monday, December 5, 2016

3:30 p.m. – Overlook Room

Minutes

1. Welcome & Introductions

-Susan Stewart, Food Services Director

2. Salad Bars – *salad bars at every school site now using fresh fruits and veggies. Staff and teachers are encouraged to try the new winter menu and salad bars.*

3. “Compost” Removal - *Mona has helped our schools distribute their excess food to local farmers to feed their livestock. About 700 lbs. have already been distributed. A new food regulation was recently passed to require school to recycle their waste instead of sending it to the landfill, so we are already in compliance. We would like to coordinate with the Lincoln Community Gardens and help expand our school gardens and use more of the harvest in our school menu.*

4. 2015-16 Goals – Final – *Audrey and the group updated the goals from last school year to reflect this years standards.*

5. Future Meeting Dates for 16/17 school year:

Monday, February 6, 2017

Monday, May 1, 2017

6. Other – *Several promotional ideas were discussed to help educate our students and parents about the importance of nutrition. Susan talked about doing a health faire meet and greet with local farmers and athletes in January during the reopening of McBean Park. Megan and Sarah talked about “Sammy’s Circuit” which would be an interactive evening event for parents and students to attend at a school site. Other opportunities to include Student Wellness would be back to school night, open house, science night etc.*

7. **NEXT MEETING DATE:** February 6, 2017