



West Covina Unified School District Nutrition Services Newsletter

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Did You Know at West Covina High School...

We offer fresh fruits and vegetables for breakfast and lunch!

Options include whole pears and oranges, baby carrots and jicama sticks!



We Now Have Speed Lines!

Speed lines are self-serve lunch lines that allow students to serve themselves! Dog Rock Café menu items include orange chicken, nachos, penne & meatballs, and hard-shell tacos!

We Offer Semi-Scratch Menu Entrees!

We offer carnitas on a bed of brown rice, meatball hoagies, chicken drumstick meals, mac and cheese, baked chicken dinners, and starting November, turkey and gravy bowls!



Our Burgers are Made with 100% Beef & Grilled On-Site!

Burgers are served on a whole grain bun along with a serving of fruits, veggies, and milk. We offer Beefsteak Burgers with or without cheese, and Western Burgers topped with BBQ sauce and a single onion ring. Yum! Try one today!



Need to Make a Payment or Check Your Balance?

Electronic payments can be made by logging into www.schoolcafe.com

Go Green!

Download our free menu app on your smartphone by searching for "Web Menus" in your app store or visit www.wcusdnutrition.org for more info.

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