

Instructions for Completing WISD Special Diet Prescription Form

If your child requires changes in their meals for medical reasons, please do the following:

1. Pick up the WISD Special Diet Prescription Form from the school nurse or the Food Service Office.
2. Take this form to your child's doctor. The part titled "For Physician, nurse, or medical office staff" must be completed by the medical staff at the doctor's office. The doctor must sign the form. WISD Food Service Department will only honor prescriptions given by a US doctor.
3. Once the form is signed by the doctor, return it to the school nurse or the Food Service Office. If delivered to the school nurse, she/he will forward the form to the dietitian at the Food Service Department for approval and processing.
4. Once the dietitian reviews the diet order, instructions will be given to the cafeteria manager at your child's school to make the necessary changes to your child's menu.
5. WISD Food Service Department recognizes the importance of nutrition counseling but does not provide that service.
6. If a parent wishes to discontinue the diet for their child, the written request with the parent/guardian's signature must be provided to the nurse's office. The nurse will fax the form to the dietitian at 969-6596. The dietitian/nurse will notify the physician if necessary. If a parent brings in a new prescription from the doctor to give the child a *regular diet*, the WISD Special Diet Prescription Form does not have to be filled out.

Instrucciones para Llenar la Forma/Receta para Dietas Especiales

Si su niño(a) requiere cambios en su dieta por razones médicas, haga lo siguiente:

1. Recoja la forma WISD Special Diet Prescription Form con la enfermera de la escuela.
2. Lleve esta forma a la oficina del medico. El personal medico debe llenar la parte titulada "For Physician, nurse, or medical office staff". Para validar la forma se requiere la firma del medico, y solamente se aceptan recetas e instrucciones de medicos con licencia en los Estados Unidos.
3. Una vez que este completa la forma, regrésela a la enfermera de la escuela.
4. La enfermera mandara por fax la receta a la/el dietista(o) para aprobación.
5. Una vez que sea aprobada la receta, la/el dietista(o) le dará instrucciones al supervisor de la cafetería de la escuela para empezar con los cambios a la dieta de su niño(a).
6. El Programa de Nutricion Escolar de WISD reconoce la importancia de la consejeria/educación nutricional pero da ese servicio.
7. Si al padre se le permite descontinuar la dieta del niño(a), tiene que llenar y firmar la forma titulada "WISD Food Service Department Permiso Para Cancelar Una Dieta Especial", y entregársela a la enfermera. La enfermera mandara la forma por fax a la/el dietista(o) para archivar. La/el dietista(o) notificara al medico si es necesario. Si usted trae una nueva receta autorizando una dieta regular no es necesario llenar la forma para cancelar una dieta especial. Entregue la nueva receta a la enfermera.