



Meal Storage and Heating Instructions

All foods requiring refrigeration need to be kept at a temperature of 41°F or below. Shelf-stable items should be stored at a temperature of 85°F or below.

All Fresh Milk & Cold Juices - Refrigeration required. Consume by the “Best By” date located on the product.

All Cereals, Crackers, Chips, Sunflower Seeds - Shelf-stable. No refrigeration required. Consume by the “Best By” date located on the product.

Grain-Based Breakfast Pastries (e.g.: Zee Zee Nutrition Bar, Breakfast Breads, Muffin, Breakfast Pastries, etc.) - Previously frozen product. Shelf-stable but consume within 5 days.

String Cheese - Refrigeration required. Consume within 5 days.

Fresh Whole Fruit – **WASH BEFORE CONSUMING** - Refrigeration recommended, but not required.

Fresh Processed/Bagged Fruit & Vegetables as well as cold fruit cups – Refrigeration required. Consume by the “Best By” date located on the product.

All Shelf-Stable Fruit, Vegetable & Milk Items (e.g.: Applesauce cups, Craisins, Juicy Juice/Ocean Spray Juice Boxes, Shelf-Stable Milk Boxes, etc.) - Shelf-stable. No refrigeration required. Consume by the “Best By” date located on the product.

Cold Sandwiches (e.g.: Peanut Butter & Jelly Sandwich, Turkey Sandwich, etc.) – Refrigeration required. Previously frozen product. Consume the same day or next day.

Lunch Items that require heating (e.g.: Breakfast Sandwich, Grilled Cheese, Burritos, Corn Dogs, Hot Pockets, etc.) – Store in refrigeration until ready to heat & consume. Store in refrigerator no longer than 5 days. Heat item by following the heating instructions on the back of this page and consume within two hours.

*****IMPORTANT***** Anyone with allergies, please be sure to read ALL labels or check the menu on the website before consuming.

(SEE REVERSE SIDE FOR HEATING INSTRUCTIONS.)

HEATING INSTRUCTIONS

A) If item has heating instructions on packaging, follow the manufacturer's recommended heating instructions on package.

B) If item does not have heating instructions on the packaging, follow these instructions to safely heat:

*****Please note: Since the type of products vary, and all microwaves and ovens vary in power, all cooking times are approximate and may need to be adjusted.***

REMOVE ALL FOIL WRAPPERS/PLASTIC BAG WRAP BEFORE HEATING.

(ovenable wrap is okay – when in doubt, remove the wrap)

MICROWAVE, FROM FROZEN:

1. Open one end of item's manufacturer's wrapper (but do not remove item from manufacturer's wrapper).
2. Microwave on HIGH for 90 seconds.
3. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
4. If product has not reached an internal temperature of at least 165°F, continue to reheat on HIGH in 30 second intervals until minimum internal temperature of 165°F is reached.
5. Remove item from microwave, remove from wrapper, and let sit for one minute before consuming.
6. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**

MICROWAVE, FROM THAWED:

1. Open one end of item's manufacturer's wrapper (but do not remove item from manufacturer's wrapper).
2. Microwave on HIGH for 45 seconds.
3. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
4. If product has not reached an internal temperature of at least 165°F, continue to reheat on HIGH in 15-20 second intervals until minimum internal temperature of 165°F is reached.
5. Remove item from microwave, remove from wrapper, and let sit for one minute before consuming.
6. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**

OVEN, FROM FROZEN:

1. Leave product inside manufacturer's wrapper with wrapper unopened.
2. Heat oven to 325°F.
3. Place product on baking sheet and cook in the oven for 30-35 minutes.
4. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
5. If product has not reached an internal temperature of at least 165°F, continue to cook in oven, checking every 5-10 minutes until minimum internal temperature of 165°F is reached.
6. Remove item from oven, remove from wrapper, and let sit for 5-10 minutes before consuming.
7. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**

OVEN, FROM THAWED:

1. Leave product inside manufacturer's wrapper with wrapper unopened.
2. Heat oven to 325°F.
3. Place product on baking sheet and cook in the oven for 20-25 minutes.
4. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
5. If product has not reached an internal temperature of at least 165°F, continue to cook in oven, checking every 5-10 minutes until minimum internal temperature of 165°F is reached.
6. Remove item from oven, remove from wrapper, and let sit for 5-10 minutes before consuming.
7. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**