

## Kellogg's® Pop-Tarts® Made With Whole Grain Frosted Cinnamon

Your favorite Pop-Tarts toaster pastries have just gotten even better. These delicious Pop-Tarts are made with whole grain, colors and flavors from natural sources, and with no high fructose corn syrup. They also have a good source of calcium and a good source of fiber (contains 6g total fat per serving).

**Product Type**  
Grab 'N Go Pop-Tarts

**Product Category**

**UPC Code**  
3800055125

**Servings/Case**  
72 ct

**Sizes**  
3.52 oz

**Format**  
Single Serve

**Gross Weight**  
18.12

**Allergen Information**  
CONTAINS WHEAT AND SOY INGREDIENTS.

**Dietary Exchange Per Serving**  
5 Carbohydrates, 1 Fat, 1 Protein

**Kosher Status**  
Not Certified

**Grain Ounce Equivalents**  
2.5

**Shelf Life**  
365 days (12 months)

**Country of Origin**  
Distributed in USA



Date Printed: 04/25/2019

# Kellogg's® Pop-Tarts® Whole Grain Frosted Cinnamon

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
	Serv. Size 1 Pouch (100g)	<b>Total Fat</b> 6g	<b>9%</b>	<b>Sodium</b> 400mg
<b>Calories</b> 370	Sat. Fat 2g	<b>10%</b>	<b>Total Carb.</b> 76g	<b>25%</b>
Fat Cal. 50	Trans Fat 0g		Dietary Fiber 6g	<b>23%</b>
	Polyunsat. Fat 2g		Sugars 31g	
	Monounsat. Fat 1g		<b>Protein</b> 5g	
	<b>Cholest.</b> 0mg	<b>0%</b>		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.				
Vitamin A 20% • Vitamin C 0% • Calcium 20% • Iron 20%				
Thiamin 20% • Riboflavin 20% • Niacin 20% • Vitamin B <sub>6</sub> 20%				

**Ingredients:** Whole wheat flour, sugar, enriched flour (wheat flour, niacin, reduced iron, vitamin B<sub>1</sub> [thiamin mononitrate], vitamin B<sub>2</sub> [riboflavin], folic acid), corn syrup, dextrose, soybean and palm oil, bleached wheat flour, polydextrose, glycerin, contains two percent or less of maltodextrin, molasses, calcium carbonate, salt, leavening (sodium acid pyrophosphate, baking soda), wheat starch, cinnamon, sodium stearoyl lactylate, DATEM, gelatin, xanthan gum, vitamin A palmitate, niacinamide, reduced iron, vitamin B<sub>6</sub> (pyridoxine hydrochloride), vitamin B<sub>2</sub> (riboflavin), vitamin B<sub>1</sub> (thiamin hydrochloride), soy lecithin.  
**CONTAINS WHEAT AND SOY INGREDIENTS.**

NLI#15200