



Kellogg's® Pop-Tart® Toaster Pastry
Made with Whole Grain Frosted Strawberry
Provides 1 oz. Equivalent of grain.

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
	Total Fat 2.5g	4%	Sodium 180mg	8%
	Sat. Fat 1g	5%	Total Carb. 38g	13%
Serv. Size	Trans Fat 0g		Dietary Fiber 3g	11%
1 Pastry (50g)	Polyunsat. Fat 1g		Sugars 15g	
Calories 180	Monounsatur. Fat 0.5g		Protein 2g	
Fat Cal. 20	Cholest. 0mg	0%		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
 Vitamin A 10% • Vitamin C 0% • Calcium 10% • Iron 10%
 Thiamin 10% • Riboflavin 10% • Niacin 10% • Vitamin B₆ 10%

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, CORN SYRUP, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B₁ [THIAMIN MONONITRATE], VITAMIN B₂ [RIBOFLAVIN], FOLIC ACID), DEXTROSE, SOYBEAN AND PALM OIL (WITH TBHQ FOR FRESHNESS), CRACKER MEAL, POLYDEXTROSE, GLYCERIN, FRUCTOSE, CONTAINS TWO PERCENT OR LESS OF WHEAT STARCH, CALCIUM CARBONATE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), DRIED STRAWBERRIES, DRIED PEARS, DRIED APPLES, SODIUM STEAROYL LACTYLATE, CITRIC ACID, MILLED CORN, DATEM, GELATIN, SOYBEAN OIL, MODIFIED CORN STARCH, MODIFIED WHEAT STARCH, SOY LECITHIN, CARAMEL COLOR, XANTHAN GUM, STRAWBERRY JUICE CONCENTRATE, NATURAL AND ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, RED 40, NIACINAMIDE, REDUCED IRON, COLOR ADDED, TURMERIC EXTRACT FOR COLOR, YELLOW 6, VITAMIN B₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B₂ (RIBOFLAVIN), VITAMIN B₁ (THIAMIN HYDROCHLORIDE), BLUE 1.
CONTAINS WHEAT AND SOY INGREDIENTS.

NLI: 09263

Kellogg's® Pop-Tart® Toaster Pastry
Made with Whole Grain Frosted Cinnamon
Provides 1.25 oz. Equivalent of grain.

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
	Total Fat 2.5g	4%	Sodium 190mg	8%
	Sat. Fat 1g	5%	Total Carb. 37g	12%
Serv. Size	Trans Fat 0g		Dietary Fiber 3g	11%
1 Pastry (50g)	Polyunsat. Fat 1g		Sugars 15g	
Calories 180	Monounsatur. Fat 0.5g		Protein 2g	
Fat Cal. 25	Cholest. 0mg	0%		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
 Vitamin A 10% • Vitamin C 0% • Calcium 10% • Iron 10%
 Thiamin 10% • Riboflavin 10% • Niacin 10% • Vitamin B₆ 10%

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B₁ [THIAMIN MONONITRATE], VITAMIN B₂ [RIBOFLAVIN], FOLIC ACID), CORN SYRUP, DEXTROSE, SOYBEAN AND PALM OIL (WITH TBHQ FOR FRESHNESS), CRACKER MEAL, POLYDEXTROSE, GLYCERIN, CONTAINS TWO PERCENT OR LESS OF MALTODEXTRIN, MOLASSES, CALCIUM CARBONATE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), WHEAT STARCH, CINNAMON, SODIUM STEAROYL LACTYLATE, DATEM, GELATIN, CARAMEL COLOR, XANTHAN GUM, VITAMIN A PALMITATE, NIACINAMIDE, REDUCED IRON, VITAMIN B₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B₂ (RIBOFLAVIN), VITAMIN B₁ (THIAMIN HYDROCHLORIDE), SOY LECITHIN.
CONTAINS WHEAT AND SOY INGREDIENTS.

NLI: 09284

Kellogg's® Pop-Tart® Toaster Pastry
Made with Whole Grain Frosted Fudge
Provides 1.25 oz. Equivalent of grain.

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
	Total Fat 3g	5%	Sodium 190mg	8%
	Sat. Fat 1g	5%	Total Carb. 37g	12%
Serv. Size	Trans Fat 0g		Fiber 3g	11%
1 Pastry (50g)	Polyunsat. Fat 1g		Sugars 15g	
Calories 180	Monounsatur. Fat 0.5g		Protein 2g	
Fat Cal. 25	Cholest. 0mg	0%		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
 Vitamin A 10% • Vitamin C 0% • Calcium 10% • Iron 10%
 Thiamin 10% • Riboflavin 10% • Niacin 10% • Vitamin B₆ 10%
 Folic Acid 10%

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B₁], RIBOFLAVIN [VITAMIN B₂], FOLIC ACID), CORN SYRUP, DEXTROSE, SOYBEAN AND PALM OIL (WITH TBHQ FOR FRESHNESS), CRACKER MEAL, POLYDEXTROSE, GLYCERIN, CONTAINS TWO PERCENT OR LESS OF MALTODEXTRIN, MOLASSES, CALCIUM CARBONATE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), WHEAT STARCH, CINNAMON, SODIUM STEAROYL LACTYLATE, DATEM, GELATIN, CARAMEL COLOR, XANTHAN GUM, VITAMIN A PALMITATE, NIACINAMIDE, REDUCED IRON, PYRIDOXINE HYDROCHLORIDE (VITAMIN B₆), RIBOFLAVIN (VITAMIN B₂), THIAMIN HYDROCHLORIDE (VITAMIN B₁), FOLIC ACID, SOY LECITHIN.
CONTAINS WHEAT AND SOY INGREDIENTS.

NLI: 07818



Kellogg's® Pop-Tarts® Toaster Pastries
Made with Whole Grain Frosted Strawberry
Provides 2.25 oz. Equivalent of grain.

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
	Total Fat 4.5g	7%	Sodium 380mg	15%
	Sat. Fat 2g	10%	Total Carb. 75g	25%
Serv. Size	Trans Fat 0g		Dietary Fiber 6g	23%
1 Package (100g)	Polyunsat. Fat 2g		Sugars 30g	
Calories 360	Monounsatur. Fat 1g		Protein 4g	
Fat Cal. 40	Cholest. 0mg	0%		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
 Vitamin A 20% • Vitamin C 0% • Calcium 20% • Iron 20%
 Thiamin 20% • Riboflavin 20% • Niacin 20% • Vitamin B₆ 20%

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, CORN SYRUP, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B₁ [THIAMIN MONONITRATE], VITAMIN B₂ [RIBOFLAVIN], FOLIC ACID), DEXTROSE, SOYBEAN AND PALM OIL (WITH TBHQ FOR FRESHNESS), CRACKER MEAL, POLYDEXTROSE, GLYCERIN, FRUCTOSE, CONTAINS TWO PERCENT OR LESS OF WHEAT STARCH, CALCIUM CARBONATE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), DRIED STRAWBERRIES, DRIED PEARS, DRIED APPLES, SODIUM STEAROYL LACTYLATE, CITRIC ACID, MILLED CORN, DATEM, GELATIN, SOYBEAN OIL, MODIFIED CORN STARCH, MODIFIED WHEAT STARCH, SOY LECITHIN, CARAMEL COLOR, XANTHAN GUM, STRAWBERRY JUICE CONCENTRATE, NATURAL AND ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, RED 40, NIACINAMIDE, REDUCED IRON, COLOR ADDED, TURMERIC EXTRACT FOR COLOR, YELLOW 6, VITAMIN B₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B₂ (RIBOFLAVIN), VITAMIN B₁ (THIAMIN HYDROCHLORIDE), BLUE 1.
CONTAINS WHEAT AND SOY INGREDIENTS.

NLI: 09264

Kellogg's® Pop-Tarts® Toaster Pastries
Made with Whole Grain Frosted Cinnamon
Provides 2.5 oz. Equivalent of grain.

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
	Total Fat 5g	8%	Sodium 380mg	15%
	Sat. Fat 2g	10%	Total Carb. 75g	25%
Serv. Size	Trans Fat 0g		Dietary Fiber 6g	22%
1 Package (100g)	Polyunsat. Fat 2g		Sugars 31g	
Calories 370	Monounsatur. Fat 1g		Protein 5g	
Fat Cal. 50	Cholest. 0mg	0%		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
 Vitamin A 20% • Vitamin C 0% • Calcium 20% • Iron 20%
 Thiamin 20% • Riboflavin 20% • Niacin 20% • Vitamin B₆ 20%

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B₁ [THIAMIN MONONITRATE], VITAMIN B₂ [RIBOFLAVIN], FOLIC ACID), CORN SYRUP, DEXTROSE, SOYBEAN AND PALM OIL (WITH TBHQ FOR FRESHNESS), CRACKER MEAL, POLYDEXTROSE, GLYCERIN, CONTAINS TWO PERCENT OR LESS OF MALTODEXTRIN, MOLASSES, CALCIUM CARBONATE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), WHEAT STARCH, CINNAMON, SODIUM STEAROYL LACTYLATE, DATEM, GELATIN, CARAMEL COLOR, XANTHAN GUM, VITAMIN A PALMITATE, NIACINAMIDE, REDUCED IRON, VITAMIN B₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B₂ (RIBOFLAVIN), VITAMIN B₁ (THIAMIN HYDROCHLORIDE), SOY LECITHIN.
CONTAINS WHEAT AND SOY INGREDIENTS.

NLI: 09285

Kellogg's® Pop-Tarts® Toaster Pastries
Made with Whole Grain Frosted Fudge
Provides 2.25 oz. Equivalent of grain.

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
	Total Fat 6g	9%	Sodium 390mg	16%
	Sat. Fat 2g	10%	Total Carb. 78g	25%
Serv. Size	Trans Fat 0g		Dietary Fiber 6g	24%
1 Package (100g)	Polyunsat. Fat 2g		Sugars 30g	
Calories 370	Monounsatur. Fat 1.5g		Protein 5g	
Fat Cal. 50	Cholest. 0mg	0%		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
 Vitamin A 20% • Vitamin C 0% • Calcium 20% • Iron 20%
 Thiamin 20% • Riboflavin 20% • Niacin 20% • Vitamin B₆ 20%

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B₁ [THIAMIN MONONITRATE], VITAMIN B₂ [RIBOFLAVIN], FOLIC ACID), CORN SYRUP, DEXTROSE, SOYBEAN AND PALM OIL (WITH TBHQ FOR FRESHNESS), BLEACHED WHEAT FLOUR, POLYDEXTROSE, GLYCERIN, CONTAINS TWO PERCENT OR LESS OF MALTODEXTRIN, COCOA, CALCIUM CARBONATE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), WHEAT STARCH, COCOA (PROCESSED WITH ALKALI), SODIUM STEAROYL LACTYLATE, GELATIN, DATEM, XANTHAN GUM, SOY LECITHIN, VANILLA EXTRACT, NIACINAMIDE, REDUCED IRON, VITAMIN A PALMITATE, VITAMIN B₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B₂ (RIBOFLAVIN), VITAMIN B₁ (THIAMIN HYDROCHLORIDE).
CONTAINS WHEAT AND SOY INGREDIENTS.

NLI: 11006