

# "MEET OUR TEAM"



Cassandra Wetselline

Nutrition Services Worker at Diamond Bar High School. I've been with the district for a little over a year. I enjoy working in a fast-paced environment. I'm also a licensed cosmetologist who loves plants. Most of all I'm "mom" to 2 beautiful boys. My wish for all our families is that everyone stays healthy so we can all get back to doing what we love.

## RECIPE OF THE MONTH



3-Ingredient "Chocolate-Covered Strawberry" Frozen Greek Yogurt Hearts

https://twohealthykitchens.com/3ingredient-chocolate-coveredstrawberry-frozen-greek-yogurt-bites/

• Ready in 30 Minutes or Less (Plus Freezing) • Freezable • Make Ahead • Vegetarian • Gluten Free •

Perfect for snacks or healthy desserts.

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# WALNUT NUTRITION NEWSLETTER.

www.walnutnutrition.org

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# **SEAMLESS SUMMER OPTION (SSO)**

Under the Richard B. Russell National School Lunch Act, 42 U.S.C. 1761(c)(1), (d), and (e) and program regulations at 7 CFR 225.6(b)(1) and (e)(1), SFSP and SSO operations are only permitted during the months of May through September, except in cases of unanticipated school closures.

However, FNS recognizes that state agencies and local program operators continue to need additional support and flexibility to continue serving meals safely to children while managing the impacts of COVID—19.

Allowing operation of SFSP/SSO through June 30, 2021, facilitates the safe provision of meals by eliminating the need to collect meal payments, including cash payments, at meal sites, which speeds up service of meals, thereby reducing contact and potential exposure to COVID—19. Operation of SFSP/SSO also facilitates curbside meal pick-up; program staff may simply keep a count of all meals served, instead of relying on a point-of-service system (POS)—which may be located indoors—to track and claim meals by type.

Requiring schools to use a POS to check eligibility and collect payment could expose school food service personnel to hundreds of individuals a day, further increasing risks to both the children, families, and staff. Instead, program staff could focus on quickly providing meals at meal sites instead of spending time confirming individual student enrollment and eligibility status.



#### Free Grab & Go Meals!!!

Pick up free meals for any child 18 or younger at the school site closest to you.

Drive-through or walk-up curbside service available weekdays. Parents/guardians may pick up for all students at one location.

### **Service Hours:**

**Elementary Schools:** 11:30 a.m. - 1:10 p.m. **Middle & High School:** 7:30 a.m. - 9:00 a.m.