

DISTRICT REPORT
Summary

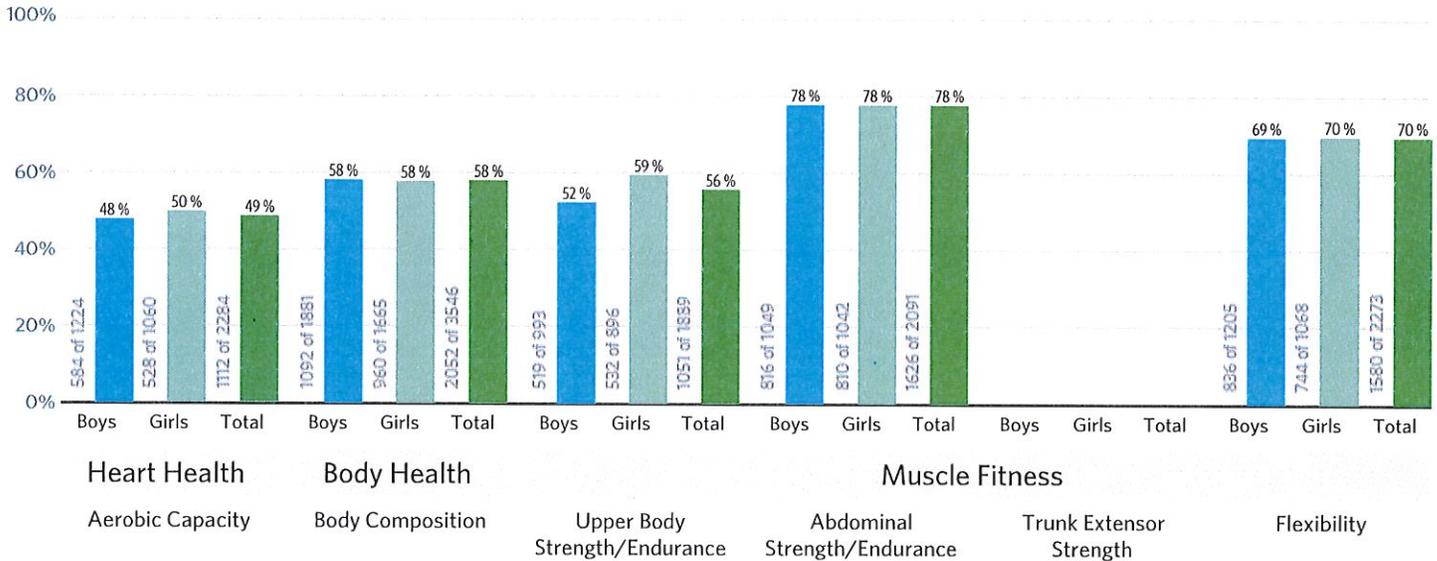
The District Report - Summary shows the percentage of boys and girls that achieve Healthy Fitness Zone by component.

WALKER CO SCHOOL DISTRICT

2/7/2020

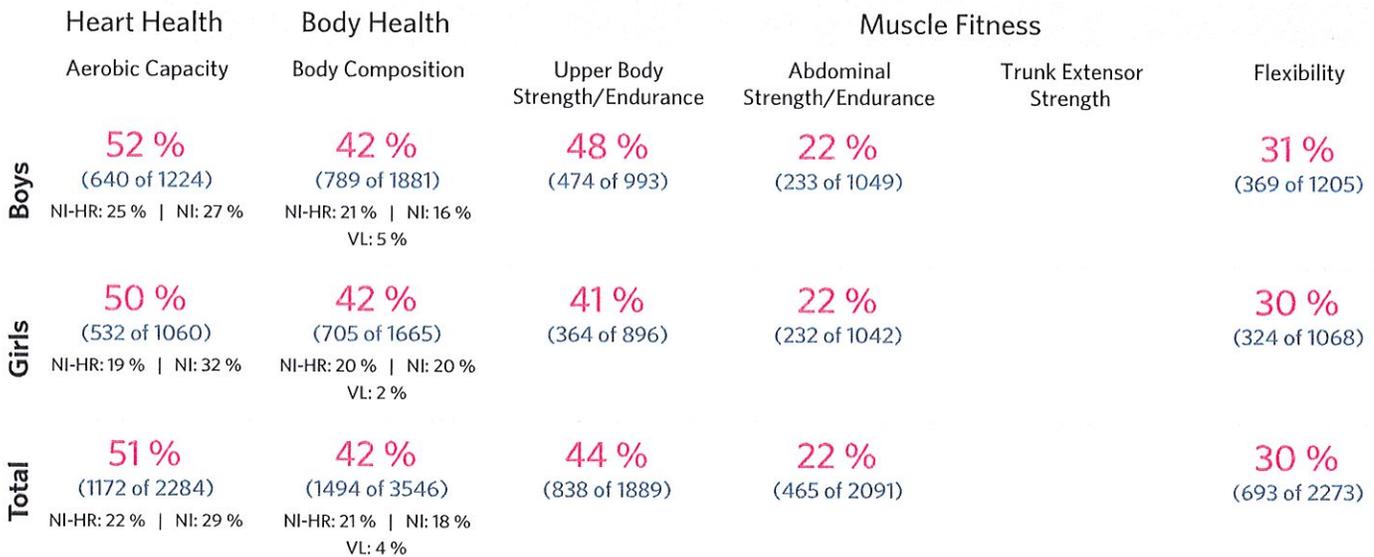
Grade KG-12 | Other, PostTest | Female, Male

✓ **STUDENTS IN HEALTHY FITNESS ZONE (HFZ)**



⚠ **STUDENTS IN NEEDS IMPROVEMENT ZONE (NI)**

NI: Needs Improvement NI-HR: Needs Improvement-Health Risk VL: Very Lean For more information please visit cdc.gov/healthyweight



DISTRICT REPORT
Summary

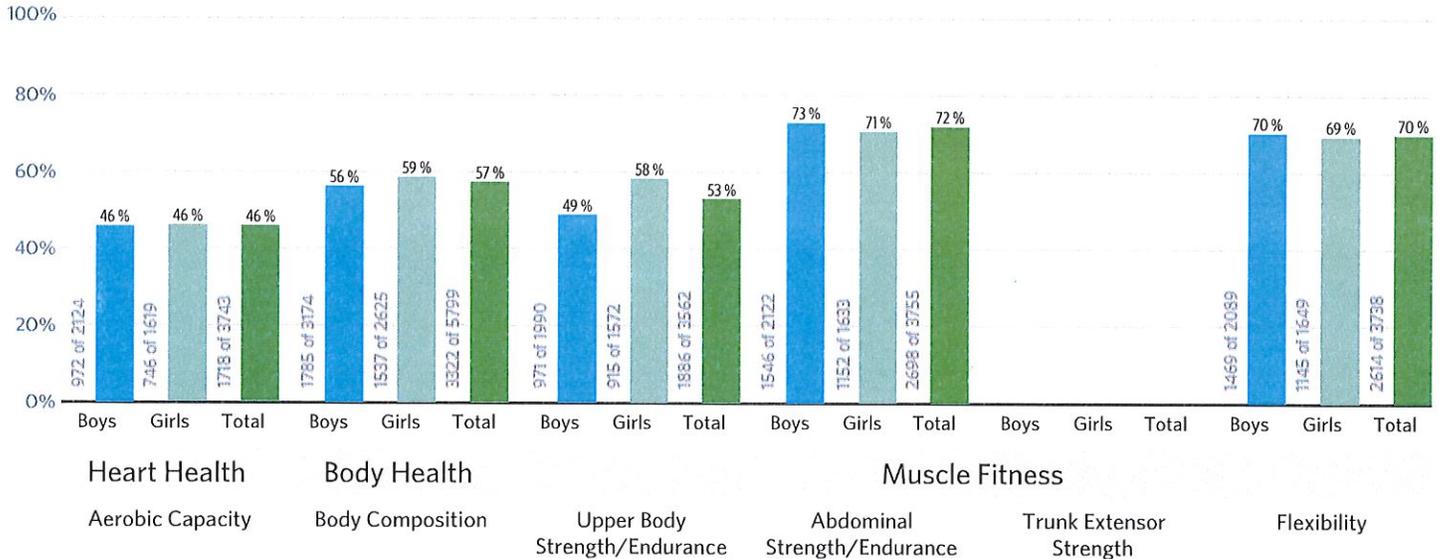
The District Report - Summary shows the percentage of boys and girls that achieve Healthy Fitness Zone by component.

WALKER CO SCHOOL DISTRICT

2/7/2020

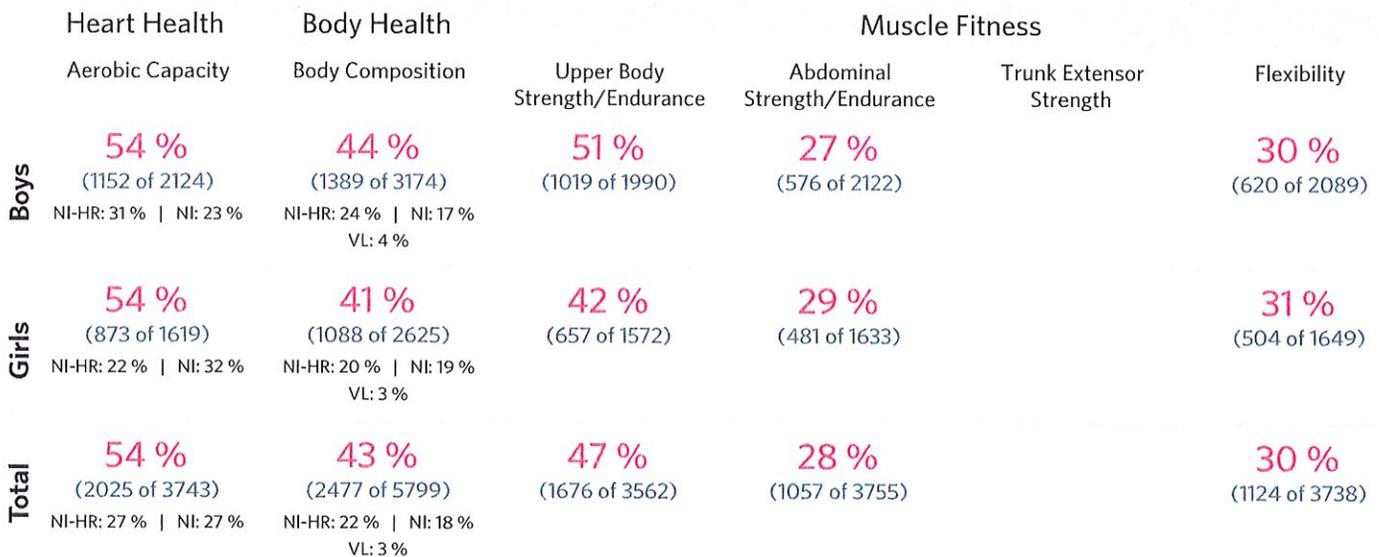
Grade KG-12 | Other, PostTest, PreTest | Female, Male

✓ **STUDENTS IN HEALTHY FITNESS ZONE (HFZ)**



⚠ **STUDENTS IN NEEDS IMPROVEMENT ZONE (NI)**

NI: Needs Improvement NI-HR: Needs Improvement-Health Risk VL: Very Lean For more information please visit cdc.gov/healthyweight



ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION

(2018-2019)

School Name Chattanooga Valley Elem.

WELLNESS POLICY GOALS

- List your school goals and identify activities your schools initiated to fulfill your wellness goals this year.

*See attached goals.

Actions/Evidence: Menus, Nutrition Nuggets, Wellness Committee Meetings (twice per year) with sign-in sheets and agendas, "Breakfast On the Go" offered to all students, daily recess school-wide, PE included in weekly activity rotation, administration of FitnessGram, Health Programs offered (dental bus, hygiene presenters, vision & hearing screenings, etc.), Career Cluster lessons provided introducing health occupations, meal schedule allows sufficient time to meet student nutrition needs, water offered in cafeteria, all meals meet federal and state guidelines. Additionally, we added a staff vs. student competition (kickball) this year to promote movement and exercise.

- From your review of last year's activities identify potential goals for next year.

-Continue with current Wellness Goals and activities. *See Attached.

Attachment I: Continued

Policy Questionnaire

(To be completed annually and submitted to the Superintendent or designee no later than fifteen (15) working days after the last day of school)

Nutrition Education

1. Was nutrition information included in the curriculum consistent with state and federal guidelines?
YES NO
2. Was the cafeteria used as a learning laboratory to support classroom instruction?
YES NO
3. Were behavior practiced to enhance health and/or reduce health risk?
YES NO
4. Was nutrition information provided system-wide through various means? Examples: school and county-wide websites, newsletters, public announcements, activities, bulletin boards, student handbook, posters, wellness clubs, wellness fairs and/or staff development workshops?
YES NO

Physical Activity

1. Did all students regularly participate in age appropriate health and physical fitness activities?
YES NO
2. Were federal and state physical education requirements met during this past year?
YES NO
3. Is physical wellness deemed as important as academic wellness in your school?
YES NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
YES NO
5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?
YES NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities?
YES NO **N/A**

2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment?
YES NO
3. Did the committee meet at least twice this year?
YES NO
4. Did the health and wellness committee promote health and wellness awareness to staff, students and families?
YES NO
5. Did the school learning community cultivate a climate of wellness?
YES NO
6. Did the after school program offer healthy snacks?
YES NO N/A
7. Does our school, grounds, buses and equipment support personal health and safety?
YES NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?
YES NO
If needed, were corrective actions taken?
YES NO NA
2. Did fundraisers comply with Local Wellness Policy requirements?
YES NO
If needed, were corrective actions taken?
YES NO NA
3. Were there any fund raising programs this past year that promoted physical activity?
YES NO
4. Did all foods available on the school campus adhere to food safety standards?
YES NO
If needed, were corrective actions taken?
YES NO NA

School Nutrition Program guidelines for reimbursable school meals

1. Were students with special dietary needs accommodated according to USDA guidelines?
YES NO
If needed, were corrective actions taken?
YES NO NA
2. Did production records provide evidence that federal guidelines are being met for all reimbursable school meals?
YES NO

Heather Culberson,
Principal 7/22/19

SCHOOL REPORT
School VS. District

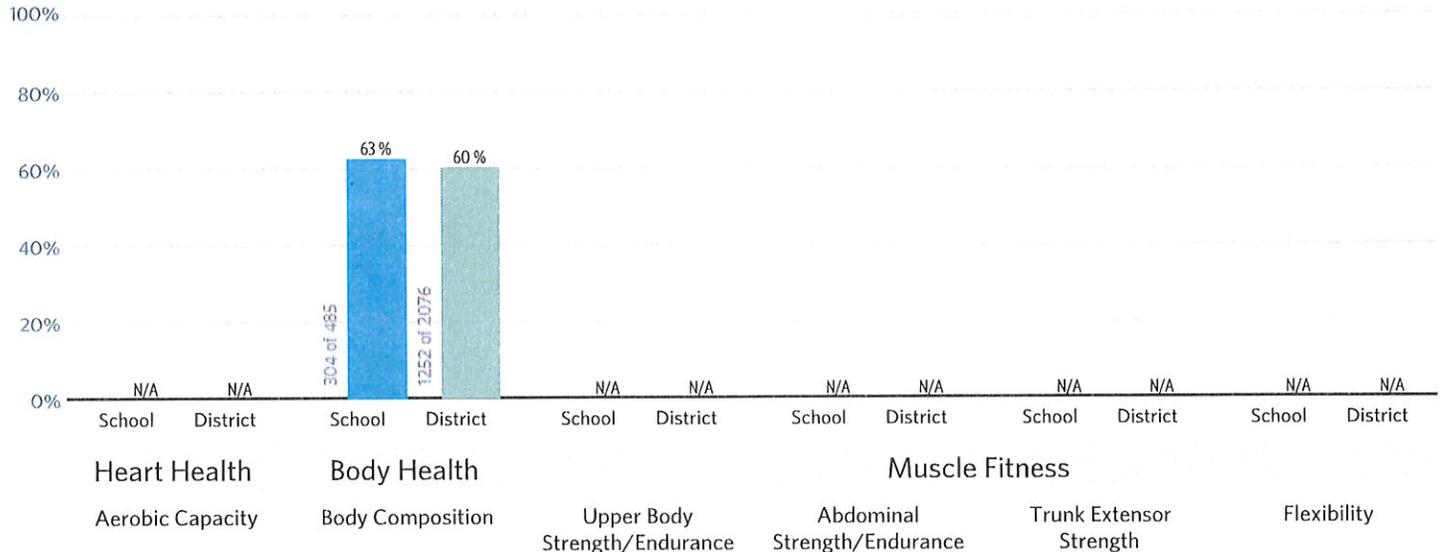
The School Report - School VS. District shows a comparison of Healthy Fitness Zone achievement results by component for each school relative to the district.

CHATTANOOGA VALLEY ELEMENTARY SCHOOL

2/7/2020

WALKER CO SCHOOL DISTRICT | Grade 1-3 | Other | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW CHATTANOOGA VALLEY ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ

N/A

AEROBIC CAPACITY

N/A School N/A District

+3%

BODY COMPOSITION

63% School 60% District

N/A

UPPER BODY STRENGTH/ENDURANCE

N/A School N/A District

N/A

ABDOMINAL STRENGTH/ENDURANCE

N/A School N/A District

N/A

TRUNK EXTENSOR STRENGTH

N/A School N/A District

N/A

FLEXIBILITY

N/A School N/A District

SCHOOL REPORT
School VS. District

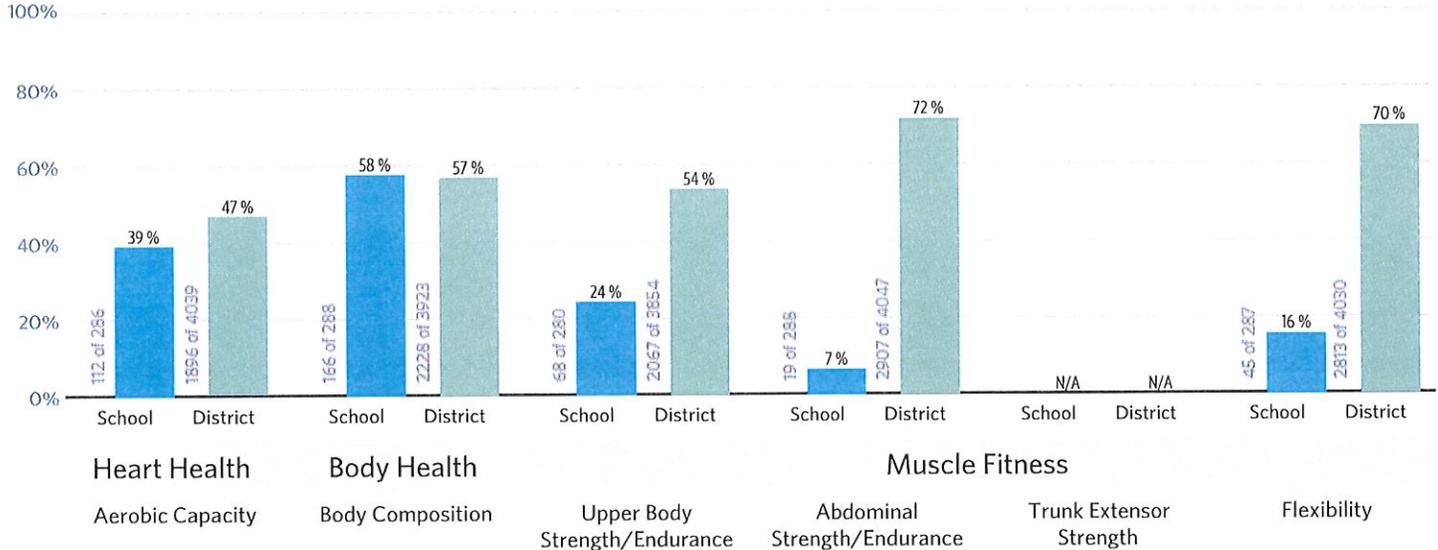
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2/7/2020

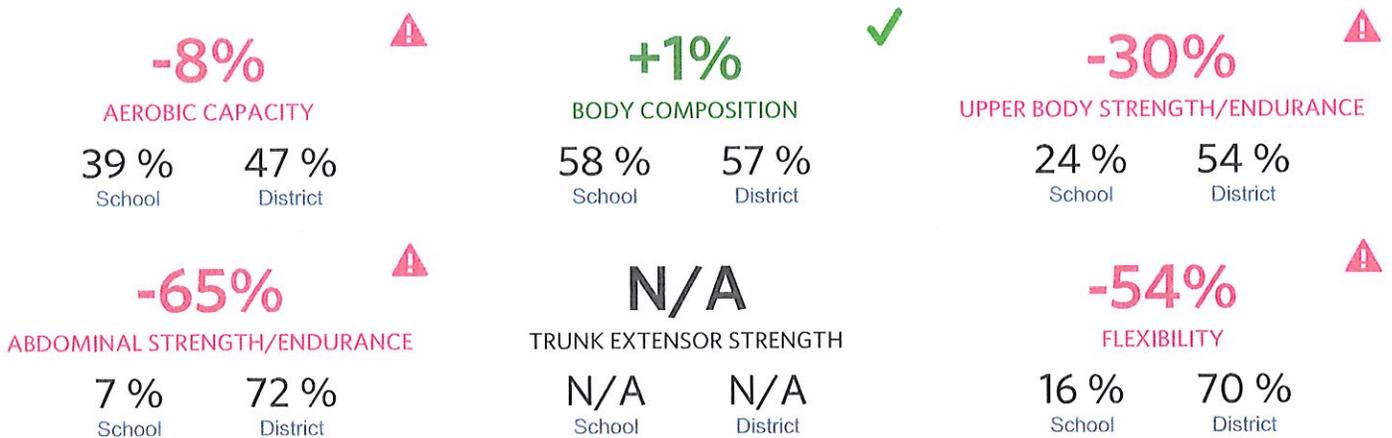
CHATTANOOGA VALLEY ELEMENTARY SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 4-5 | Other | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW CHATTANOOGA VALLEY ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ



ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION

School Name CVMS

WELLNESS POLICY GOALS

- List your school goals and identify activities your schools initiated to fulfill your wellness goals this year.

TO PROMOTE NUTRITION EDUCATION W/OBJECTIVE OF IMPROVING STUDENT HEALTH

PROMOTE PHYSICAL ACTIVITY

PHYSICAL EDUCATION COURSES THAT PROMOTE ACTIVITY AND NUTRITION.

FITNESS PROGRAM THROUGH HEALTH + P.E.

ALL STAFF ENCOURAGE PHYSICAL ACTIVITY.

- From your review of last year's activities identify potential goals for next year.

PROMOTE NUTRITION GUIDELINES AND FOOD SAFETY

PROMOTE HEALTH AND WELLNESS OF STAFF + STUDENTS

PROMOTE PHYSICAL ACTIVITY

PROMOTE NUTRITION EDUCATION

Attachment I: Continued**Policy Questionnaire**

(To be completed annually and submitted to the Superintendent or designee no later than fifteen (15) working days after the last day of school)

Nutrition Education

1. Was nutrition information included in the curriculum consistent with state and federal guidelines?
YES NO
2. Was the cafeteria used as a learning laboratory to support classroom instruction?
YES NO
3. Were behavior practiced to enhance health and/or reduce health risk?
YES NO
4. Was nutrition information provided system-wide through various means? Examples: school and county-wide websites, newsletters, public announcements, activities, bulletin boards, student handbook, posters, wellness clubs, wellness fairs and/or staff development workshops?
YES NO

Physical Activity

1. Did all students regularly participate in age appropriate health and physical fitness activities?
YES NO
2. Were federal and state physical education requirements met during this past year?
YES NO
3. Is physical wellness deemed as important as academic wellness in your school?
YES NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
YES NO
5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?
YES NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities? *N/A*
YES NO
2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment?

- YES NO
3. Did the committee meet at least twice this year?
- YES NO
4. Did the health and wellness committee promote health and wellness awareness to staff, students and families?
- YES NO
5. Did the school learning community cultivate a climate of wellness?
- YES NO
6. Did the after school program offer healthy snacks?
- YES NO
7. Does our school, grounds, buses and equipment support personal health and safety?
- YES NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?
- YES NO
- If needed, were corrective actions taken?
- YES NO NA
2. Did fundraisers comply with Local Wellness Policy requirements?
- YES NO
- If needed, were corrective actions taken?
- YES NO NA
3. Were there any fund raising programs this past year that promoted physical activity?
- YES NO
4. Did all foods available on the school campus adhere to food safety standards?
- YES NO
- If needed, were corrective actions taken?
- YES NO NA

School Nutrition Program guidelines for reimbursable school meals

1. Were students with special dietary needs accommodated according to USDA guidelines?
- YES NO
- If needed, were corrective actions taken?
- YES NO NA
2. Did production records provide evidence that federal guidelines are being met for all reimbursable school meals?
- YES NO

SCHOOL REPORT
School VS. District

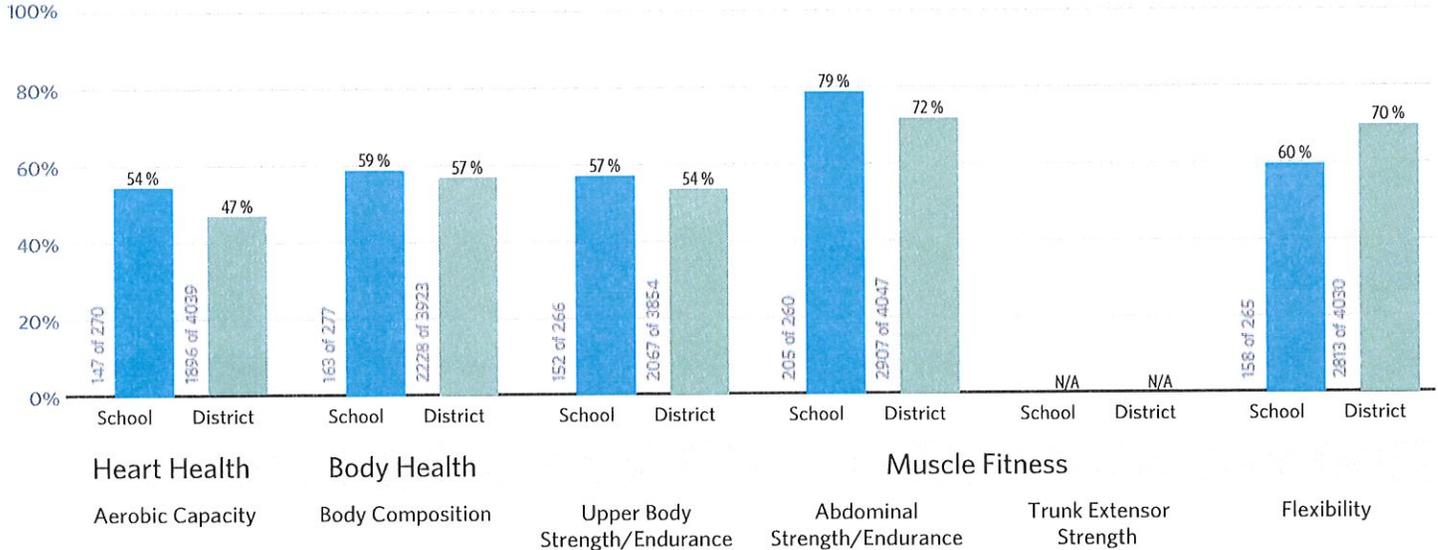
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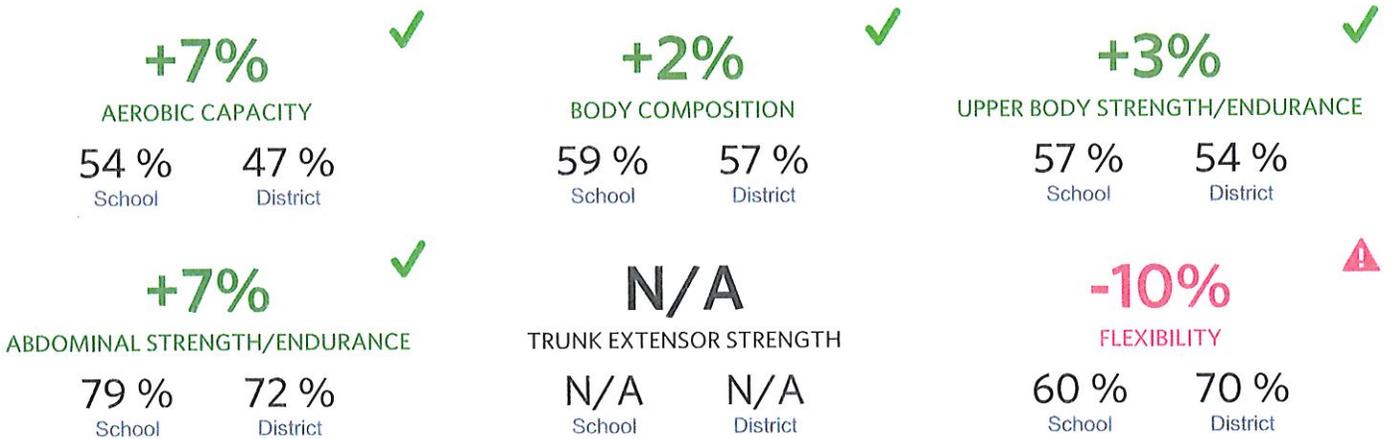
CHATTANOOGA VALLEY MIDDLE SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 6-8 | Other, PostTest | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW CHATTANOOGA VALLEY MIDDLE SCHOOL COMPARES TO THE DISTRICT IN HFZ



ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION—CRES 2018-2019

School Name---Cherokee Ridge Elementary

WELLNESS POLICY GOALS

- **Goals for the current school year.**
- Scheduling a health and wellness fair for community entities to share information with families and teachers. Organizations such as the YMCA, area gyms, local hospitals or clinics, and or doctor's offices.
- Establish a health and wellness program to encourage exercise and healthy eating habits for teachers. There have been several teachers that have expressed interest in doing this and also incorporating this in the after school clubs for the students.
- Have 30% of teachers participating in Mighty Milers program.
- Continue with the implementing of track team for grades 3-5.
- Begin to look for grants to provide good, solid nutritional snacks for students.

Examples of these goals.

All of these goals were worked on this year. However, only one of them came to fruition. Each one has been investigated and will continue to be worked toward for the 2019-2020 school year.

Goals for next year.

--CRES is looking at having a Back to School Bash in conjunction with the All Pro Dad program that was started , somewhere towards the beginning of the year. This would be a prime opportunity to try and schedule a health and wellness fair for community entities to share information with families and teachers. Organizations such as the YMCA, area gyms, local hospitals or clinics, and or doctor's offices.

--We would like to have at least 30% of all staff participating in the Mighty Milers program and either continue tracking their miles or begin to track their miles during the week. This will help the students see that their teachers are in support of a healthy lifestyle and are willing to participate in this effort.

--We are striving to improve our track program this year for grades 3-5. This seemed to be a huge success this year.

--Searching will be continued for grants that will help provide healthy snacks to out student population.

Attachment I: Continued

Policy Questionnaire

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Nutrition Education

1. Was nutrition information included in the curriculum consistent with state and federal guidelines?
YES NO
2. Was the cafeteria used as a learning laboratory to support classroom instruction?
YES NO
3. Were behavior practiced to enhance health and/or reduce health risk?
YES NO
4. Was nutrition information provided system-wide through various means? Examples: school and county-wide websites, newsletters, public announcements, activities, bulletin boards, student handbook, posters, wellness clubs, wellness fairs and/or staff development workshops?
YES NO

Physical Activity

1. Did all students regularly participate in age appropriate health and physical fitness activities?
YES NO
2. Were federal and state physical education requirements met during this past year?
YES NO
3. Is physical wellness deemed as important as academic wellness in your school?
YES NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
YES NO
5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?
YES NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities?
YES NO
2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment?

- YES NO
3. Did the committee meet at least twice this year?
YES NO
4. Did the health and wellness committee promote health and wellness awareness to staff, students and families?
YES NO
5. Did the school learning community cultivate a climate of wellness?
YES NO
6. Did the after school program offer healthy snacks?
YES NO
7. Does our school, grounds, buses and equipment support personal health and safety?
YES NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?
YES NO
If needed, were corrective actions taken?
YES NO NA
- X2. Did fundraisers comply with Local Wellness Policy requirements?
YES NO
If needed, were corrective actions taken?
YES NO NA
3. Were there any fund raising programs this past year that promoted physical activity?
YES NO
4. Did all foods available on the school campus adhere to food safety standards?
YES NO
If needed, were corrective actions taken?
YES NO NA

School Nutrition Program guidelines for reimbursable school meals

1. Were students with special dietary needs accommodated according to USDA guidelines?
YES NO
If needed, were corrective actions taken?
YES NO NA
2. Did production records provide evidence that federal guidelines are being met for all reimbursable school meals?
YES NO

SCHOOL REPORT
School VS. District

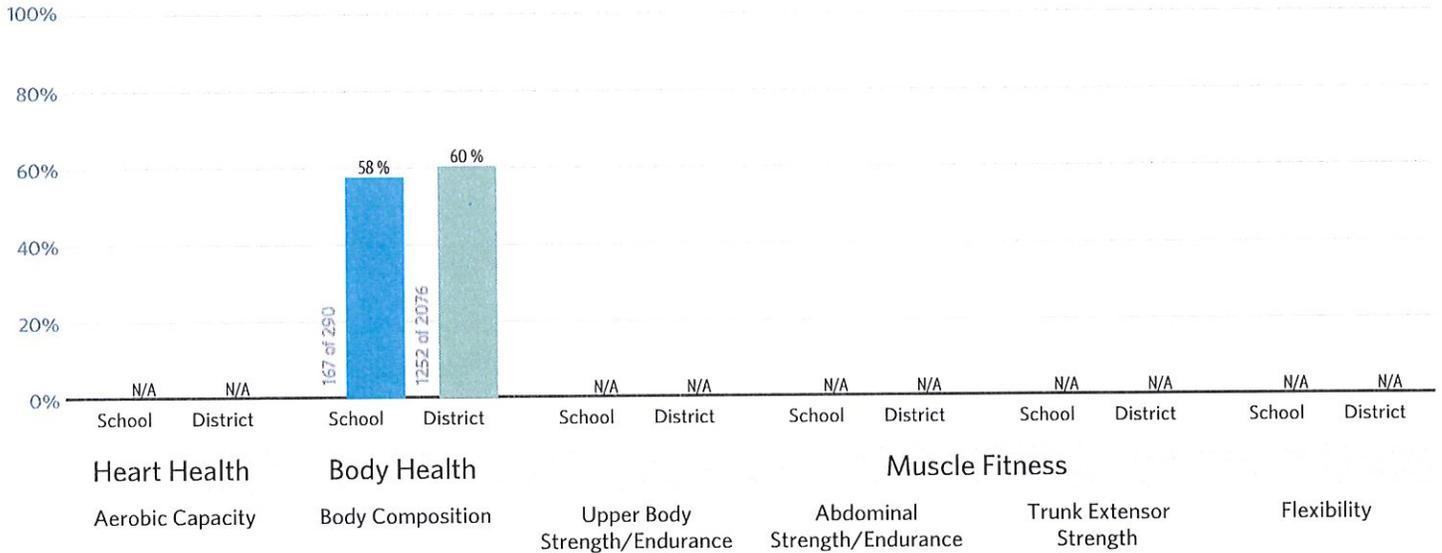
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2/7/2020

CHEROKEE RIDGE ELEMENTARY

WALKER CO SCHOOL DISTRICT | Grade 1-3 | Other | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW CHEROKEE RIDGE ELEMENTARY COMPARES TO THE DISTRICT IN HFZ

<p>N/A</p> <p>AEROBIC CAPACITY</p> <p>N/A School N/A District</p>	<p>-2% </p> <p>BODY COMPOSITION</p> <p>58% School 60% District</p>	<p>N/A</p> <p>UPPER BODY STRENGTH/ENDURANCE</p> <p>N/A School N/A District</p>
<p>N/A</p> <p>ABDOMINAL STRENGTH/ENDURANCE</p> <p>N/A School N/A District</p>	<p>N/A</p> <p>TRUNK EXTENSOR STRENGTH</p> <p>N/A School N/A District</p>	<p>N/A</p> <p>FLEXIBILITY</p> <p>N/A School N/A District</p>

SCHOOL REPORT
School VS. District

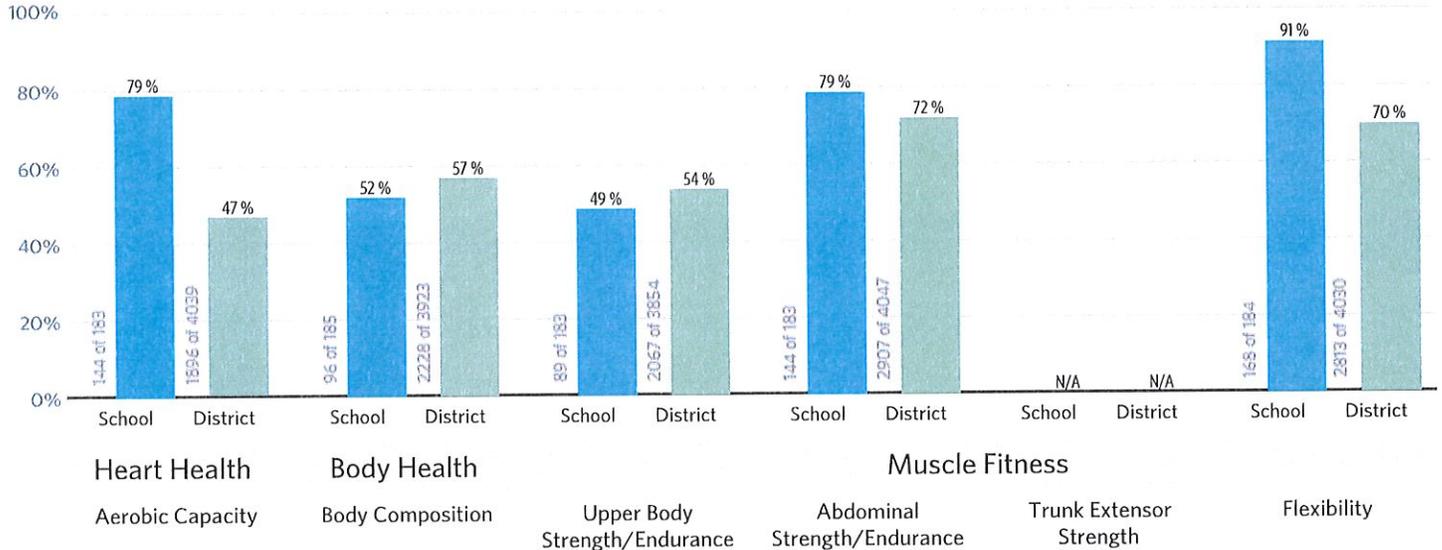
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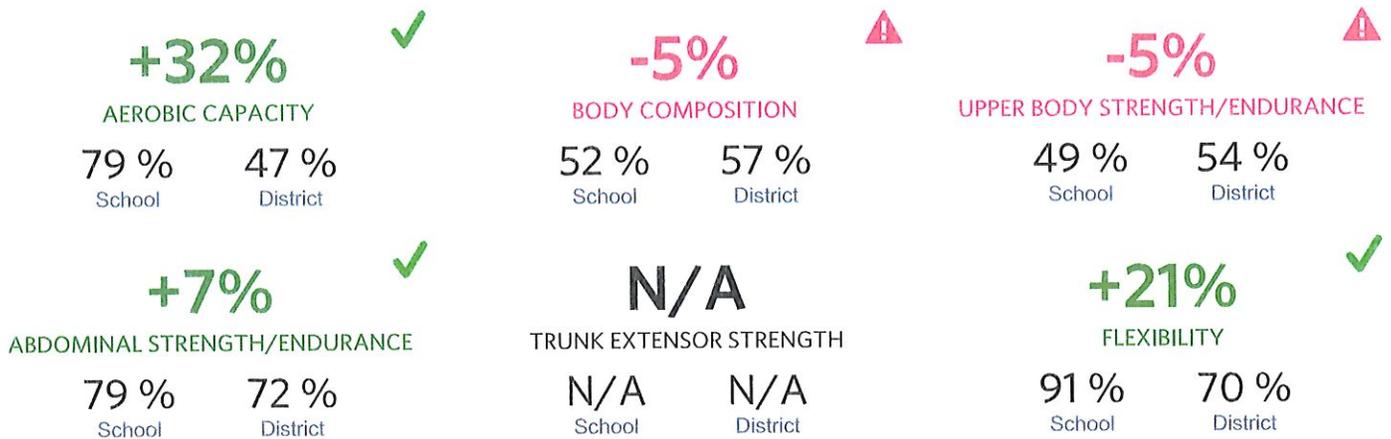
CHEROKEE RIDGE ELEMENTARY

WALKER CO SCHOOL DISTRICT | Grade 4-5 | Other | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW CHEROKEE RIDGE ELEMENTARY COMPARES TO THE DISTRICT IN HFZ



ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION

School Name: Fairyland School for 2018-2019

WELLNESS POLICY GOALS

- **Goals for the current school year.**
 - To promote nutrition education with the objective of improving students' health and reducing childhood obesity.
 - To promote physical activity with the objective of improving students' health and reducing childhood obesity.
 - To promote the health and wellness of students and staff.
 - To promote nutrition guidelines, a healthy eating environment, Child Nutrition Programs, and food safety and security on each school campus with the objective of promoting student health and reducing childhood obesity.

- **Examples of these goals.**
 - School-wide Jump Rope for Heart Program
 - Daily recess by all grade levels
 - PE every third day for students with Fitness Gram
 - Field day for all grade levels in the Spring
 - After-care recess
 - Track and cross-country teams for grades 3-5
 - Participation in the National Walk to School Day
 - PTO Event: Great Pumpkin Chase fundraiser centered on fitness
 - School nurse will be available daily to meet the well-needs of our students and staff.
 - Staff members will encourage others to stay fit and exercise.
 - Posters in the cafeteria will encourage students to make healthy choices
 - After school program will provide a healthy after-care snack
 - Any items sold in vending or drink machines will meet Smart Snack Regulations
 - Students will be provided a minimum of 25 minutes to eat breakfast and lunch during the school day to ensure proper seating of children.
 - Water will be made available to all faculty, staff, and students during meal times.
 - Breakfast on the go will be done to encourage participation and access to breakfast.
 - Food service personnel will have adequate training provided by the director of Food Services
 - Food provided will be affordable and breakfast will be done through the program "breakfast on the go" to encourage participation.
 - Food made available on campus will comply with the state and local food safety and sanitation regulations. Inspections will be conducted by the local authorities.

- **Goals for next year.**
 - To promote nutrition education with the objective of improving students' health and reducing childhood obesity.
 - To promote physical activity with the objective of improving students' health and reducing childhood obesity.
 - To promote the health and wellness of students and staff.
 - To promote nutrition guidelines, a healthy eating environment, Child Nutrition Programs, and food safety and security on each school campus with the objective of promoting student health and reducing childhood obesity.

Attachment I: Continued**Policy Questionnaire**

(To be completed annually and submitted to the Superintendent or designee no later than fifteen (15) working days after the last day of school)

Nutrition Education

1. Was nutrition information included in the curriculum consistent with state and federal guidelines?
YES X NO
2. Was the cafeteria used as a learning laboratory to support classroom instruction?
YES X NO
3. Were behavior practiced to enhance health and/or reduce health risk?
YES X NO
4. Was nutrition information provided system-wide through various means? Examples: school and county-wide websites, newsletters, public announcements, activities, bulletin boards, student handbook, posters, wellness clubs, wellness fairs and/or staff development workshops?
YES X NO

Physical Activity

1. Did all students regularly participate in age appropriate health and physical fitness activities?
YES X NO
2. Were federal and state physical education requirements met during this past year?
YES X NO
3. Is physical wellness deemed as important as academic wellness in your school?
YES X NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
YES X NO
5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?
YES X NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities?
YES X NO
2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment?

- YES X NO
3. Did the committee meet at least twice this year?
YES X NO
4. Did the health and wellness committee promote health and wellness awareness to staff, students and families?
YES X NO
5. Did the school learning community cultivate a climate of wellness?
YES X NO
6. Did the after school program offer healthy snacks?
YES X NO
7. Does our school, grounds, buses and equipment support personal health and safety?
YES X NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?
YES X NO
If needed, were corrective actions taken?
YES NO NA X
2. Did fundraisers comply with Local Wellness Policy requirements?
YES X NO
If needed, were corrective actions taken?
YES NO NA X
3. Were there any fund raising programs this past year that promoted physical activity?
YES X NO
4. Did all foods available on the school campus adhere to food safety standards?
YES X NO
If needed, were corrective actions taken?
YES NO NA X

School Nutrition Program guidelines for reimbursable school meals

1. Were students with special dietary needs accommodated according to USDA guidelines?
YES X NO
If needed, were corrective actions taken?
YES NO NA X
2. Did production records provide evidence that federal guidelines are being met for all reimbursable school meals?
YES X NO

ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION

School Name Gilbert Elementary 2018 - 2019

WELLNESS POLICY GOALS

- List your school goals and identify activities your schools initiated to fulfill your wellness goals this year.
 - To promote nutrition education with the objective of improving students' health and reducing childhood obesity
 - To promote physical activity with the objective of improving students' health and reducing childhood obesity
 - To promote the health and wellness of students and staff
 - To promote nutritional guidelines, a healthy eating environment, Child Nutrition Programs, and food safety and security on our school campus with the objective of student health and reducing childhood obesity.

- Examples of these goals.
 1. The school will post a nutrition bulletin board in the cafeteria.
 2. The school will send home the Nutritional Nuggets newsletter each month.
 3. The staff activities committee will also function as a staff wellness committee and promote healthy activities throughout the year, including relationship building and activities that promote a healthy lifestyle.
 4. Breakfast procedures were adjusted to make school breakfast more appealing. Students were allowed to eat their breakfast in a classroom instead of a crowded cafeteria.
 5. Physical education is a required connection class for our students.
 6. The Fitnessgram will be implemented in the physical education program.
 7. Each grade level has a minimum of 20 minutes of recess each day.
 8. Teachers incorporate movement into the classroom through "Go Noodle" videos as brain breaks.
 9. Primary Healthcare nurse will be available for staff and students 5 days per week to meet the well-being needs at our school.
 10. Snacks made available to GES students will follow nutrition guidelines.
 11. Each classroom will have a set time for meals with 25 minutes on the schedule to allow for ample seating and eating time.
 12. Water will be made available to staff and students throughout the day.
 13. A variety of nutritious foods will be offered to students daily.
 14. Facebook and Twitter posts will be made to encourage students to participate in school meals.
 15. Walker County will employ a Food Service Director who ensures that food codes are being followed effectively.
 16. Food service personnel will have adequate training in food service operations.
 17. Food made available on campus will comply with the state and local food safety and sanitation regulations.
 18. Access to food service areas will be limited to Child Nutrition staff and authorized personnel only. Signs will be posted.

funded by the State Board of Education?

YES NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities?
YES NO
2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment?
YES NO
3. Did the committee meet at least twice this year?
YES NO
4. Did the health and wellness committee promote health and wellness awareness to staff, students, and families?
YES NO
5. Did the school learning community cultivate a climate of wellness?
YES NO
6. Did the after school program offer healthy snacks?
YES NO
7. Does our school, grounds, buses and equipment support personal health and safety?
YES NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?
YES NO
If needed, were corrective actions taken?
YES NO NA
2. Did fundraisers comply with Local Wellness Policy requirements?
YES NO
If needed, were corrective actions taken?
YES NO NA
3. Were there any fundraising programs this past year that promoted physical activity?

SCHOOL REPORT
School VS. District

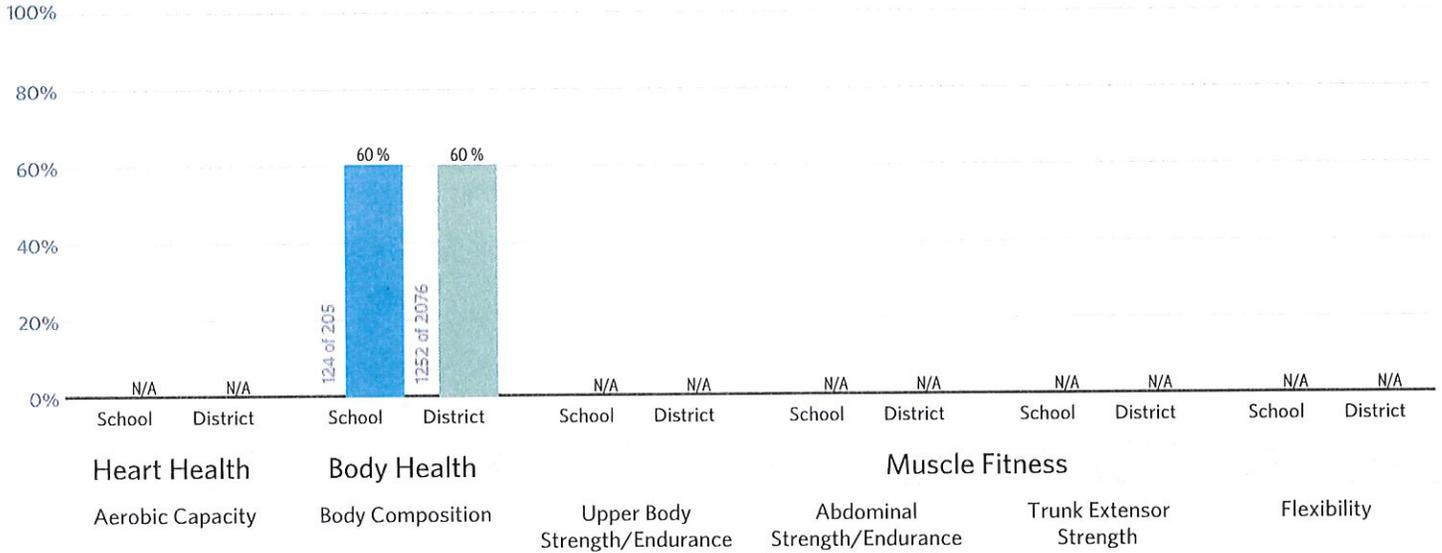
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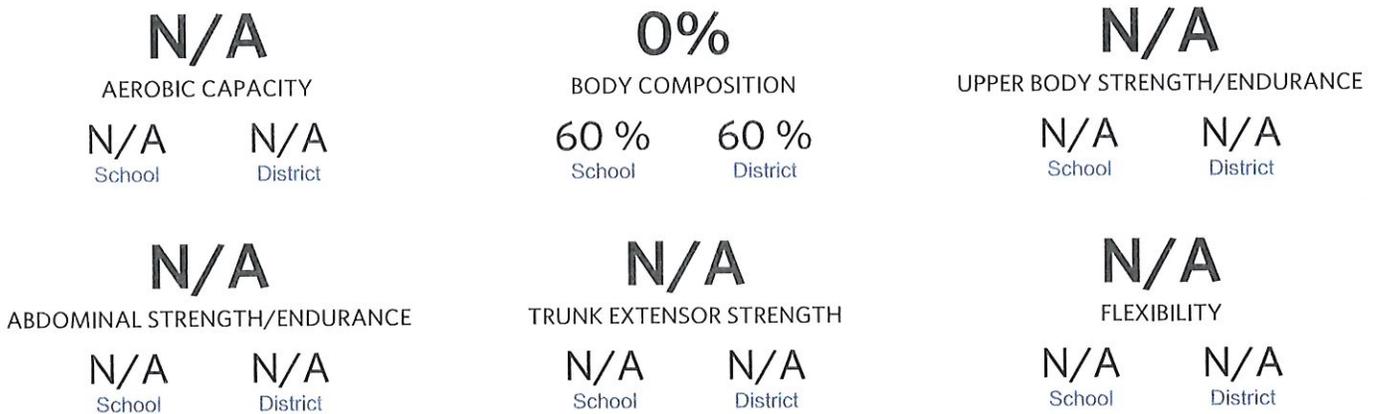
GILBERT ELEMENTARY SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 1-3 | PostTest | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW GILBERT ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ



SCHOOL REPORT
School VS. District

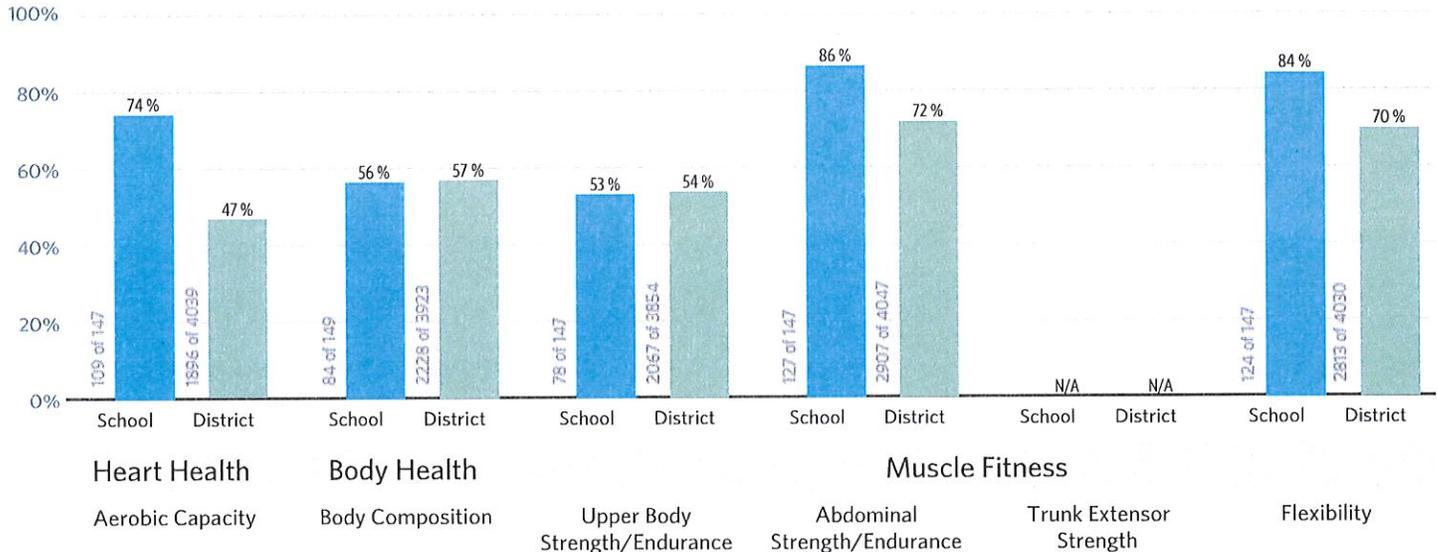
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GILBERT ELEMENTARY SCHOOL

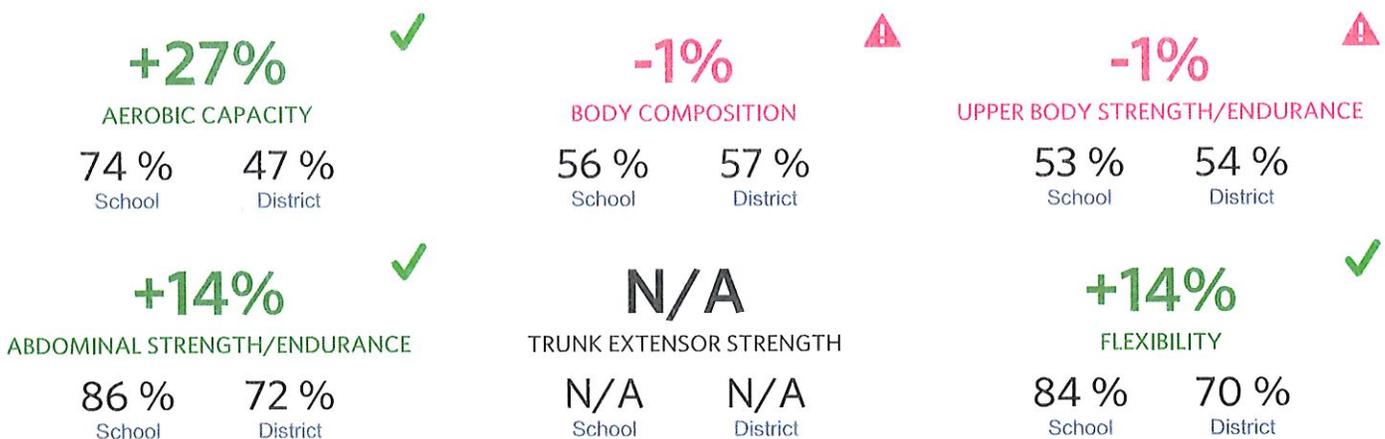
2/7/2020

WALKER CO SCHOOL DISTRICT | Grade 4-5 | PostTest | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW GILBERT ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ



2/28/18

ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION

School Name Lafayette High School

WELLNESS POLICY GOALS

- List your school goals and identify activities your schools initiated to fulfill your wellness goals this year.

- To promote nutritional education to improve students overall eating habits and diets
- "Share" fresh fruits w/ those that want extra helpings during breakfast or lunch yams.
- Promote and increase students daily activity thru PE, Sports, Band, extra curricular clubs and sports.
→ Teachers (Staff) try daily exercise (Team or individuals)
- Reduce waste of food not being eaten by students

- From your review of last year's activities identify potential goals for next year.

- N/A

Attachment I: Continued**Policy Questionnaire**

(To be completed annually and submitted to the Superintendent or designee no later than fifteen (15) working days after the last day of school)

Nutrition Education

1. Was nutrition information included in the curriculum consistent with state and federal guidelines?
YES NO
2. Was the cafeteria used as a learning laboratory to support classroom instruction?
YES NO *Used Patricia Nix classroom*
3. Were behavior practiced to enhance health and/or reduce health risk?
YES NO
4. Was nutrition information provided system-wide through various means? Examples: school and county-wide websites, newsletters, public announcements, activities, bulletin boards, student handbook, posters, wellness clubs, wellness fairs and/or staff development workshops?
YES NO

Physical Activity

1. Did all students regularly participate in age appropriate health and physical-fitness activities?
YES NO
2. Were federal and state physical education requirements met during this past year?
YES NO
3. Is physical wellness deemed as important as academic wellness in your school?
YES NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
YES NO
5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?
YES NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities?
YES NO
2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment?

- YES NO
3. Did the committee meet at least twice this year?
YES NO
4. Did the health and wellness committee promote health and wellness awareness to staff, students and families?
YES NO
5. Did the school learning community cultivate a climate of wellness?
YES NO
6. Did the after school program offer healthy snacks?
YES NO
7. Does our school, grounds, buses and equipment support personal health and safety?
YES NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?
YES NO
If needed, were corrective actions taken?
YES NO NA
2. Did fundraisers comply with Local Wellness Policy requirements?
YES NO
If needed, were corrective actions taken?
YES NO NA
3. Were there any fund raising programs this past year that promoted physical activity?
YES NO
4. Did all foods available on the school campus adhere to food safety standards?
YES NO
If needed, were corrective actions taken?
YES NO NA

School Nutrition Program guidelines for reimbursable school meals

1. Were students with special dietary needs accommodated according to USDA guidelines?
YES NO
If needed, were corrective actions taken?
YES NO NA
2. Did production records provide evidence that federal guidelines are being met for all reimbursable school meals?
YES NO

SCHOOL REPORT
School VS. District

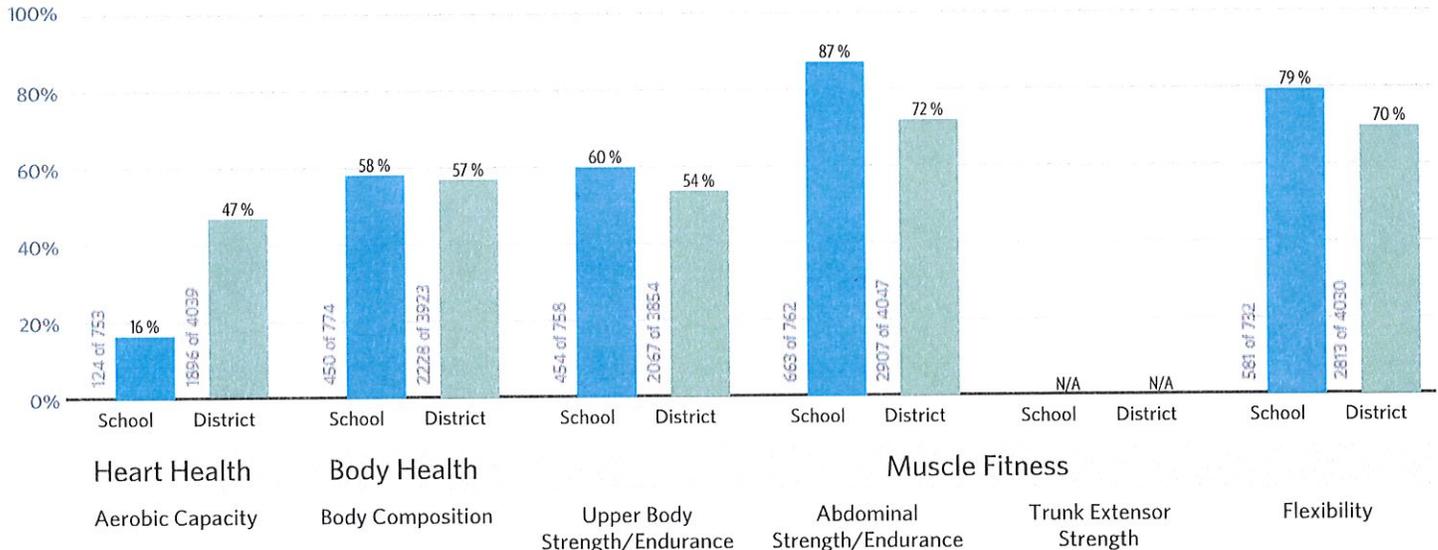
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2/7/2020

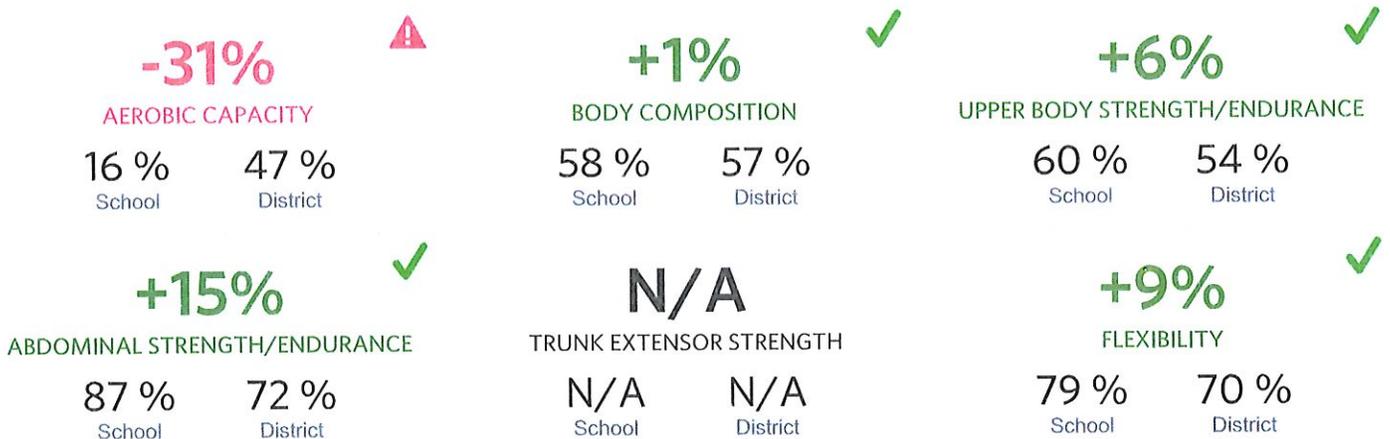
LAFAYETTE HIGH SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 9-12 | Other, PostTest | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW LAFAYETTE HIGH SCHOOL COMPARES TO THE DISTRICT IN HFZ



ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION

School Name: LaFayette Middle School

WELLNESS POLICY GOALS

- **List your school goals and identify activities your school initiated to fulfill your wellness goals this year.**
 1. To promote nutrition education with the objective of improving students' health and reducing childhood obesity
 2. To promote physical activity with the objective of improving students' health and reducing childhood obesity.
 3. To promote the health and wellness of students and staff.
 4. To promote nutrition guidelines, a healthy eating environment, Child Nutrition Programs, and food safety and security on each school campus with the objective of promoting student health and reducing childhood obesity.

- **Examples of these goals.**
 1. Health Connection Classes taught the importance of a balanced diet. Information was sent home to parents monthly such as lunch menus and monthly newsletters. Additional information was available in our Student Support Center and with our family engagement coordinator.
 2. All students will have PE or Weight Training while they are at LMS unless they are in Band along with Spanish or Ag due to these classes being yearlong. PE students will participate in the Fitnessgram Testing.
 3. Teachers met with students monthly to discuss academics, behavior, and attendance. Guidance counselors did monthly in class guidance lessons to promote social skills, bullying prevention, making right choices, school success and prevention of early alcohol/drug use.
 4. Healthy snacks were offered in our school store and vending machines.
 5. LMS provided Breakfast on the go each morning from 7:30 AM-8:00 AM. All students had twenty-five minutes for lunch each day.
 6. All students had choices in the food they would like for breakfast and lunch.

- YES NO
3. Is physical wellness deemed as important as academic wellness in your school?
- YES NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
- YES NO
5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?
- YES NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities?
- YES NO
2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment?
- YES NO
3. Did the committee meet at least twice this year?
- YES NO
4. Did the health and wellness committee promote health and wellness awareness to staff, students and families?
- YES NO
5. Did the school learning community cultivate a climate of wellness?
- YES NO
6. Did the after school program offer healthy snacks?
- YES NO
7. Does our school, grounds, buses and equipment support personal health and safety?
- YES NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?
- YES NO
- If needed, were corrective actions taken?
- YES NO NA
2. Did fundraisers comply with Local Wellness Policy requirements?
- YES NO
- If needed, were corrective actions taken?
- YES NO NA
3. Were there any fund raising programs this past year that promoted physical activity?
- YES NO

SCHOOL REPORT
School VS. District

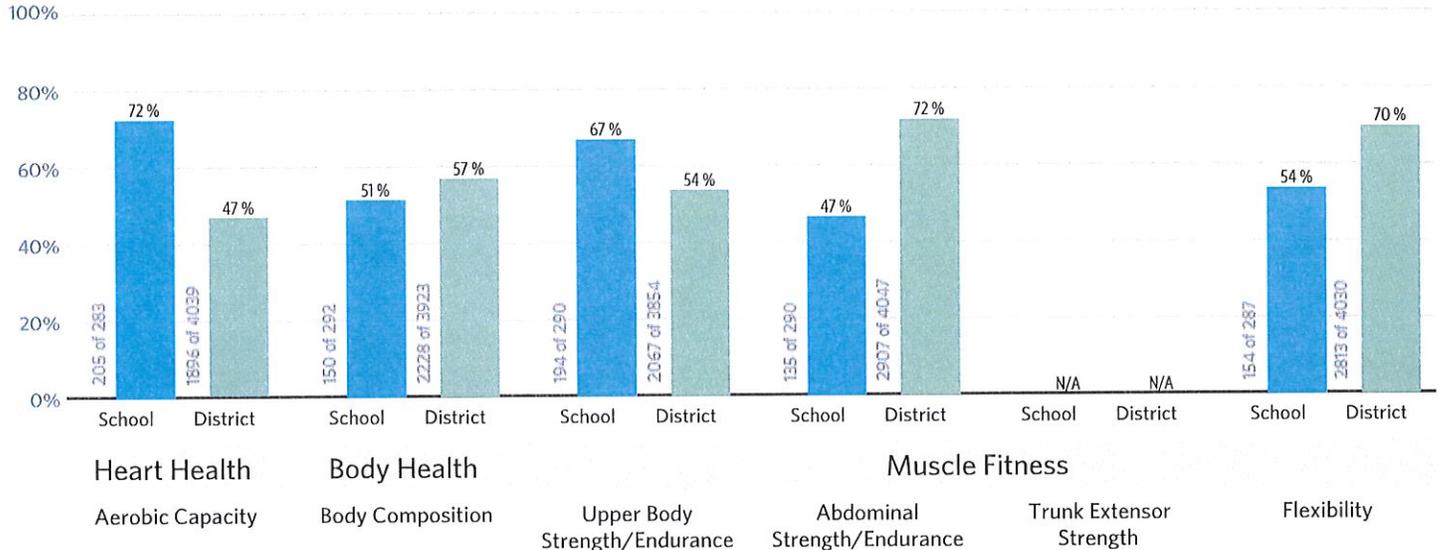
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2/7/2020

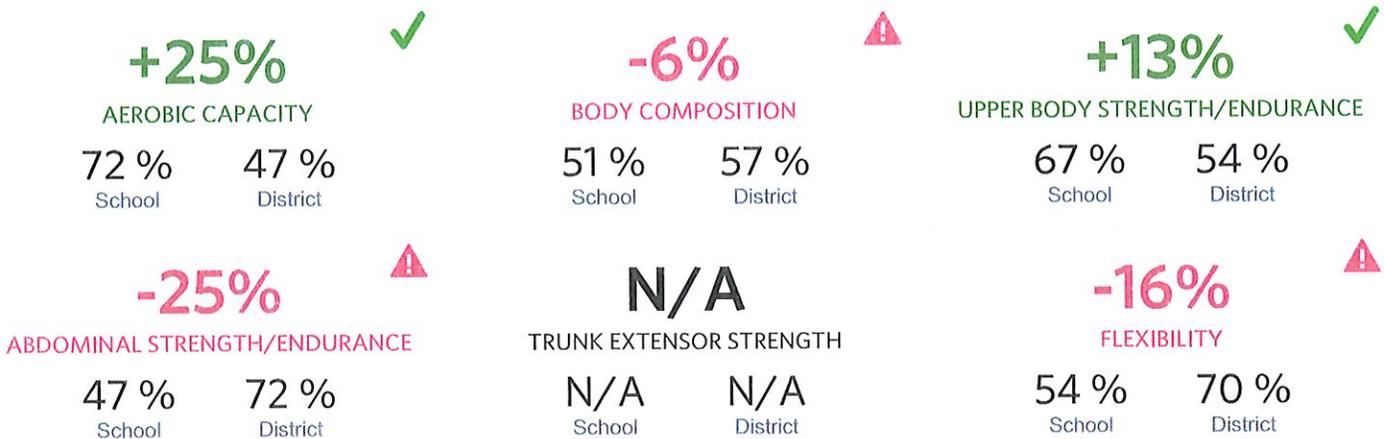
LAFAYETTE MIDDLE SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 6-8 | PostTest, PreTest | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW LAFAYETTE MIDDLE SCHOOL COMPARES TO THE DISTRICT IN HFZ



ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION

School Name Naomi Elementary 2018 - 2019

WELLNESS POLICY GOALS

- **List your school goals and identify activities your schools initiated to fulfill your wellness goals this year.**
 - **To promote nutrition education with the objective of improving students' health and reducing childhood obesity**
 - **To promote physical activity with the objective of improving students' health and reducing childhood obesity**
 - **To promote the health and wellness of students and staff**
 - **To promote nutritional guidelines, a healthy eating environment, Child Nutrition Programs, and food safety and security on our school campus with the objective of student health and reducing childhood obesity.**

- **Examples of these goals.**
 1. **The school will post a nutrition bulletin board in the cafeteria.**
 2. **The school will send home the Nutritional Nuggets newsletter each month.**
 3. **The staff activities committee will also function as a staff wellness committee and promote healthy activities throughout the year, including relationship building and activities that promote a healthy lifestyle.**
 4. **Breakfast procedures were adjusted to make school breakfast more appealing. Students were allowed to eat their breakfast in a classroom instead of a crowded cafeteria.**
 5. **Physical education is a required connection class for our students.**
 6. **The Fitnessgram will be implemented in the physical education program.**
 7. **Each grade level has a minimum of 20 minutes of recess each day.**
 8. **Teachers incorporate movement into the classroom through "Go Noodle" videos as brain breaks. Each video completed is graphed in the cafeteria as a competition across homerooms.**
 9. **Naomi's School Council met to brainstorm activities to reinforce state health and wellness goals.**
 10. **Naomi's school nurse will be available for staff and students two days per week to meet the well-being needs at our school.**
 11. **Snacks made available to Naomi students will follow nutrition guidelines.**
 12. **Each classroom will have a set time for meals with 25 minutes on the schedule to allow for ample seating and eating time.**
 13. **Water will be made available to staff and students throughout the day.**
 14. **A variety of nutritious foods will be offered to students daily.**
 15. **Facebook and Twitter posts will be made to encourage students to participate in school meals.**
 16. **Walker County will employ a Food Service Director who ensures that food codes are being followed effectively.**
 17. **Food service personnel will have adequate training in food service operations.**

18. Food made available on campus will comply with the state and local food safety and sanitation regulations.

19. Access to food service areas will be limited to Child Nutrition staff and authorized personnel only. Signs will be posted.

- From your review of last year's activities identify potential goals for next year.
 1. Naomi Elementary will continue all the previously stated in the 2018 – 2019 school year.
 2. Fundraisers during the school day (excluding PBIS rallies) will include only items that meet nutritional guidelines, which will include Mayfield ice cream products (daily) and Kona Ice truck visits (monthly).
 3. "Go Noodle" competitions will be used in the same manner in the 2019-2020 school year as was done in the 2018-2019 school year in order to encourage more movement throughout the school day for our students. One homeroom from each grade level will be "crowned" with a decorated pool noodle to hang next to his/her classroom door for the month based on the most participation in "Go Noodle" videos throughout the month.
 4. At least once a week during the 2019-2020 school year, a student may use his/her Dojo points to be the guest morning announcer on the intercom. They will be able to announce a cool fact about a fruit or vegetable as a part of their announcer reward.

Attachment I: Continued

Policy Questionnaire

(To be completed annually and submitted to the Superintendent or designee no later than fifteen (15) working days after the last day of school)

Nutrition Education

1. Was nutrition information included in the curriculum consistent with state and federal guidelines?

YES NO

2. Was the cafeteria used as a learning laboratory to support classroom instruction?

YES NO

3. Were behaviors practiced to enhance health and/or reduce health risk?

YES NO

4. Was nutrition information provided system-wide through various means? Examples: school and county-wide websites, newsletters, public announcements, activities, bulletin boards, student handbook, posters, wellness clubs, wellness fairs and/or staff development workshops?

YES NO

Physical Activity

1. Did all students regularly participate in age appropriate health and physical fitness activities?
 YES NO
2. Were federal and state physical education requirements met during this past year?
 YES NO
3. Is physical wellness deemed as important as academic wellness in your school?
 YES NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
 YES NO
5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?
 YES NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities?
 YES NO
2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment?
 YES NO
3. Did the committee meet at least twice this year?
 YES NO
4. Did the health and wellness committee promote health and wellness awareness to staff, students, and families?
 YES NO
5. Did the school learning community cultivate a climate of wellness?
 YES NO
6. Did the after school program offer healthy snacks?
 YES NO
7. Does our school, grounds, buses, and equipment support personal health and safety?
 YES NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?

YES NO

If needed, were corrective actions taken?

YES NO NA

2. Did fundraisers comply with Local Wellness Policy requirements?

YES NO

If needed, were corrective actions taken?

YES NO NA

3. Were there any fundraising programs this past year that promoted physical activity?

YES NO

4. Did all foods available on the school campus adhere to food safety standards?

YES NO

If needed, were corrective actions taken?

YES NO NA

School Nutrition Program guidelines for reimbursable school meals

1. Were students with special dietary needs accommodated according to USDA guidelines?

YES NO

If needed, were corrective actions taken?

YES NO NA

2. Did production records provide evidence that federal guidelines are being met for all reimbursable school meals?

YES NO

SCHOOL REPORT
School VS. District

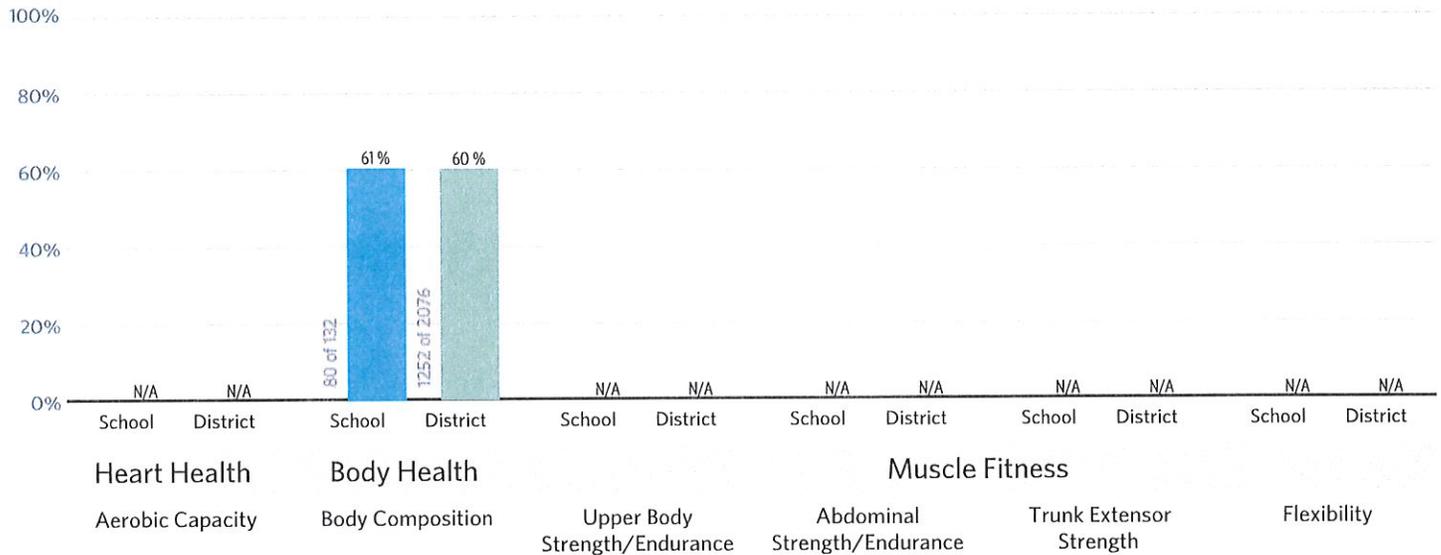
The School Report - School VS. District shows a comparison of Healthy Fitness Zone achievement results by component for each school relative to the district.

2/7/2020

NAOMI ELEMENTARY SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 1-3 | Other | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW NAOMI ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ

N/A
AEROBIC CAPACITY
N/A School N/A District

+1% ✓
BODY COMPOSITION
61% School 60% District

N/A
UPPER BODY STRENGTH/ENDURANCE
N/A School N/A District

N/A
ABDOMINAL STRENGTH/ENDURANCE
N/A School N/A District

N/A
TRUNK EXTENSOR STRENGTH
N/A School N/A District

N/A
FLEXIBILITY
N/A School N/A District

SCHOOL REPORT
School VS. District

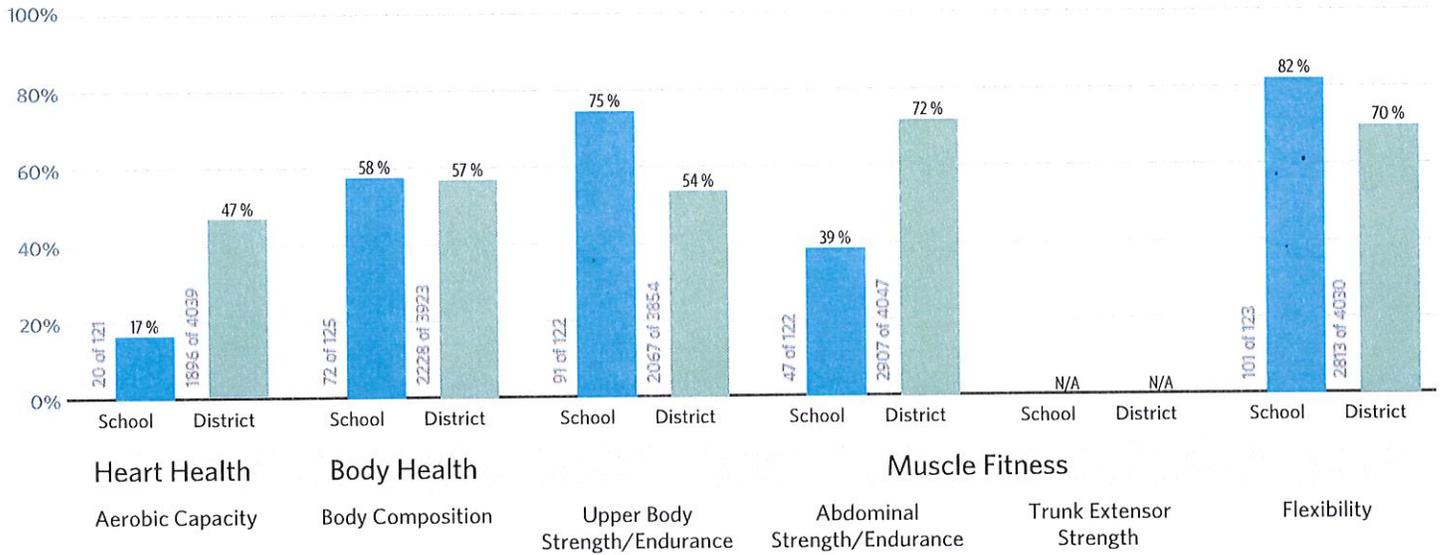
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2/7/2020

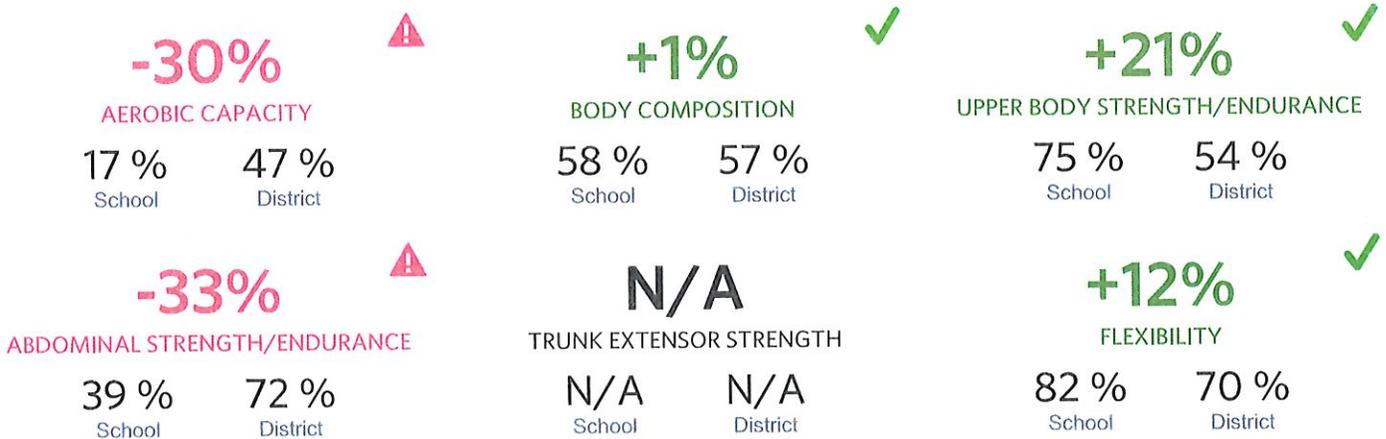
NAOMI ELEMENTARY SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 4-5 | Other | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW NAOMI ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ



ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATIONSchool Name NLE**WELLNESS POLICY GOALS**

- List your school goals and identify activities your schools initiated to fulfill your wellness goals this year.

See attached

- From your review of last year's activities identify potential goals for next year.

1. Fun Run (school run .. not through Apex)
2. Highlight pictures of students being active
Goal : Less time on devices , more time being active

School Name: North LaFayette Elementary School

Wellness Policy goals: 2018-19

- List your school goals and identify activities your school initiated to fulfill your wellness goals this year.
1. **To promote nutrition education with the objective of improving students' health and reducing childhood obesity.**
 - a) 10 minute Nutrition/Health/Wellness lesson once a week in PE
 - b) Provide nutritional meals that meet State guidelines
 - c) All food given or sold at school by school employees will meet the nutrition/portion guidelines set by State of Georgia
 - d) Send home a monthly "Nutrition Nuggets" handout
 2. **To promote physical activity with the objective of improving students' health and reducing childhood obesity.**
 - a) Provide weekly PE with a certified Physical Education teacher who implements State Standards
 - b) Encourage movement by having students walk in the gym while waiting to go to class as well as morning movement during announcements.
 - c) Participate in Power of for 30
 - d) Fitness Gram-Prepare all students for state assessment including BMI, aerobic activity, core strength, upper body strength
 - e) Suggest Adventure to fitness.com for rainy day recess option.
 - f) Students will be vigorously active for at least 50% of the physical education class time
 - g) Participate in Jump Rope for Heart
 - h) School wide participation in Apex Fun Run
 3. **To promote the health and wellness of students and staff.**
 - a) Establish a Wellness Committee which meets twice a year
 - b) School nurse is available once a week to meet the needs of our students and staff.
 - c) At least 20 minutes of recess is offered daily
 4. **To promote nutrition guidelines, a healthy eating environment, Child Nutrition Programs, and food safety and security on each school campus with the objective of promoting student health and reducing childhood obesity.**
 - a) Weekly Health education in the classroom will complement nutrition/wellness lessons taught in PE
 - b) All food/snacks given to students will meet nutritional guidelines
 - c) Posters in the cafeteria will encourage students to make healthy choices.
 - d) After school program will provide a healthy after-care snack.

Attachment I: Continued**Policy Questionnaire**

(To be completed annually and submitted to the Superintendent or designee no later than fifteen (15) working days after the last day of school)

Nutrition Education

1. Was nutrition information included in the curriculum consistent with state and federal guidelines?
YES NO
2. Was the cafeteria used as a learning laboratory to support classroom instruction?
YES NO
3. Were behavior practiced to enhance health and/or reduce health risk?
YES NO
4. Was nutrition information provided system-wide through various means? Examples: school and county-wide websites, newsletters, public announcements, activities, bulletin boards, student handbook, posters, wellness clubs, wellness fairs and/or staff development workshops?
YES NO

Physical Activity

1. Did all students regularly participate in age appropriate health and physical-fitness activities?
YES NO
2. Were federal and state physical education requirements met during this past year?
YES NO
3. Is physical wellness deemed as important as academic wellness in your school?
YES NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
YES NO
5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?
YES NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities?
YES NO
2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment?

- YES NO
3. Did the committee meet at least twice this year?
YES NO
4. Did the health and wellness committee promote health and wellness awareness to staff, students and families?
YES NO
5. Did the school learning community cultivate a climate of wellness?
YES NO
6. Did the after school program offer healthy snacks?
YES NO
7. Does our school, grounds, buses and equipment support personal health and safety?
YES NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?
YES NO
If needed, were corrective actions taken?
YES NO NA
2. Did fundraisers comply with Local Wellness Policy requirements?
YES NO
If needed, were corrective actions taken?
YES NO NA
3. Were there any fund raising programs this past year that promoted physical activity?
YES NO
4. Did all foods available on the school campus adhere to food safety standards?
YES NO
If needed, were corrective actions taken?
YES NO NA

School Nutrition Program guidelines for reimbursable school meals

1. Were students with special dietary needs accommodated according to USDA guidelines?
YES NO
If needed, were corrective actions taken?
YES NO NA
2. Did production records provide evidence that federal guidelines are being met for all reimbursable school meals?
YES NO

SCHOOL REPORT
School VS. District

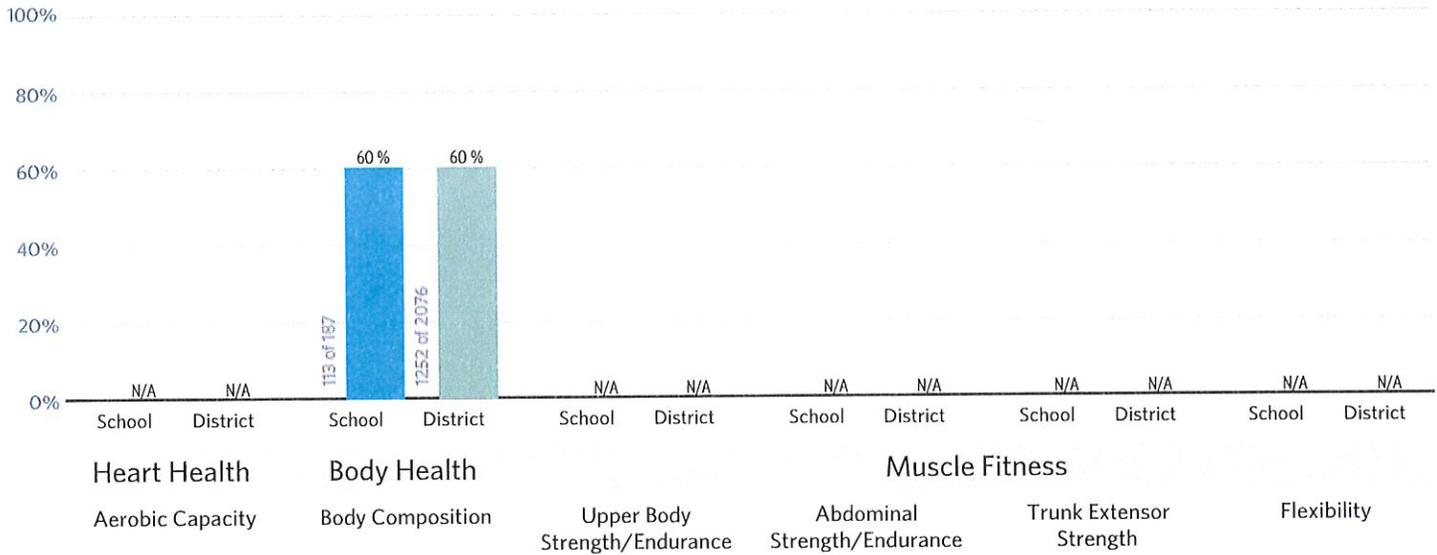
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NORTH LAFAYETTE ELEMENTARY SCHOOL

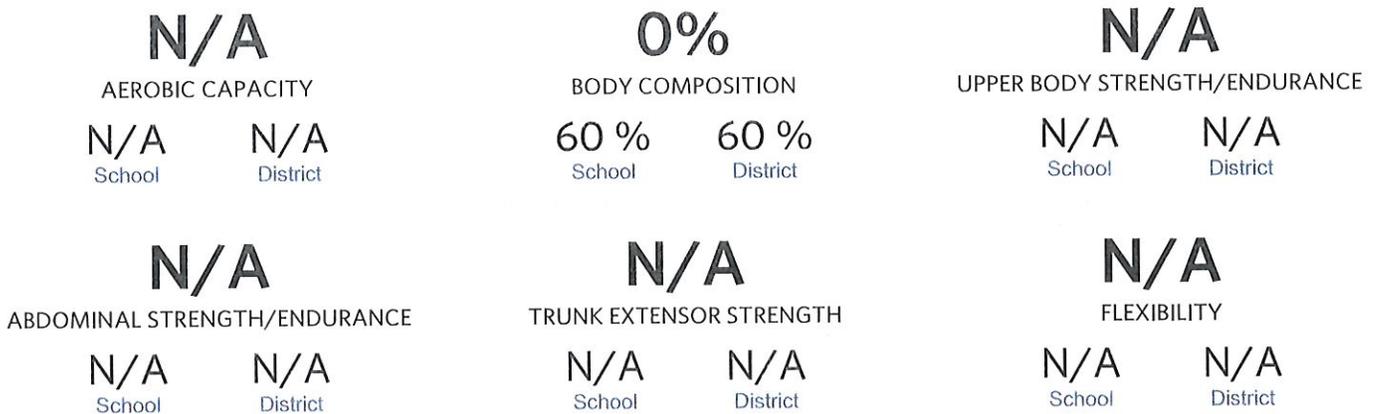
2/7/2020

WALKER CO SCHOOL DISTRICT | Grade 1-3 | PostTest | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW NORTH LAFAYETTE ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ



SCHOOL REPORT
School VS. District

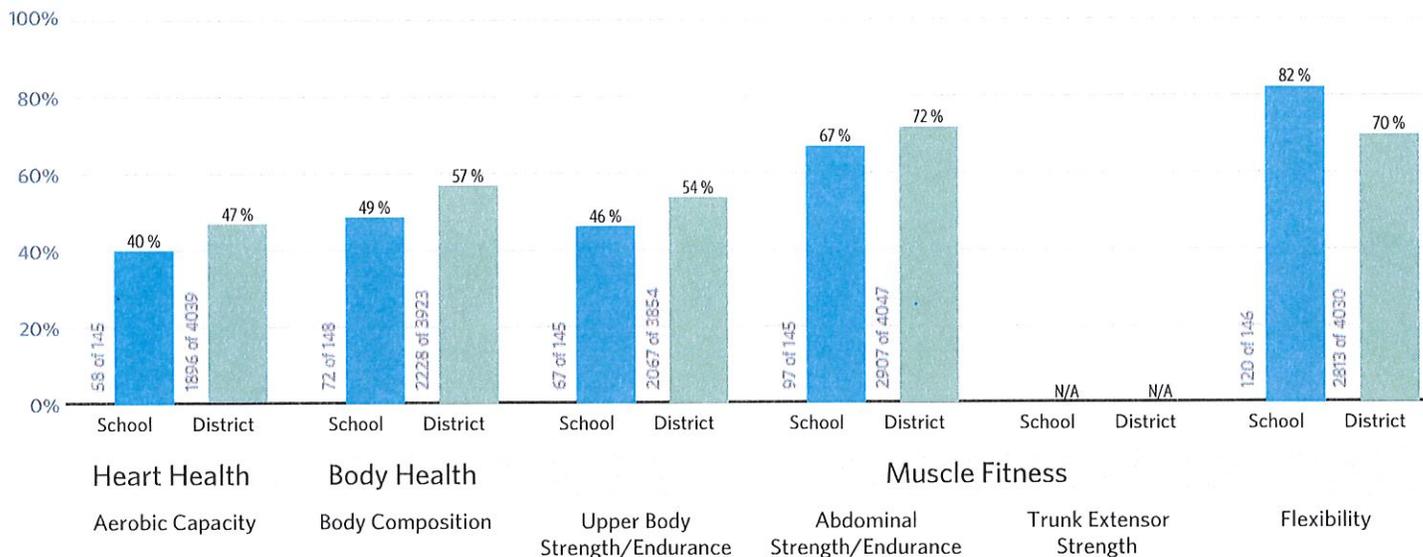
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NORTH LAFAYETTE ELEMENTARY SCHOOL

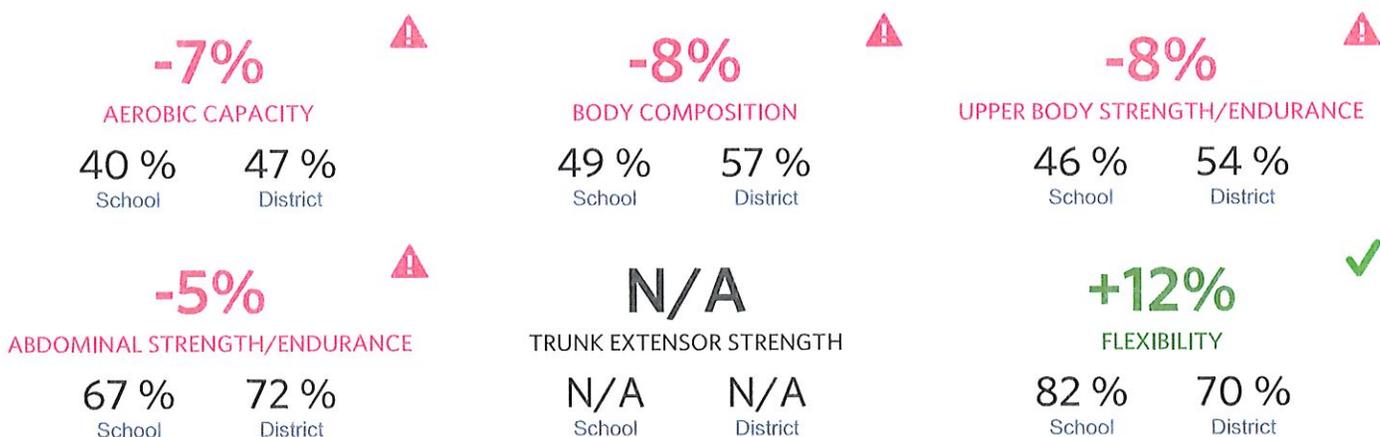
2/7/2020

WALKER CO SCHOOL DISTRICT | Grade 4-5 | PostTest | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW NORTH LAFAYETTE ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ



ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION

School Name Ridgeland High School

WELLNESS POLICY GOALS

- **Goals for the current school year.**
 1. **Assess the degree to which wellness and health education is incorporated into class curriculum.**
 2. **Increase opportunities and awareness of school sponsored activities that promote physical fitness.**
 3. **Provide information to staff and faculty regarding health and wellness.**
 4. **Promote social and emotional wellness through positive behavior interventions and student support groups.**

- **Examples of these goals.**
 1. **Survey of departments: Are any of the following health/wellness topics included in your curriculum? (Nutrition, Physical Fitness, Lifestyle Modification for prevention of disease, emotional/social health, Substance Abuse Awareness, etc.)**
 2. **Initial planning for the following physical activities not associated with current competitive squads: Girls/Women's Weight Training Club, Panther Games Cross fit club and competition.**
 3. **Development of monthly staff/faculty E-newsletter addressing various health/wellness topics.**
 4. **Increase student and staff awareness of emotional/social health issues such as bullying. Use positive behavior interventions to create a safe and supportive environment.**

- **Goals for next year.**
 1. **Increase visibility of health and wellness initiatives with newsletters, staff health fairs, parent education nights, and displays in the school.**
 2. **Solidify plans for previously initiated physical activity clubs.**
 3. **Encourage inclusion go wellness/health topics in curriculum.**

Attachment I: Continued**Policy Questionnaire**

(To be completed annually and submitted to the Superintendent or designee no later than fifteen (15) working days after the last day of school)

Nutrition Education

1. Was nutrition information included in the curriculum consistent with state and federal guidelines?
YES x NO
2. Was the cafeteria used as a learning laboratory to support classroom instruction?
YES x NO
3. Were behavior practiced to enhance health and/or reduce health risk?
YES x NO
4. Was nutrition information provided system-wide through various means? Examples: school and county-wide websites, newsletters, public announcements, activities, bulletin boards, student handbook, posters, wellness clubs, wellness fairs and/or staff development workshops?
YES x NO

Physical Activity

1. Did all students regularly participate in age appropriate health and physical fitness activities?
YES x NO
2. Were federal and state physical education requirements met during this past year?
YES x NO
3. Is physical wellness deemed as important as academic wellness in your school?
YES x NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
YES x NO
5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?
YES x NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities?
YES NO N/A X
2. Did the health and wellness committee collaborate with other school staff to

promote a healthy school environment?

YES X NO

3. Did the committee meet at least twice this year?

YES X NO

4. Did the health and wellness committee promote health and wellness awareness to staff, students and families?

YES X NO

5. Did the school learning community cultivate a climate of wellness?

YES X NO

6. Did the after school program offer healthy snacks?

YES NO NA X

7. Does our school, grounds, buses and equipment support personal health and safety?

YES X NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?

YES X NO

If needed, were corrective actions taken?

YES NO NA X

2. Did fundraisers comply with Local Wellness Policy requirements?

YES X NO

If needed, were corrective actions taken?

YES NO NA X

3. Were there any fund raising programs this past year that promoted physical activity?

YES X NO

4. Did all foods available on the school campus adhere to food safety standards?

YES X NO

If needed, were corrective actions taken?

YES NO NA X

School Nutrition Program guidelines for reimbursable school meals

1. Were students with special dietary needs accommodated according to USDA guidelines?

YES X NO

If needed, were corrective actions taken?

YES NO NA X

2. Did production records provide evidence that federal guidelines are being met for all reimbursable school meals?

YES X NO

SCHOOL REPORT
School VS. District

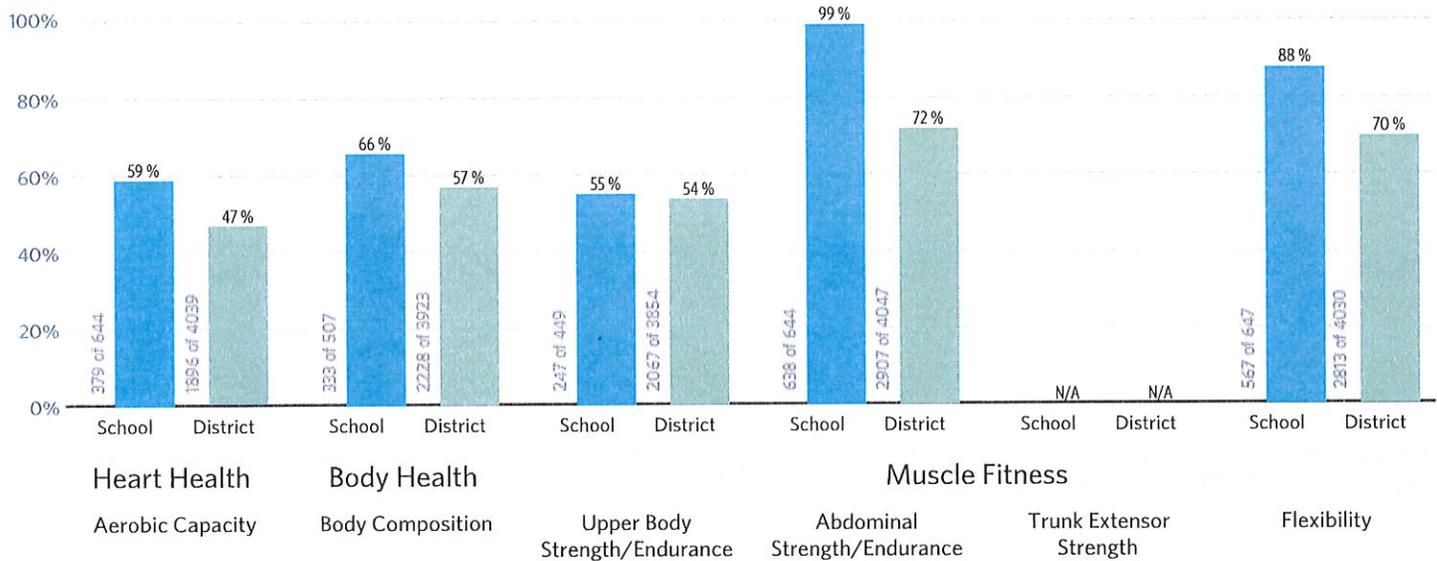
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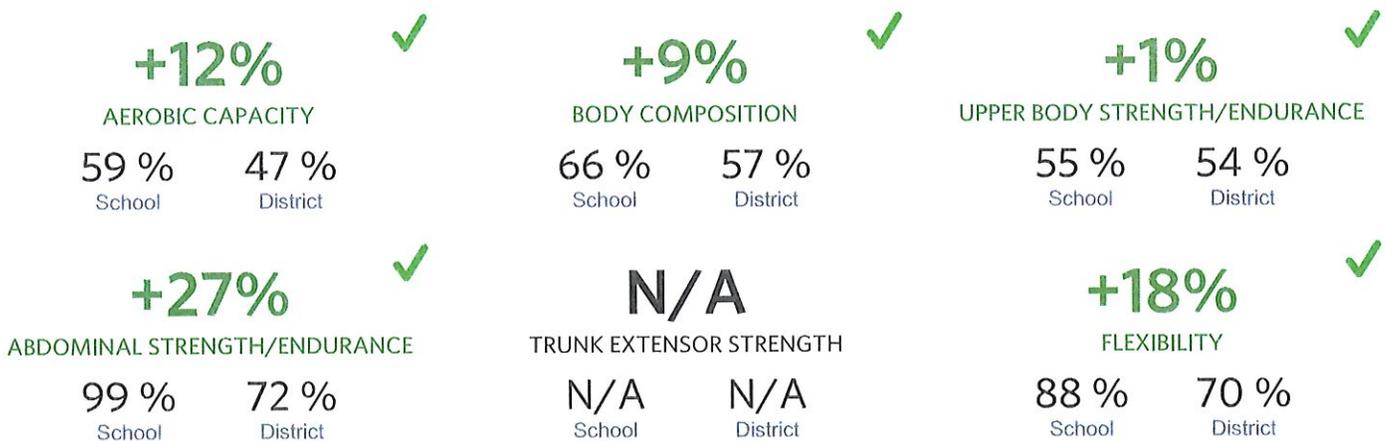
RIDGELAND HIGH SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 9-12 | PostTest | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW RIDGELAND HIGH SCHOOL COMPARES TO THE DISTRICT IN HFZ



ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION

School Name _____ Rock Spring Elementary _____

WELLNESS POLICY GOALS

- **List your school goals and identify activities your schools initiated to fulfill your wellness goals this year.**

Our goals were based on keeping each of our students as well as faculty and staff, healthy and eating a healthy diet while participating in health and fitness activities.

- **From your review of last year's activities identify potential goals for next year.**

Our school will continue to find new and fun ways to encourage healthy habits such as exercise and eating healthy foods.

Attachment I: Continued

Policy Questionnaire

(To be completed annually and submitted to the Superintendent or designee no later than fifteen (15) working days after the last day of school)

Nutrition Education

1. Was nutrition information included in the curriculum consistent with state and federal guidelines?
YES X NO
2. Was the cafeteria used as a learning laboratory to support classroom instruction?
YES X NO
3. Were behavior practiced to enhance health and/or reduce health risk?
YES X NO
4. Was nutrition information provided system-wide through various means? Examples: school and county-wide websites, newsletters, public announcements, activities, bulletin boards, student handbook, posters, wellness clubs, wellness fairs and/or staff development workshops?
YES X NO

Physical Activity

1. Did all students regularly participate in age appropriate health and physical fitness activities?
YES X NO
2. Were federal and state physical education requirements met during this past year?
YES X NO
3. Is physical wellness deemed as important as academic wellness in your school?
YES X NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
YES X NO
5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?
YES NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities?
YES X NO
2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment?
YES X NO
3. Did the committee meet at least twice this year?
YES X NO

4. Did the health and wellness committee promote health and wellness awareness to staff, students and families?
YES X NO
5. Did the school learning community cultivate a climate of wellness?
YES X NO
6. Did the after school program offer healthy snacks?
YES X NO
7. Does our school, grounds, buses and equipment support personal health and safety?
YES X NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?
YES X NO
If needed, were corrective actions taken?
YES X NO NA
2. Did fundraisers comply with Local Wellness Policy requirements?
YES X NO
If needed, were corrective actions taken?
YES NO NA X
3. Were there any fund raising programs this past year that promoted physical activity?
YES X NO
4. Did all foods available on the school campus adhere to food safety standards?
YES X NO
If needed, were corrective actions taken?
YES NO NA X

School Nutrition Program guidelines for reimbursable school meals

1. Were students with special dietary needs accommodated according to USDA guidelines?
YES X NO
If needed, were corrective actions taken?
YES NO NA X
2. Did production records provide evidence that federal guidelines are being met for all reimbursable school meals?
YES X NO

SCHOOL REPORT
School VS. District

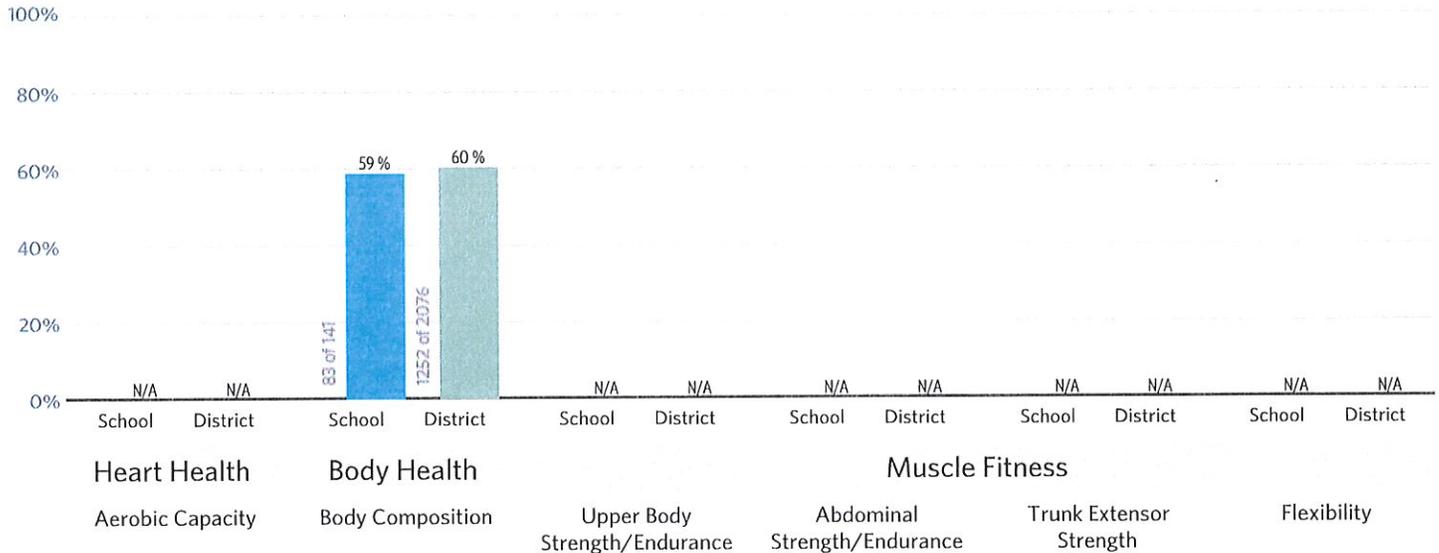
The School Report - School VS. District shows a comparison of Healthy Fitness Zone achievement results by component for each school relative to the district.

ROCK SPRING ELEMENTARY SCHOOL

2/7/2020

WALKER CO SCHOOL DISTRICT | Grade 1-3 | PostTest | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW ROCK SPRING ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ

<p>N/A</p> <p>AEROBIC CAPACITY</p> <p>N/A School N/A District</p>	<p>-1% </p> <p>BODY COMPOSITION</p> <p>59% School 60% District</p>	<p>N/A</p> <p>UPPER BODY STRENGTH/ENDURANCE</p> <p>N/A School N/A District</p>
<p>N/A</p> <p>ABDOMINAL STRENGTH/ENDURANCE</p> <p>N/A School N/A District</p>	<p>N/A</p> <p>TRUNK EXTENSOR STRENGTH</p> <p>N/A School N/A District</p>	<p>N/A</p> <p>FLEXIBILITY</p> <p>N/A School N/A District</p>

SCHOOL REPORT
School VS. District

The School Report - School VS. District shows a comparison of Healthy Fitness Zone achievement results by component for each school relative to the district.

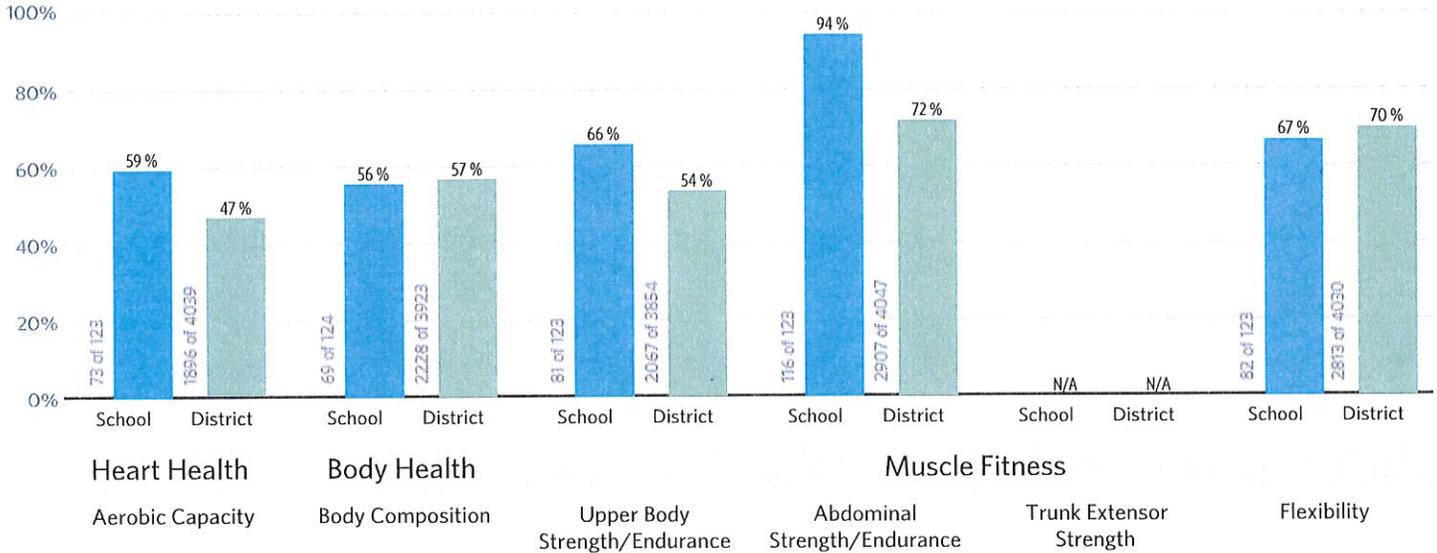
School year 18-19
Grade 4-12

2/7/2020

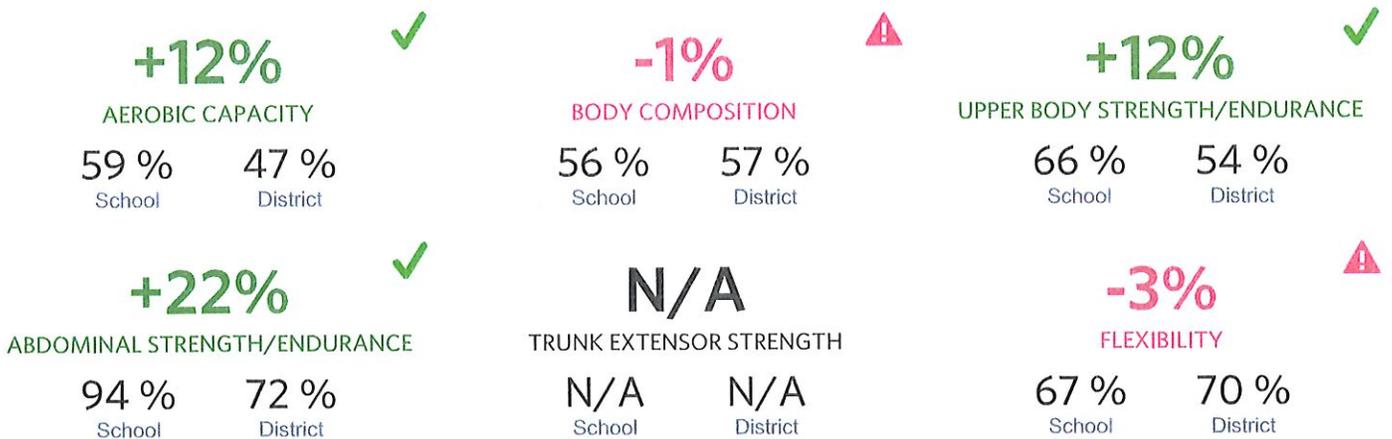
ROCK SPRING ELEMENTARY SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 4-5 | Other | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW ROCK SPRING ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ



ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION

School Name Wood Rossville Elementary
2018-2019

WELLNESS POLICY GOALS

- List your school goals and identify activities your schools initiated to fulfill your wellness goals this year.

To continue to promote a healthy lifestyle for our students/staff/families

- Jump Rope for Heart
- Outdoor PE
- Therapy Thursdays for staff
- PE in the curriculum
- FFVP Program
- CHAMPS
- Field for Recess
- Movement in the Classroom
- From your review of last year's activities identify potential goals for next year.
 - Garden up and running
 - Herbs in the hydroponics
 - Increase movement in the classroom & Field Trips
 - Increase outdoor activities for students (track, cross country)
 - Continued Participation in the FFVP Program

Attachment I: Continued**Policy Questionnaire**

(To be completed annually and submitted to the Superintendent or designee no later than fifteen (15) working days after the last day of school)

Nutrition Education

1. Was nutrition information included in the curriculum consistent with state and federal guidelines?
YES NO
2. Was the cafeteria used as a learning laboratory to support classroom instruction?
YES NO
3. Were behavior practiced to enhance health and/or reduce health risk?
YES NO
4. Was nutrition information provided system-wide through various means? Examples: school and county-wide websites, newsletters, public announcements, activities, bulletin boards, student handbook, posters, wellness clubs, wellness fairs and/or staff development workshops?
YES NO

Physical Activity

1. Did all students regularly participate in age appropriate health and physical-fitness activities?
YES NO
2. Were federal and state physical education requirements met during this past year?
YES NO
3. Is physical wellness deemed as important as academic wellness in your school?
YES NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
YES NO
5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?
YES NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities?
YES NO
2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment?

- YES NO
3. Did the committee meet at least twice this year?
YES NO
4. Did the health and wellness committee promote health and wellness awareness to staff, students and families?
YES NO
5. Did the school learning community cultivate a climate of wellness?
YES NO
6. Did the after school program offer healthy snacks?
YES NO
7. Does our school, grounds, buses and equipment support personal health and safety?
YES NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?
YES NO
If needed, were corrective actions taken?
YES NO NA
2. Did fundraisers comply with Local Wellness Policy requirements?
YES NO
If needed, were corrective actions taken?
YES NO NA
3. Were there any fund raising programs this past year that promoted physical activity?
YES NO
4. Did all foods available on the school campus adhere to food safety standards?
YES NO
If needed, were corrective actions taken?
YES NO NA

School Nutrition Program guidelines for reimbursable school meals

1. Were students with special dietary needs accommodated according to USDA guidelines?
YES NO
If needed, were corrective actions taken?
YES NO NA
2. Did production records provide evidence that federal guidelines are being met for all reimbursable school meals?
YES NO

SCHOOL REPORT
School VS. District

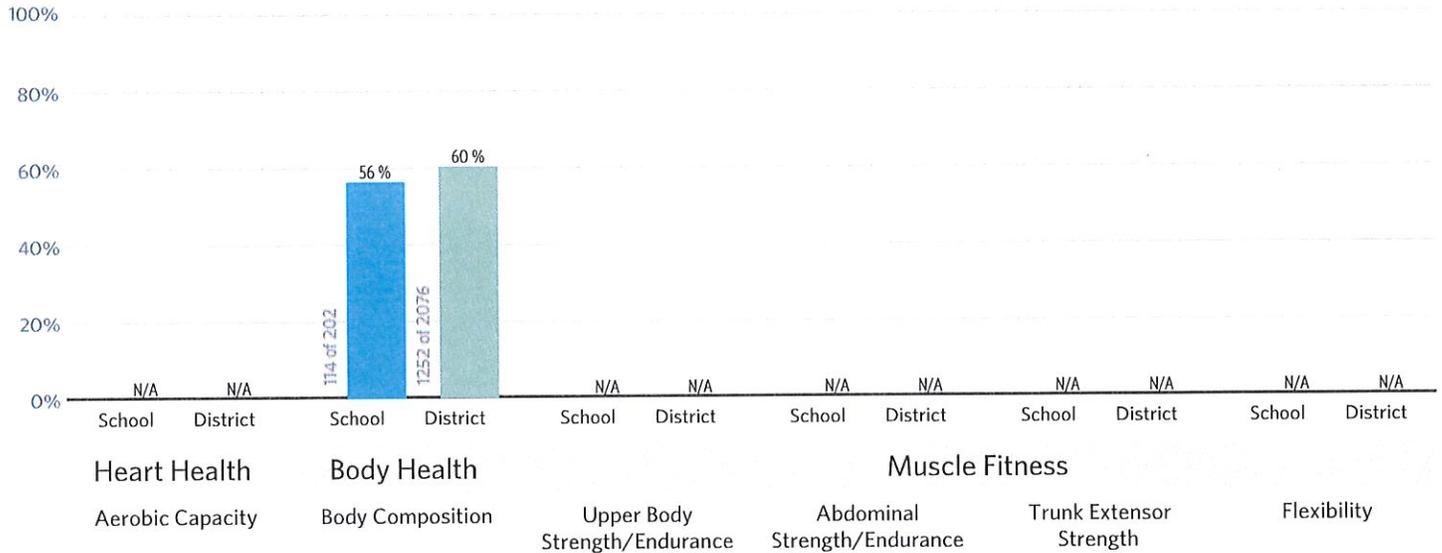
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2/7/2020

ROSSVILLE ELEMENTARY SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 1-3 | Other | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW ROSSVILLE ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ

<p>N/A</p> <p>AEROBIC CAPACITY</p> <p>N/A School N/A District</p>	<p>-4% </p> <p>BODY COMPOSITION</p> <p>56% School 60% District</p>	<p>N/A</p> <p>UPPER BODY STRENGTH/ENDURANCE</p> <p>N/A School N/A District</p>
<p>N/A</p> <p>ABDOMINAL STRENGTH/ENDURANCE</p> <p>N/A School N/A District</p>	<p>N/A</p> <p>TRUNK EXTENSOR STRENGTH</p> <p>N/A School N/A District</p>	<p>N/A</p> <p>FLEXIBILITY</p> <p>N/A School N/A District</p>

SCHOOL REPORT
School VS. District

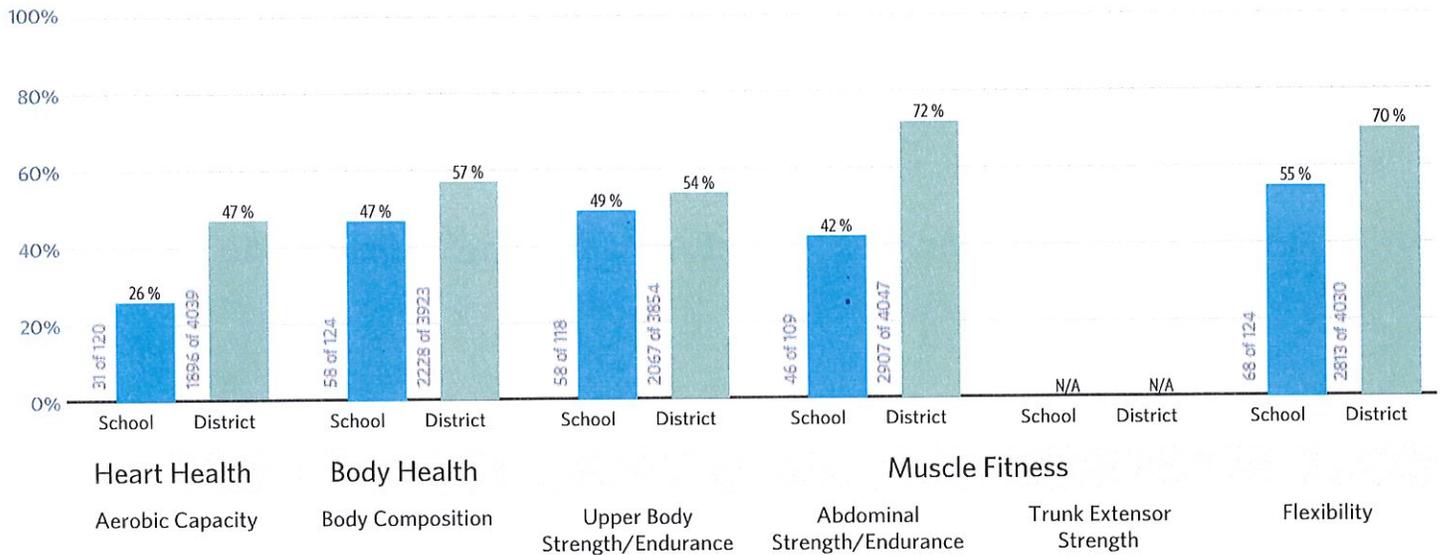
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2/7/2020

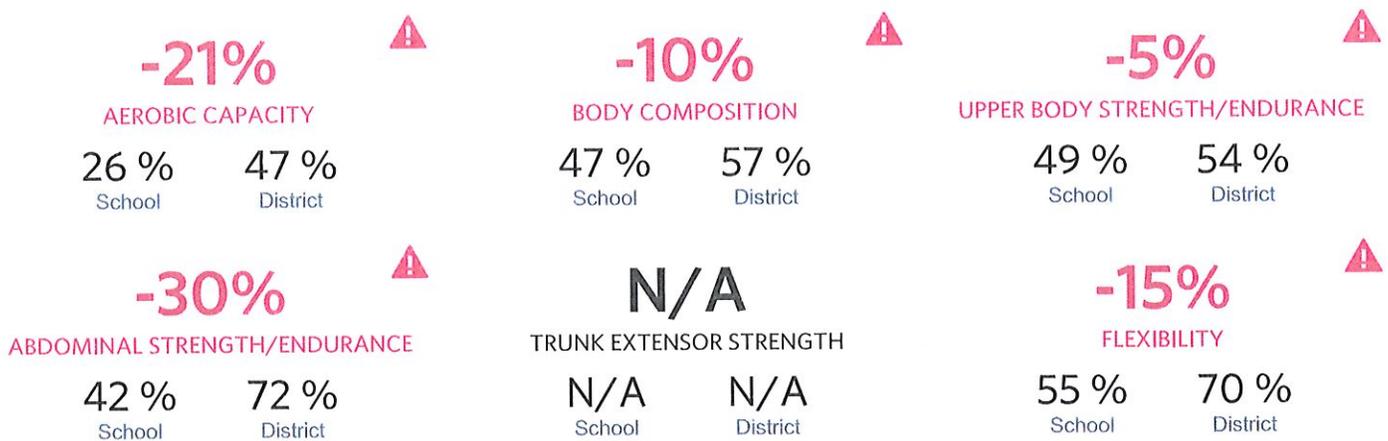
ROSSVILLE ELEMENTARY SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 4-5 | Other | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW ROSSVILLE ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ



ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION

School Name: ROSSVILLE MIDDLE SCHOOL

WELLNESS POLICY GOALS

- **List your school goals and identify activities your schools initiated to fulfill your wellness goals this year.**

Goal: To promote nutrition education with the objective of improving students' health and reducing childhood obesity.

Goal: To promote physical activity with the objective of improving students' health and reducing childhood obesity.

Goal: To promote the health and wellness of students and staff.

Goal: To promote nutrition guidelines, a healthy eating environment, Child Nutrition Programs, and food safety and security on each school campus with the objective of promoting student health and reducing childhood obesity.

- **From your review of last year's activities identify potential goals for next year.**

Health and PE Connection classes will teach the importance of a balanced diet.

Breakfast procedures were adjusted to make breakfast time more appealing to RMS students.

These procedure adjustments were announced and parents were encouraged to take advantage of school meals.

Physical education is a rotation for most students at RMS.

The Fitness gram will be implemented in the physical education program.

Students are encouraged to participate in a school-wide cone ball tournament for fun and exercise.

The Bulldog Student Ambassadors will meet to brainstorm activities to reinforce state health and wellness goals.

The RMS school nurse will be available for staff and students at least one day per week to meet the well-being needs at our school.

All snacks made available to RMS students will follow nutrition guidelines.

Each classroom will have a set time for lunch with 25 minutes on the schedule to allow for ample seating.

"Breakfast on the Go" will be available for students who may arrive later in the day.

Water will be made available to all staff and students throughout the day.

A variety of nutritious foods will be offered to students daily.

Walker County will employ a Food Service Director who ensures that food codes are being followed effectively.

Food service personnel will have adequate training in food service operations.
Food made available on campus will comply with the state and local food safety and sanitation regulations.

Access to food service areas will be limited to Child Nutrition staff and authorized personnel only.

Custodial staff will keep cafeteria trash emptied frequently throughout the day during lunch times.

Attachment I: Continued

Policy Questionnaire

(To be completed annually and submitted to the Superintendent or designee no later than fifteen (15) working days after the last day of school)

Nutrition Education

1. Was nutrition information included in the curriculum consistent with state and federal guidelines?
YES X NO
2. Was the cafeteria used as a learning laboratory to support classroom instruction?
YES X NO
3. Were behaviors practiced to enhance health and/or reduce health risk?
YES X NO
4. Was nutrition information provided system-wide through various means? Examples: school and county-wide websites, newsletters, public announcements, activities, bulletin boards, student handbook, posters, wellness clubs, wellness fairs and/or staff development workshops?
YES X NO

Physical Activity

1. Did all students regularly participate in age appropriate health and physical fitness activities?
YES NO X
2. Were federal and state physical education requirements met during this past year?
YES X NO
3. Is physical wellness deemed as important as academic wellness in your school?
YES X NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
YES X NO
5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?
YES X NO

Other School-Based Activities N/A

1. Does the after school program set aside time for physical activities? **N/A**
YES NO
2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment? **N/A**
YES NO
3. Did the committee meet at least twice this year?
YES NO
4. Did the health and wellness committee promote health and wellness awareness to staff, students and families? **N/A**
YES NO
5. Did the school learning community cultivate a climate of wellness? **N/A**
YES NO
6. Did the after school program offer healthy snacks? **N/A**
YES NO
7. Does our school, grounds, buses and equipment support personal health and safety? **N/A**
YES NO

Nutrition Guidelines**Nutritional Guidelines for food choices accessible to students other than school lunch program options**

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?
YES NO
If needed, were corrective actions taken?
YES NO NA
2. Did fundraisers comply with Local Wellness Policy requirements?
YES NO
If needed, were corrective actions taken?
YES NO NA
3. Were there any fund raising programs this past year that promoted physical activity?
YES NO
4. Did all foods available on the school campus adhere to food safety standards?
YES NO
If needed, were corrective actions taken?
YES NO NA

School Nutrition Program guidelines for reimbursable school meals

1. Were students with special dietary needs accommodated according to USDA guidelines?
YES NO
If needed, were corrective actions taken?

YES NO NA X

2. Did production records provide evidence that federal guidelines are being met for all reimbursable school meals?

YES X NO

SCHOOL REPORT
School VS. District

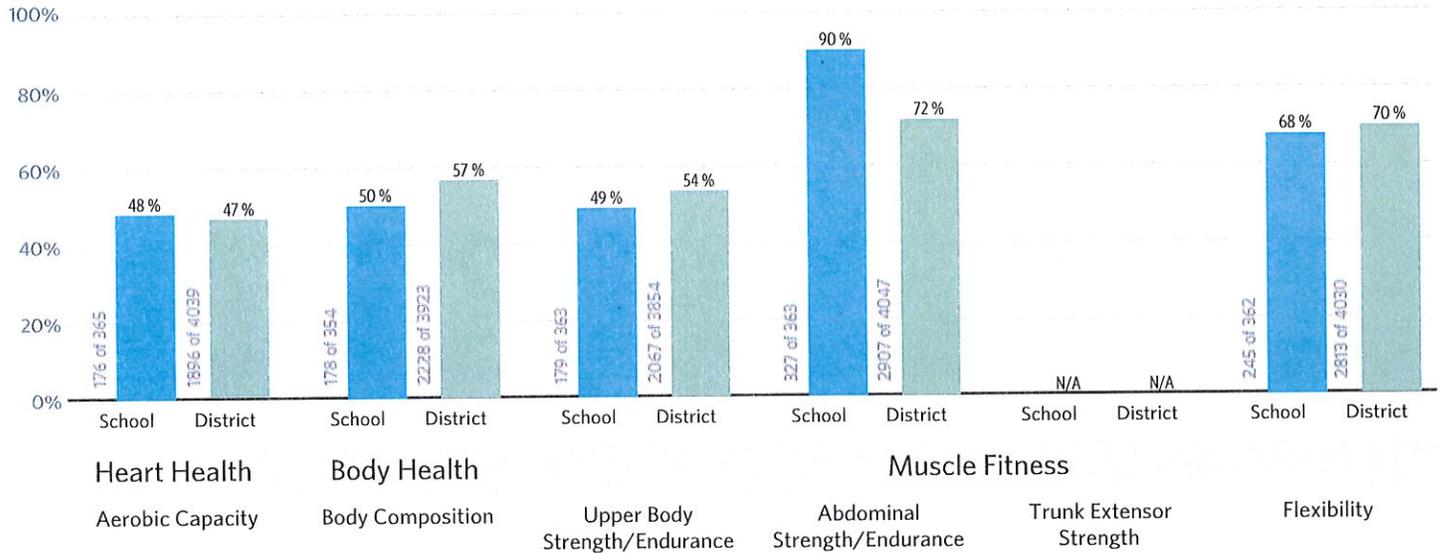
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2/7/2020

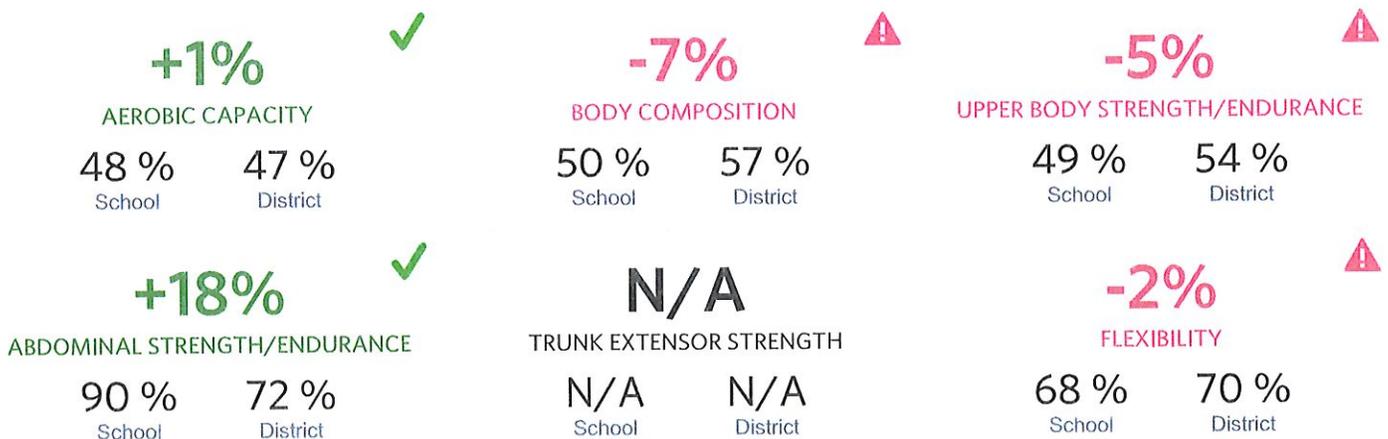
ROSSVILLE MIDDLE SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 6-8 | PostTest | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW ROSSVILLE MIDDLE SCHOOL COMPARES TO THE DISTRICT IN HFZ



ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION

School Name: SADDLE RIDGE ELEMENTARY/MIDDLE

WELLNESS POLICY GOALS

- **List your school goals and identify activities your schools initiated to fulfill your wellness goals this year.**

-To promote nutrition education with the objective of improving students' health and reducing childhood obesity.

- i. The school will send home the Nutrition Nuggets newsletter each month to our families.
- ii. Health conscious activities will be promoted throughout the school year by the SR Wellness Committee Team Members.
- iii. Breakfast procedures were adjusted to make breakfast time more appealing to Saddle Ridge students by allowing breakfast on the go after 7:20 a.m.

-To promote physical activity with the objective of improving students' health and reducing childhood obesity.

- i. Physical education is a required block class rotation for SR Students.
- ii. The Fitnessgram will be implemented in the physical education program.
- iii. Each grade level has a minimum of 30 minutes for recess every day.
- iv. SR participates in the Relay for Life campaign/walk in the spring.
- v. Staff members are encouraged to log daily exercise in a wellness log.
- vi. Staff members will have the opportunity to participate in weight loss challenges using FitBit or another type of pedometer (FitBit Challenges, Biggest Loser, Healthy Wage, etc).
- vii. After students eat breakfast, they will report to the gym on alternating days to get in 10-15 minutes of Power-Up for 30 physical activity.
- viii. SR will inquire about hosting an APEX Fun Run in order to promote healthy living.
- ix. SR will offer Cross-Country as an additional opportunity for our sports programs.

-To promote the health and wellness of students and staff.

- i. Saddle Ridge's School Council will meet to brainstorm activities to reinforce state health and wellness goals.
- ii. SR's PTO will work collaboratively with school administration to ensure that school activities/PTO activities encourage physical activity and nutritional soundness.
- iii. Saddle Ridge's school nurse will be available for staff and students as least one day per week to meet the well-being needs at our school.

-To promote nutrition guidelines, a healthy eating environment, Child Nutrition Programs, and food safety and security on each school campus with the objective of promoting student health and reducing childhood obesity.

- i. All snacks made available to SR's students will follow nutrition guidelines.
- ii. Nutrition facts will be announced during morning announcements to encourage healthy eating.
- iii. We will continue the use of a Smart Snack Machine to be used by students, faculty, and staff.
- iv. Each classroom will have a set time for meals with 30 minutes on the schedule to allow for ample seating.
- v. Water will be made available to all staff and students throughout the day.
- vi. A variety of nutritious foods will be offered to students daily.
- vii. Schoolcast calls will be made to encourage students to participate in school meals.
- viii. Walker County will employ a Food Service Director who ensures that food codes are being followed effectively.
- ix. Food service personnel will have adequate training in food service operations.
- x. Food made available on campus will comply with the state and local food safety and sanitation regulations.

- xi. Access to food service areas will be limited to Child Nutrition staff and authorized personnel only. Signs are posted.

- **From your review of last year's activities identify potential goals for next year.**

-We would like to continue this year's initiatives but continue to grow participation. We will work to increase participation in Healthy Wage and FitBit Challenge activities. We will also be looking for increased buy in GoNoodle Activities.

Attachment I: Continued

Policy Questionnaire

(To be completed annually and submitted to the Superintendent or designee no later than fifteen (15) working days after the last day of school)

Nutrition Education

1. Was nutrition information included in the curriculum consistent with state and federal guidelines?
YES X NO
2. Was the cafeteria used as a learning laboratory to support classroom instruction?
YES X NO
3. Were behavior practiced to enhance health and/or reduce health risk?
YES X NO
4. Was nutrition information provided system-wide through various means? Examples: school and county-wide websites, newsletters, public announcements, activities, bulletin boards, student handbook, posters, wellness clubs, wellness fairs and/or staff development workshops?
YES X NO

Physical Activity

1. Did all students regularly participate in age appropriate health and physical fitness activities?
YES X NO
2. Were federal and state physical education requirements met during this past year?
YES X NO
3. Is physical wellness deemed as important as academic wellness in your school?
YES X NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
YES X NO

5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?

YES X NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities?
YES X NO
2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment?
YES X NO
3. Did the committee meet at least twice this year?
YES X NO
4. Did the health and wellness committee promote health and wellness awareness to staff, students and families?
YES X NO
5. Did the school learning community cultivate a climate of wellness?
YES X NO
6. Did the after school program offer healthy snacks?
YES X NO
7. Does our school, grounds, buses and equipment support personal health and safety?
YES X NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?
YES X NO
If needed, were corrective actions taken?
YES NO NA X
2. Did fundraisers comply with Local Wellness Policy requirements?
YES X NO
If needed, were corrective actions taken?
YES NO NA X
3. Were there any fund raising programs this past year that promoted physical activity?
YES X NO
4. Did all foods available on the school campus adhere to food safety standards?
YES X NO
If needed, were corrective actions taken?
YES NO NA X

School Nutrition Program guidelines for reimbursable school meals

1. Were students with special dietary needs accommodated according to USDA guidelines?

YES NO

If needed, were corrective actions taken?

YES NO NA

2. Did production records provide evidence that federal guidelines are being met for all reimbursable school meals?

YES NO

SCHOOL REPORT
School VS. District

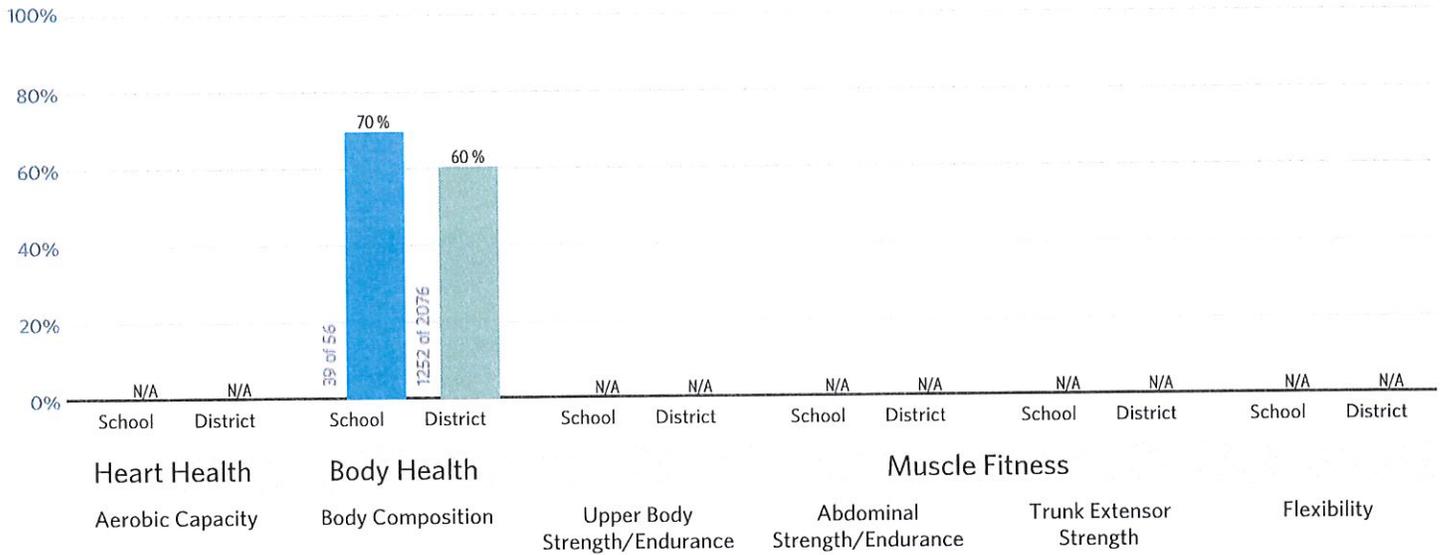
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2/7/2020

SADDLE RIDGE SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 1,3 | Other | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW SADDLE RIDGE SCHOOL COMPARES TO THE DISTRICT IN HFZ

<p>N/A</p> <p>AEROBIC CAPACITY</p> <p>N/A School N/A District</p>	<p>+10% ✓</p> <p>BODY COMPOSITION</p> <p>70% School 60% District</p>	<p>N/A</p> <p>UPPER BODY STRENGTH/ENDURANCE</p> <p>N/A School N/A District</p>
<p>N/A</p> <p>ABDOMINAL STRENGTH/ENDURANCE</p> <p>N/A School N/A District</p>	<p>N/A</p> <p>TRUNK EXTENSOR STRENGTH</p> <p>N/A School N/A District</p>	<p>N/A</p> <p>FLEXIBILITY</p> <p>N/A School N/A District</p>

SCHOOL REPORT
School VS. District

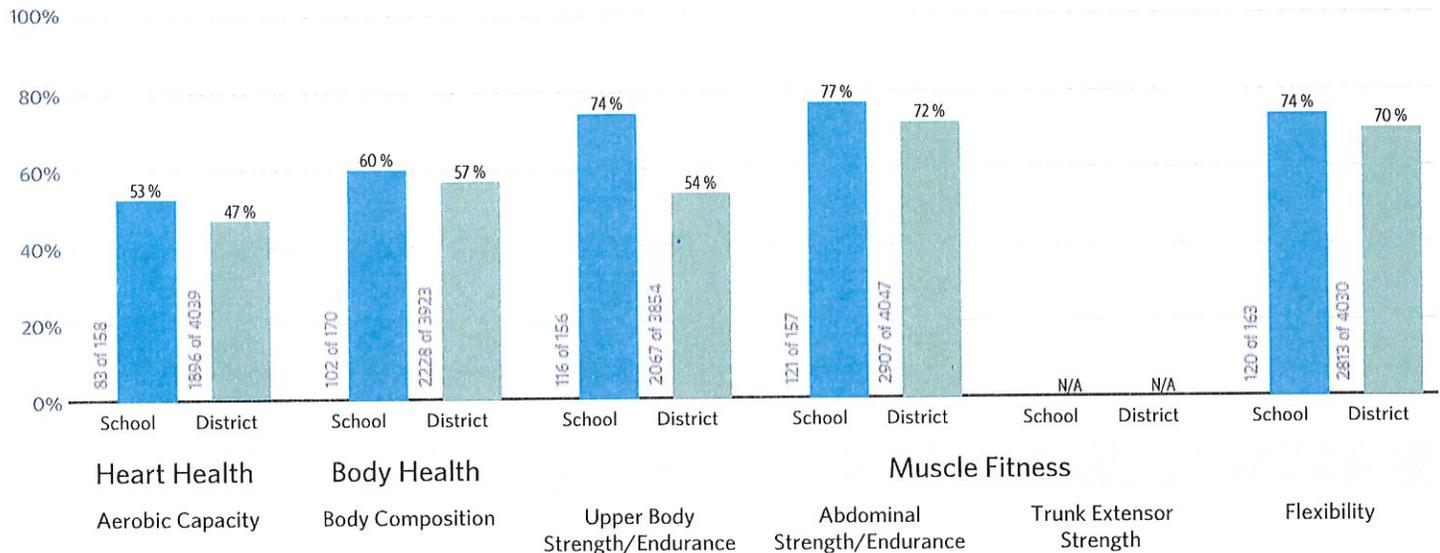
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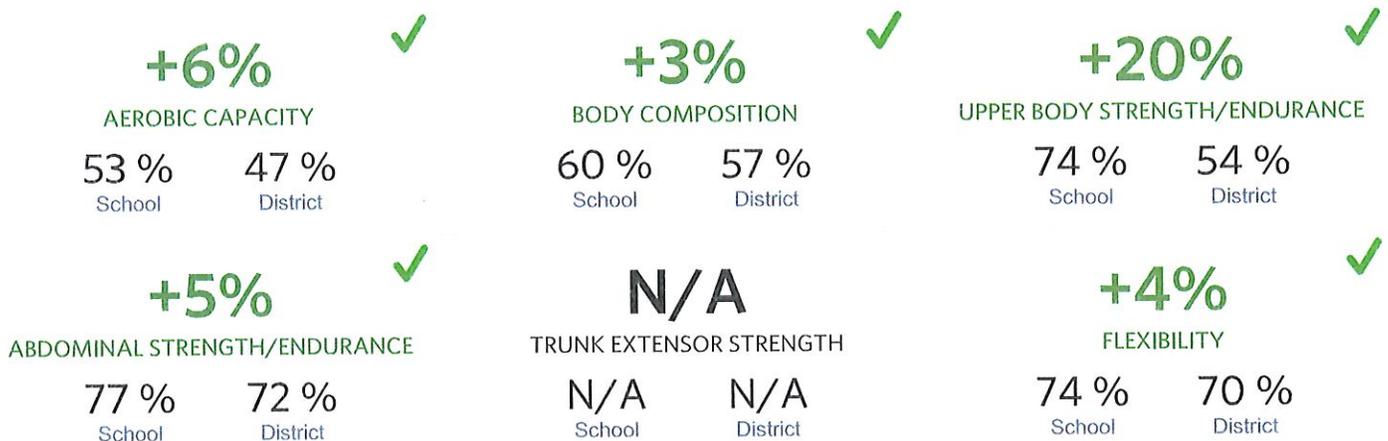
SADDLE RIDGE SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 4-8 | Other | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW SADDLE RIDGE SCHOOL COMPARES TO THE DISTRICT IN HFZ



ATTACHMENT 1: POLICY IMPLEMENTATION AND EVALUATION

School Name SCE.

WELLNESS POLICY GOALS

- List your school goals and identify activities your schools initiated to fulfill your wellness goals this year.

To increase physical activity levels schoolwide.

- a) promote and provide cross-country running activity by adding an after school cross-country team.
- b) Football/Soccer Teachers vs. 5th grade schoolwide event.
- c) Volleyball and Basketball schoolwide event.
- d) Schoolwide Yoga program.

- From your review of last year's activities identify potential goals for next year.

- ① To add a Running schoolwide activity (WASCAR)
- ② To host a cross-county race for elementary schools within the school district.
- ③ To add a heart-healthy schoolwide assembly (Valentines Day)

Attachment I: Continued**Policy Questionnaire**

(To be completed annually and submitted to the Superintendent or designee no later than fifteen (15) working days after the last day of school)

Nutrition Education

1. Was nutrition information included in the curriculum consistent with state and federal guidelines?
YES NO
2. Was the cafeteria used as a learning laboratory to support classroom instruction?
YES NO
3. Were behavior practiced to enhance health and/or reduce health risk?
YES NO
4. Was nutrition information provided system-wide through various means? Examples: school and county-wide websites, newsletters, public announcements, activities, bulletin boards, student handbook, posters, wellness clubs, wellness fairs and/or staff development workshops?
YES NO

Physical Activity

1. Did all students regularly participate in age appropriate health and physical fitness activities?
YES NO
2. Were federal and state physical education requirements met during this past year?
YES NO
3. Is physical wellness deemed as important as academic wellness in your school?
YES NO
4. Does the physical education program stress healthy lifestyle choices and fitness for life activities?
YES NO
5. Did each local school conduct an annual fitness assessment program, as approved and funded by the State Board of Education?
YES NO

Other School-Based Activities

1. Does the after school program set aside time for physical activities?
YES NO
2. Did the health and wellness committee collaborate with other school staff to promote a healthy school environment? *Yes*

- YES NO
3. Did the committee meet at least twice this year?
YES NO
4. Did the health and wellness committee promote health and wellness awareness to staff, students and families?
YES NO
5. Did the school learning community cultivate a climate of wellness?
YES NO
6. Did the after school program offer healthy snacks?
YES NO
7. Does our school, grounds, buses and equipment support personal health and safety?
YES NO

Nutrition Guidelines

Nutritional Guidelines for food choices accessible to students other than school lunch program options

1. Do all foods made available on the school campus comply with the Local Wellness Policy Nutrition Standards?
YES NO
If needed, were corrective actions taken?
YES NO NA
2. Did fundraisers comply with Local Wellness Policy requirements?
YES NO
If needed, were corrective actions taken?
YES NO NA
3. Were there any fund raising programs this past year that promoted physical activity?
YES NO
4. Did all foods available on the school campus adhere to food safety standards?
YES NO
If needed, were corrective actions taken?
YES NO NA

School Nutrition Program guidelines for reimbursable school meals

1. Were students with special dietary needs accommodated according to USDA guidelines?
YES NO
If needed, were corrective actions taken?
YES NO NA
2. Did production records provide evidence that federal guidelines are being met for all reimbursable school meals?
YES NO

SCHOOL REPORT
School VS. District

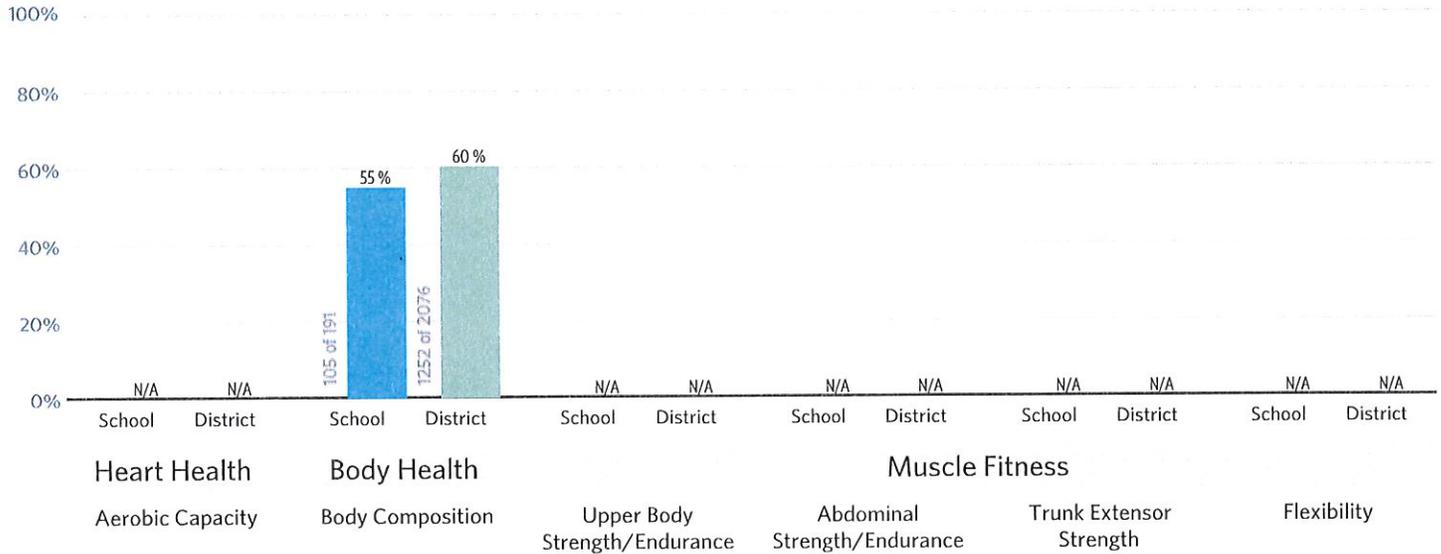
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2/7/2020

STONE CREEK ELEMENTARY SCHOOL

WALKER CO SCHOOL DISTRICT | Grade 1-3 | Other | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW STONE CREEK ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ

<p>N/A</p> <p>AEROBIC CAPACITY</p> <p>N/A School N/A District</p>	<p>-5% </p> <p>BODY COMPOSITION</p> <p>55% School 60% District</p>	<p>N/A</p> <p>UPPER BODY STRENGTH/ENDURANCE</p> <p>N/A School N/A District</p>
<p>N/A</p> <p>ABDOMINAL STRENGTH/ENDURANCE</p> <p>N/A School N/A District</p>	<p>N/A</p> <p>TRUNK EXTENSOR STRENGTH</p> <p>N/A School N/A District</p>	<p>N/A</p> <p>FLEXIBILITY</p> <p>N/A School N/A District</p>

SCHOOL REPORT
School VS. District

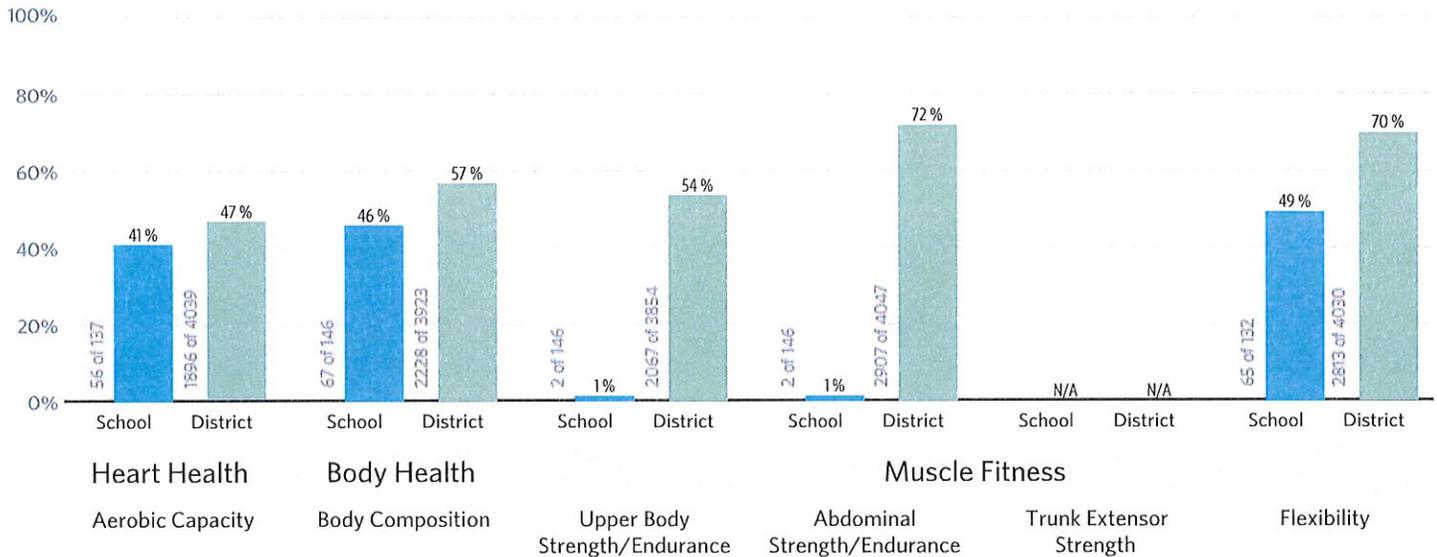
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STONE CREEK ELEMENTARY SCHOOL

2/7/2020

WALKER CO SCHOOL DISTRICT | Grade 4-5 | Other | Female, Male

STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



HOW STONE CREEK ELEMENTARY SCHOOL COMPARES TO THE DISTRICT IN HFZ

