

## **System Wellness Committee Meeting**

**November 7, 2019 at the Central Office**

- **WELCOME**
- **NEW BUSINESS**
- **DISCUSSION**
- **NEXT MEETING DATE**
- **ADJOURNMENT**

# **System Wellness Committee Meeting**

**November 7, 2019 at the Central Office**

## **Welcome:**

- Appreciation of Participating
- Suggestions are always welcomed

## **New Business:**

- Introduction of System Wellness Team and Their Role
- Wellness Policy Regulations
- Smart Snack Regulations and Fundraisers
- Role of Schools

## **Discussed:**

- Reviewed existing System Wellness Policy
- Reviewed the mission statement that addresses nutrition, physical activity, emotional and mental health and social wellness – No changes were made at this time
- Discuss Community involvement and ways to engage the community in wellness oriented activities
- Explore educational initiatives
- Will review the schools Wellness Goals at the next meeting

**Next Meeting Date:** Next meeting planned for January 20, 2020 at Central Office

## **Adjournment**