

# Twin Rivers Unified School District

Sep 1, 2021 thru Sep 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 1

Generated on: 9/1/2021 12:51:52 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 09/01/2021			
High School Lunch	Total	9	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Chicken Spicy Tenders&Goldfish	3 Piece	1	31.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Chef Salad Chicken & SunChips	1 each	1	39.45
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Yogurt - Variety Flavors	4 oz	1	14.0
Seasoned Potato Wedges	2.89 oz	5	20.0
Salad Small Mixed Greens TR	1 cup	5	2.23
Subgroup Cup	serving	5	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			114.51
% of Calories			60.1%
Nutrient Guideline			

Thu - 09/02/2021			
High School Lunch	Total	10	
Beef Cheeseburger W/Bun 21/22	1 Each	1	31.6
Burrito Bean & Cheese Los Cabo	1 each	1	40.86
Chicken & Cheese Burrito Tr	1 each	1	33.0
Beef, Bean & Cheese Burrito	1 each	1	56.01
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Spicy Chicken Wrap	1 Each	1	57.77
Yogurt Parfait Lunch	1 Each	1	64.91
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	6	14.0
Carrots Fresh Baby (1/2 C Bag)	Bag	6	6.08
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	6	2.82
Juice 100% Fruit 4.23 Oz Asst.	1 Each	6	14.83
Fruit Choice (Fresh)	1 Each	6	18.59
Fruit Choice (Canned)	1/2 cup	6	23.22
Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			120.66 64.0%
Nutrient Guideline			

Fri - 09/03/2021			
High School Lunch	Total	7	
Papa Murphys Cheese	Slice	1	32.6
Papa Murphys Pepperoni - pork	1 Slice	1	32.5
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	4	20.0
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Green Beans, Red Sodium TR	1/2 cup	4	3.0
Salad Small Mixed Greens TR	1 cup	4	2.23
Subgroup Cup	serving	4	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	4	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	4	14.83
Fruit Choice (Fresh)	1 Each	4	18.59
Fruit Choice (Canned)	1/2 cup	4	23.22
Condiment Recipe	2 packets	4	3.38
Milk 1% White	Carton	2	16.0
Milk Choc FF TR	Carton	2	21.0
Weighted Daily Average % of Calories			117.01 61.0%
Nutrient Guideline			

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Base Menu Spreadsheet

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Portion Values - Detailed

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Generated on: 9/1/2021 12:51:53 PM

	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 09/07/2021</b>			
High School Lunch	Total	9	
Orange Chick With Rice	3.6 oz	1	37.5
Ck Chili Thai With White Rice	servings	1	54.65
Bbq Pork Rib Sand	1 each	1	42.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Spicy Chicken Wrap	1 Each	1	57.77
Yogurt Parfait Lunch	1 Each	1	64.91
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	5	14.0
Broccoli and Carrot Mix	1/2 Cup	5	5.2
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Salad Small Mixed Greens TR	1 cup	5	2.23
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average % of Calories			109.68 64.1%
Nutrient Guideline			

<b>Wed - 09/08/2021</b>			
High School Lunch	Total	9	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Chicken Spicy Tenders&Goldfish	3 Piece	1	31.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Chef Salad Chicken & SunChips	1 each	1	39.45
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Yogurt - Variety Flavors	4 oz	1	14.0
Seasoned Potato Wedges	2.89 oz	5	20.0
Salad Small Mixed Greens TR	1 cup	5	2.23
Subgroup Cup	serving	5	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			114.51 60.1%
Nutrient Guideline			

Thu - 09/09/2021			
High School Lunch	Total	10	
Beef Cheeseburger W/Bun 21/22	1 Each	1	31.6
Burrito Bean & Cheese Los Cabo	1 each	1	40.86
Chicken & Cheese Burrito Tr	1 each	1	33.0
Beef, Bean & Cheese Burrito	1 each	1	56.01
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Spicy Chicken Wrap	1 Each	1	57.77
Yogurt Parfait Lunch	1 Each	1	64.91
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	6	14.0
Carrots Fresh Baby (1/2 C Bag)	Bag	6	6.08
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	6	2.82
Juice 100% Fruit 4.23 Oz Asst.	1 Each	6	14.83
Fruit Choice (Fresh)	1 Each	6	18.59
Fruit Choice (Canned)	1/2 cup	6	23.22
Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average % of Calories			120.66 64.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
<b>Fri - 09/10/2021</b>			
High School Lunch	Total	7	
Papa Murphys Cheese	Slice	1	32.6
Papa Murphys Pepperoni - pork	1 Slice	1	32.5
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	4	20.0
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Green Beans, Red Sodium TR	1/2 cup	4	3.0
Salad Small Mixed Greens TR	1 cup	4	2.23
Subgroup Cup	serving	4	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	4	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	4	14.83
Fruit Choice (Fresh)	1 Each	4	18.59
Fruit Choice (Canned)	1/2 cup	4	23.22
Condiment Recipe	2 packets	4	3.38
Milk 1% White	Carton	2	16.0
Milk Choc FF TR	Carton	2	21.0
Weighted Daily Average			117.01
% of Calories			61.0%
Nutrient Guideline			

<b>Mon - 09/13/2021</b>			
High School Lunch	Total	10	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Spicy Chicken Sandwich	1 each	1	47.0
Chicken Sandwich PK-12	1 each	1	45.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	6	20.0
Corn Canned, TR	1/2 cup	6	15.63
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
Juice 100% Fruit 4.23 Oz Asst.	1 Each	6	14.83
Fruit Choice (Fresh)	1 Each	6	18.59
Fruit Choice (Canned)	1/2 cup	6	23.22
Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			123.05
% of Calories			61.8%
Nutrient Guideline			

Tue - 09/14/2021			
High School Lunch	Total	9	
Orange Chick With Rice	3.6 oz	1	37.5
Ck Chili Thai With White Rice	servings	1	54.65
Bbq Pork Rib Sand	1 each	1	42.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Spicy Chicken Wrap	1 Each	1	57.77
Yogurt Parfait Lunch	1 Each	1	64.91
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	5	14.0
Broccoli and Carrot Mix	1/2 Cup	5	5.2
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Salad Small Mixed Greens TR	1 cup	5	2.23
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
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Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			109.68
% of Calories			64.1%
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Page 7

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	Portion Size	Reimb Qty	Carb (g)
Wed - 09/15/2021			
High School Lunch	Total	9	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Chicken Spicy Tenders&Goldfish	3 Piece	1	31.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Chef Salad Chicken & SunChips	1 each	1	39.45
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Yogurt - Variety Flavors	4 oz	1	14.0
Seasoned Potato Wedges	2.89 oz	5	20.0
Salad Small Mixed Greens TR	1 cup	5	2.23
Subgroup Cup	-serving	5	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
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Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			114.51
% of Calories			60.1%
Nutrient Guideline			

Thu - 09/16/2021			
High School Lunch	Total	10	
Beef Cheeseburger W/Bun 21/22	1 Each	1	31.6
Burrito Bean & Cheese Los Cabo	1 each	1	40.86
Chicken & Cheese Burrito Tr	1 each	1	33.0
Beef, Bean & Cheese Burrito	1 each	1	56.01
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Nutrient Guideline			

Fri - 09/17/2021			
High School Lunch	Total	7	
Papa Murphys Cheese	Slice	1	32.6
Papa Murphys Pepperoni - pork	1 Slice	1	32.5
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
PB&J Meal	1 each	1	49.91
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Cheese stick mozzarella	1 OZ	1	1.0
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Green Beans, Red Sodium TR	1/2 cup	4	3.0
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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 09/20/2021</b>			
High School Lunch	Total	10	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Spicy Chicken Sandwich	1 each	1	47.0
Chicken Sandwich PK-12	1 each	1	45.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	6	20.0
Corn Canned, TR	1/2 cup	6	15.63
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
Juice 100% Fruit 4.23 Oz Asst.	1 Each	6	14.83
Fruit Choice (Fresh)	1 Each	6	18.59
Fruit Choice (Canned)	1/2 cup	6	23.22
Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			123.05
% of Calories			61.8%
Nutrient Guideline			

<b>Tue - 09/21/2021</b>			
High School Lunch	Total	9	
Orange Chick With Rice	3.6 oz	1	37.5
Ck Chili Thai With White Rice	servings	1	54.65
Bbq Pork Rib Sand	1 each	1	42.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Spicy Chicken Wrap	1 Each	1	57.77
Yogurt Parfait Lunch	1 Each	1	64.91
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	5	14.0
Broccoli and Carrot Mix	1/2 Cup	5	5.2
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Salad Small Mixed Greens TR	1 cup	5	2.23
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0

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# Twin Rivers Unified School District

Sep 1, 2021 thru Sep 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			109.68 64.1%
Nutrient Guideline			

Wed - 09/22/2021			
High School Lunch	Total	9	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Chicken Spicy Tenders&Goldfish	3 Piece	1	31.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Chef Salad Chicken & SunChips	1 each	1	39.45
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Yogurt - Variety Flavors	4 oz	1	14.0
Seasoned Potato Wedges	2.89 oz	5	20.0
Salad Small Mixed Greens TR	1 cup	5	2.23
Subgroup Cup	serving	5	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average % of Calories			114.51 60.1%
Nutrient Guideline			

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# Twin Rivers Unified School District

Sep 1, 2021 thru Sep 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/23/2021			
High School Lunch	Total	10	
Beef Cheeseburger W/Bun 21/22	1 Each	1	31.6
Burrito Bean & Cheese Los Cabo	1 each	1	40.86
Chicken & Cheese Burrito Tr	1 each	1	33.0
Beef, Bean & Cheese Burrito	1 each	1	56.01
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Spicy Chicken Wrap	1 Each	1	57.77
Yogurt Parfait Lunch	1 Each	1	64.91
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	6	14.0
Carrots Fresh Baby (1/2 C Bag)	Bag	6	6.08
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	6	2.82
Juice 100% Fruit 4.23 Oz Asst.	1 Each	6	14.83
Fruit Choice (Fresh)	1 Each	6	18.59
Fruit Choice (Canned)	1/2 cup	6	23.22
Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			120.66
% of Calories			64.0%
Nutrient Guideline			

Fri - 09/24/2021			
High School Lunch	Total	7	
Papa Murphys Cheese	Slice	1	32.6
Papa Murphys Pepperoni - pork	1 Slice	1	32.5
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	4	20.0
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Green Beans, Red Sodium TR	1/2 cup	4	3.0
Salad Small Mixed Greens TR	1 cup	4	2.23
Subgroup Cup	serving	4	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	4	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	4	14.83
Fruit Choice (Fresh)	1 Each	4	18.59
Fruit Choice (Canned)	1/2 cup	4	23.22
Condiment Recipe	2 packets	4	3.38
Milk 1% White	Carton	2	16.0
Milk Choc FF TR	Carton	2	21.0

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# Twin Rivers Unified School District

Sep 1, 2021 thru Sep 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			117.01
% of Calories			61.0%
Nutrient Guideline			

Mon - 09/27/2021			
High School Lunch	Total	10	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Spicy Chicken Sandwich	1 each	1	47.0
Chicken Sandwich PK-12	1 each	1	45.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	6	20.0
Corn Canned, TR	1/2 cup	6	15.63
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
Juice 100% Fruit 4.23 Oz Asst.	1 Each	6	14.83
Fruit Choice (Fresh)	1 Each	6	18.59
Fruit Choice (Canned)	1/2 cup	6	23.22
Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			123.05
% of Calories			61.8%
Nutrient Guideline			

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# Twin Rivers Unified School District

Sep 1, 2021 thru Sep 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 09/28/2021</b>			
High School Lunch	Total	9	
Orange Chick With Rice	3.6 oz	1	37.5
Ck Chili Thai With White Rice	servings	1	54.65
Bbq Pork Rib Sand	1 each	1	42.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Spicy Chicken Wrap	1 Each	1	57.77
Yogurt Parfait Lunch	1 Each	1	64.91
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	5	14.0
Broccoli and Carrot Mix	1/2 Cup	5	5.2
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Salad Small Mixed Greens TR	1 cup	5	2.23
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average % of Calories			109.68 64.1%
Nutrient Guideline			

<b>Wed - 09/29/2021</b>			
High School Lunch	Total	9	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Chicken Spicy Tenders&Goldfish	3 Piece	1	31.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Chef Salad Chicken & SunChips	1 each	1	39.45
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Yogurt - Variety Flavors	4 oz	1	14.0
Seasoned Potato Wedges	2.89 oz	5	20.0
Salad Small Mixed Greens TR	1 cup	5	2.23
Subgroup Cup	serving	5	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0

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# Twin Rivers Unified School District

Sep 1, 2021 thru Sep 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 14

Generated on: 9/1/2021 12:51:53 PM

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			114.51
% of Calories			60.1%
Nutrient Guideline			

Thu - 09/30/2021			
High School Lunch	Total	10	
Beef Cheeseburger W/Bun 21/22	1 Each	1	31.6
Burrito Bean & Cheese Los Cabo	1 each	1	40.86
Chicken & Cheese Burrito Tr	1 each	1	33.0
Beef, Bean & Cheese Burrito	1 each	1	56.01
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Spicy Chicken Wrap	1 Each	1	57.77
Yogurt Parfait Lunch	1 Each	1	64.91
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	6	14.0
Carrots Fresh Baby (1/2 C Bag)	Bag	6	6.08
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	6	2.82
Juice 100% Fruit 4.23 Oz Asst.	1 Each	6	14.83
Fruit Choice (Fresh)	1 Each	6	18.59
Fruit Choice (Canned)	1/2 cup	6	23.22
Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			120.66
% of Calories			64.0%
Nutrient Guideline			

Weighted Average			116.75
			62.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	116.75	62.13%						

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