

Twin Rivers Unified School District

Sep 1, 2021 thru Sep 30, 2021

Base Menu Spreadsheet

Middle & High Breakfast

Portion Values - Detailed

Page 1

Generated on: 9/1/2021 12:51:23 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 09/01/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Coffee Cake, WG TR	1 each	1	44.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			89.01
% of Calories			72.0%
Nutrient Guideline			

Thu - 09/02/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Breakfast Burrito	1 Each	1	38.0
Mini Dusters WG IW TR 18/19	package	1	52.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			94.01
% of Calories			67.8%
Nutrient Guideline			

Fri - 09/03/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			89.72
% of Calories			78.6%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Page 2

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/07/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
French Toast Sticks,M&H	4 each	1	57.33
Yogurt Parfait Brk	1 Each	1	47.0
Syrup Maple TR	1 each	1	20.4
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			105.59
% of Calories			80.5%
Nutrient Guideline			

Wed - 09/08/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Coffee Cake, WG TR	1 each	1	44.0
Fruit Choice (Fresh)	1 Each	2	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			87.47
% of Calories			71.5%
Nutrient Guideline			

Thu - 09/09/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Breakfast Burrito	1 Each	1	38.0
Mini Dusters WG IW TR 18/19	package	1	52.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			94.01
% of Calories			67.8%
Nutrient Guideline			

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Page 3

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	Portion Size	Reimb Qty	Carb (g)
Fri - 09/10/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			89.72
% of Calories			78.6%
Nutrient Guideline			

Mon - 09/13/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Breakfast Bun Cinnamon Roll	1 each	1	38.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	1	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			89.51
% of Calories			76.2%
Nutrient Guideline			

Tue - 09/14/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
French Toast Sticks,M&H	4 each	1	57.33
Yogurt Parfait Brk	1 Each	1	47.0
Syrup Maple TR	1 each	1	20.4
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			105.59
% of Calories			80.5%
Nutrient Guideline			

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Page 4

Generated on: 9/1/2021 12:51:23 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 09/15/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Coffee Cake, WG TR	1 each	1	44.0
Fruit Choice (Fresh)	1 Each	2	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			87.47
% of Calories			71.5%
Nutrient Guideline			

Thu - 09/16/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Breakfast Burrito	1 Each	1	38.0
Mini Dusters WG IW TR 18/19	package	1	52.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			94.01
% of Calories			67.8%
Nutrient Guideline			

Fri - 09/17/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			89.72
% of Calories			78.6%
Nutrient Guideline			

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Page 5

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	Portion Size	Reimb Qty	Carb (g)
Mon - 09/20/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Breakfast Bun Cinnamon Roll	1 each	1	38.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	1	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			89.51
% of Calories			76.2%
Nutrient Guideline			

Tue - 09/21/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
French Toast Sticks,M&H	4 each	1	57.33
Yogurt Parfait Brk	1 Each	1	47.0
Syrup Maple TR	1 each	1	20.4
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			105.30
% of Calories			80.5%
Nutrient Guideline			

Wed - 09/22/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Coffee Cake, WG TR	1 each	1	44.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			89.01
% of Calories			72.0%
Nutrient Guideline			

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Page 6

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/23/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Breakfast Burrito	1 Each	1	38.0
Mini Dusters WG IW TR 18/19	package	1	52.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			94.01
% of Calories			67.8%
Nutrient Guideline			

Fri - 09/24/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			89.72
% of Calories			78.6%
Nutrient Guideline			

Mon - 09/27/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Breakfast Bun Cinnamon Roll	1 each	1	38.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	1	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			89.51
% of Calories			76.2%
Nutrient Guideline			

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Page 7

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/28/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
French Toast Sticks,M&H	4 each	1	57.33
Yogurt Parfait Brk	1 Each	1	47.0
Syrup Maple TR	1 each	1	20.4
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			105.30
% of Calories			80.5%
Nutrient Guideline			

Wed - 09/29/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Coffee Cake, WG TR	1 each	1	44.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			89.01
% of Calories			72.0%
Nutrient Guideline			

Thu - 09/30/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Breakfast Burrito	1 Each	1	38.0
Mini Dusters WG IW TR 18/19	package	1	52.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			94.01
% of Calories			67.8%
Nutrient Guideline			

Weighted Average			93.39
			74.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	93.39	74.25%						

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