

Twin Rivers Unified School District

Sep 1, 2021 thru Sep 30, 2021

Base Menu Spreadsheet

Elem K-8 Breakfast

Portion Values - Detailed

Page 1

Generated on: 9/1/2021 12:50:22 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 09/01/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	1	23.72
Yogurt - Variety Flavors	4 oz	1	14.0
Applesauce Cup, Unsweetened TR	1 Each	1	14.0
Fruit Choice (Fresh)	1 Each	1	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			100.31
% of Calories			77.4%
Nutrient Guideline			

Thu - 09/02/2021			
Elem K-8 Breakfast	Total	1	
Chicken Breakfast Biscuit Sand	3.5 oz Sandwich	1	31.0
Fruit, Canned, Peaches Diced	1/2 CUP	1	17.0
Fruit Choice (Fresh)	1 Each	1	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			96.59
% of Calories			63.0%
Nutrient Guideline			

Fri - 09/03/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	1	23.72
Muffins WG Variety 1BE	1 each	1	23.33
Fresh Orange Wedged 138 cnt	1 Each	1	15.39
Fruit Choice (Fresh)	1 Each	1	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			111.03
% of Calories			73.6%
Nutrient Guideline			

Tue - 09/07/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	2	23.72
Muffins WG Variety 1BE	1 each	2	23.33
Fruit, Canned, Pears Diced	1/2 cup	2	16.0
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			193.28
% of Calories			78.6%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Carb (g)
Wed - 09/08/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	2	23.72
Yogurt - Variety Flavors	4 oz	2	14.0
Applesauce Cup, Unsweetened TR	1 Each	2	14.0
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			170.61
% of Calories			83.6%
Nutrient Guideline			

Thu - 09/09/2021			
Elem K-8 Breakfast	Total	1	
Breakfast Bun Cinnamon Roll	1 each	2	38.0
Fresh Orange Wedged 138 cnt	1 Each	2	15.39
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			173.96
% of Calories			71.7%
Nutrient Guideline			

Fri - 09/10/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	2	23.72
Muffins WG Variety 1BE	1 each	2	23.33
Fresh Apple Slices	1/2 c -6 slices	2	9.07
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			179.42
% of Calories			77.8%
Nutrient Guideline			

Mon - 09/13/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	2	23.72
Muffins WG Variety 1BE	1 each	2	23.33
Applesauce Cup, Unsweetened TR	1 Each	2	14.0
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			189.28
% of Calories			78.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/14/2021			
Elem K-8 Breakfast	Total	1	
Fruity Breakfast Bread	12 x 6 portions	2	28.3
Turkey Canadian Ham Brk	2 Slices	2	0.0
Fresh Orange Wedged 138 cnt	1 Each	2	15.39
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			154.56
% of Calories			67.5%
Nutrient Guideline			

Wed - 09/15/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	2	23.72
Yogurt - Variety Flavors	4 oz	2	14.0
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			172.28
% of Calories			82.4%
Nutrient Guideline			

Thu - 09/16/2021			
Elem K-8 Breakfast	Total	1	
Turkey Sausage BK Pizza	1 Each	2	31.0
Fruit, Canned, Pears Diced	1/2 cup	2	16.0
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			161.18
% of Calories			66.7%
Nutrient Guideline			

Fri - 09/17/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	2	23.72
Muffins WG Variety 1BE	1 each	2	23.33
Fruit, Canned, Peaches Diced	1/2 CUP	2	17.0
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			195.28
% of Calories			77.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 09/20/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	2	23.72
Muffins WG Variety 1BE	1 each	2	23.33
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			190.95
% of Calories			77.7%
Nutrient Guideline			

Tue - 09/21/2021			
Elem K-8 Breakfast	Total	1	
Chicken Pancake Bites	5 Pieces	2	17.0
Applesauce Cup, Unsweetened TR	1 Each	2	14.0
Fruit Choice (Fresh)	1 Each	2	18.59
Syrup Maple TR	1 each	2	20.4
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			169.97
% of Calories			63.7%
Nutrient Guideline			

Wed - 09/22/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	2	23.72
Yogurt - Variety Flavors	4 oz	2	14.0
Fruit, Canned, Peaches Diced	1/2 CUP	2	17.0
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			176.61
% of Calories			82.5%
Nutrient Guideline			

Thu - 09/23/2021			
Elem K-8 Breakfast	Total	1	
Scone Fresh Baked, asst flavor	1 each	2	50.0
Fresh Orange Wedged 138 cnt	1 Each	2	15.39
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			197.96
% of Calories			76.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 09/24/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	2	23.72
Muffins WG Variety 1BE	1 each	2	23.33
Fruit, Canned, Mixed	1/2 cup	2	17.29
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			195.85
% of Calories			77.0%
Nutrient Guideline			

Mon - 09/27/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	2	23.72
Muffins WG Variety 1BE	1 each	2	23.33
Fruit Cup Nu Health	1 each	2	17.5
Fruit Choice (Fresh)	1 Each	2	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			196.28
% of Calories			77.5%
Nutrient Guideline			

Tue - 09/28/2021			
Elem K-8 Breakfast	Total	1	
Pancakes, Mini assorted flavor	Pouch	2	36.67
Fresh Apple Slices	1/2 c -6 slices	2	9.07
Fruit Choice (Fresh)	1 Each	2	18.59
Syrup Maple TR	1 each	2	20.4
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			199.45
% of Calories			78.8%
Nutrient Guideline			

Wed - 09/29/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	1	23.72
Yogurt - Variety Flavors	4 oz	1	14.0
Applesauce Cup, Unsweetened TR	1 Each	1	14.0
Fruit Choice (Fresh)	1 Each	1	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			100.31
% of Calories			77.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/30/2021			
Elem K-8 Breakfast	Total	1	
Beef Maple Sandwich BF IW	1 ea	1	26.34
Fruit, Canned, Peaches Diced	1/2 CUP	1	17.0
Fruit Choice (Fresh)	1 Each	1	18.59
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			91.93
% of Calories			66.2%
Nutrient Guideline			

Weighted Average			162.72
			75.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	162.72	75.23%						

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