

Twin Rivers Unified School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Middle School Lunch 600-650

Portion Values - Detailed

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Generated on: 10/1/2021 7:32:49 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 10/01/2021			
Middle School Lunch 600-65	Total	7	
Papa Murphys Cheese	Slice	1	32.6
Papa Murphys Pepperoni - pork	1 Slice	1	32.5
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	4	20.0
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Green Beans, Red Sodium TR	1/2 cup	4	3.0
Salad Small Mixed Greens TR	1 cup	4	2.23
Subgroup Cup	serving	4	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	4	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	4	14.83
Fruit Choice (Fresh)	1 Each	4	18.59
Fruit Choice (Canned)	1/2 cup	4	23.22
Condiment Recipe	2 packets	4	3.38
Milk 1% White	Carton	2	16.0
Milk Choc FF TR	Carton	2	21.0
Weighted Daily Average % of Calories			117.01 61.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Mon - 10/04/2021			
Middle School Lunch 600-65	Total	10	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Beef Cheeseburger W/Bun 21/22	1 Each	1	31.6
Chicken Mish Mash Bowl	Bowl	1	51.85
Cracker, Goldfish	bag	1	14.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
Yogurt - Variety Flavors	4 oz	1	14.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	6	20.0
Corn Canned, TR	1/2 cup	6	15.63
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
Juice 100% Fruit 4.23 Oz Asst.	1 Each	6	14.83
Fruit Choice (Fresh)	1 Each	6	18.59
Fruit Choice (Canned)	1/2 cup	6	23.22
Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average % of Calories			113.42 64.4%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Portion Values - Detailed

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Generated on: 10/1/2021 7:32:49 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 10/05/2021			
Middle School Lunch 600-65	Total	9	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Spicy Chicken Sandwich	1 each	1	47.0
Chicken Sandwich PK-12	1 each	1	45.0
Beef Chili Beans w/tort chips	serving	1	66.03
Spicy Chicken Wrap	1 Each	1	57.77
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	5	14.0
Broccoli and Carrot Mix	1/2 Cup	5	5.2
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Green Beans, Red Sodium TR	1/2 cup	5	3.0
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			109.68
% of Calories			58.7%
Nutrient Guideline			

Wed - 10/06/2021			
Middle School Lunch 600-65	Total	9	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Beef Nachos	1 Each	1	49.75
Chicken Sandwich PK-12	1 each	1	45.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad Chicken & SunChips	1 each	1	39.45
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	5	20.0
Beans, Refried, Vegetarian	1/2 Cup	5	29.54
Carrots Fresh Baby (1/2 C Bag)	Bag	1	6.08
Subgroup Cup	serving	5	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			128.68 60.8%
Nutrient Guideline			

Thu - 10/07/2021			
Middle School Lunch 600-65	Total	10	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Beef Cheeseburger W/Bun 21/22	1 Each	1	31.6
Chick Drumstick W/Biscuit	1 each	1	32.0
Mashed Potatoes w/Gravy	1/2 c	1	24.3
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Spicy Chicken Wrap	1 Each	1	57.77
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	6	14.0
Green Beans, Red Sodium TR	1/2 cup	6	3.0
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	6	2.82
Juice 100% Fruit 4.23 Oz Asst.	1 Each	6	14.83
Fruit Choice (Fresh)	1 Each	6	18.59
Fruit Choice (Canned)	1/2 cup	6	23.22
Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average % of Calories			108.68 61.4%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 10/08/2021			
Middle School Lunch 600-65	Total	7	
Papa Murphys Cheese	Slice	1	32.6
Papa Murphys Pepperoni - pork	1 Slice	1	32.5
Beef Soft Taco	2.71 oz	1	32.5
Tomato Bisque Soup	1 cup	1	38.35
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
Yogurt - Variety Flavors	4 oz	1	14.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	4	20.0
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Green Beans, Red Sodium TR	1/2 cup	4	3.0
Salad Small Mixed Greens TR	1 cup	4	2.23
Subgroup Cup	serving	4	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	4	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	4	14.83
Fruit Choice (Fresh)	1 Each	4	18.59
Fruit Choice (Canned)	1/2 cup	4	23.22
Condiment Recipe	2 packets	4	3.38
Milk 1% White	Carton	2	16.0
Milk Choc FF TR	Carton	2	21.0
Weighted Daily Average			117.43
% of Calories			61.2%
Nutrient Guideline			

Mon - 10/11/2021			
Middle School Lunch 600-65	Total	10	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Beef Cheeseburger W/Bun 21/22	1 Each	1	31.6
Chicken Mish Mash Bowl	Bowl	1	51.85
Cracker, Goldfish	bag	1	14.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
Yogurt - Variety Flavors	4 oz	1	14.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	6	20.0
Corn Canned, TR	1/2 cup	6	15.63
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
Juice 100% Fruit 4.23 Oz Asst.	1 Each	6	14.83
Fruit Choice (Fresh)	1 Each	6	18.59
Fruit Choice (Canned)	1/2 cup	6	23.22
Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			113.42 64.4%
Nutrient Guideline			

Tue - 10/12/2021			
Middle School Lunch 600-65	Total	9	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Spicy Chicken Sandwich	1 each	1	47.0
Chicken Sandwich PK-12	1 each	1	45.0
Beef Chili Beans w/tort chips	serving	1	66.03
Spicy Chicken Wrap	1 Each	1	57.77
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	5	14.0
Broccoli and Carrot Mix	1/2 Cup	5	5.2
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Green Beans, Red Sodium TR	1/2 cup	5	3.0
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average % of Calories			109.68 58.7%
Nutrient Guideline			

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Middle School Lunch 600-650

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/13/2021			
Middle School Lunch 600-65	Total	9	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Beef Nachos	1 Each	1	49.75
Chicken Sandwich PK-12	1 each	1	45.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad Chicken & SunChips	1 each	1	39.45
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	5	20.0
Beans, Refried, Vegetarian	1/2 Cup	5	29.54
Carrots Fresh Baby (1/2 C Bag)	Bag	1	6.08
Subgroup Cup	serving	5	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average % of Calories			128.68 60.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 10/14/2021			
Middle School Lunch 600-65	Total	10	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Beef Cheeseburger W/Bun 21/22	1 Each	1	31.6
Chick Drumstick W/Biscuit	1 each	1	32.0
Mashed Potatoes w/Gravy	1/2 c	1	24.3
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Spicy Chicken Wrap	1 Each	1	57.77
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	6	14.0
Green Beans, Red Sodium TR	1/2 cup	6	3.0
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
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Portion Values - Detailed

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Generated on: 10/1/2021 7:32:49 AM

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			108.68
% of Calories			61.4%
Nutrient Guideline			

Fri - 10/15/2021			
Middle School Lunch 600-65	Total	7	
Papa Murphys Cheese	Slice	1	32.6
Papa Murphys Pepperoni - pork	1 Slice	1	32.5
Beef Soft Taco	2.71 oz	1	32.5
Tomato Bisque Soup	1 cup	1	38.35
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
Yogurt - Variety Flavors	4 oz	1	14.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	4	20.0
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Green Beans, Red Sodium TR	1/2 cup	4	3.0
Salad Small Mixed Greens TR	1 cup	4	2.23
Subgroup Cup	serving	4	22.17
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Fruit Choice (Fresh)	1 Each	4	18.59
Fruit Choice (Canned)	1/2 cup	4	23.22
Condiment Recipe	2 packets	4	3.38
Milk 1% White	Carton	2	16.0
Milk Choc FF TR	Carton	2	21.0
Weighted Daily Average			117.43
% of Calories			61.2%
Nutrient Guideline			

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Generated on: 10/1/2021 7:32:49 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 10/18/2021			
Middle School Lunch 600-65	Total	10	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Beef Cheeseburger W/Bun 21/22	1 Each	1	31.6
Chicken Mish Mash Bowl	Bowl	1	51.85
Cracker, Goldfish	bag	1	14.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
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Cheese Stick, Cheddar	1 each	1	0.0
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Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			113.42
% of Calories			64.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 10/19/2021			
Middle School Lunch 600-65	Total	9	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Spicy Chicken Sandwich	1 each	1	47.0
Chicken Sandwich PK-12	1 each	1	45.0
Beef Chili Beans w/tort chips	serving	1	66.03
Spicy Chicken Wrap	1 Each	1	57.77
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	5	14.0
Broccoli and Carrot Mix	1/2 Cup	5	5.2
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Green Beans, Red Sodium TR	1/2 cup	5	3.0
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Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			109.68
% of Calories			58.7%
Nutrient Guideline			

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Wed - 10/20/2021			
Middle School Lunch 600-65	Total	9	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Beef Nachos	1 Each	1	49.75
Chicken Sandwich PK-12	1 each	1	45.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad Chicken & SunChips	1 each	1	39.45
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	5	20.0
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Subgroup Cup	serving	5	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			128.68
% of Calories			60.8%
Nutrient Guideline			

Thu - 10/21/2021			
Middle School Lunch 600-65	Total	10	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Beef Cheeseburger W/Bun 21/22	1 Each	1	31.6
Chick Drumstick W/Biscuit	1 each	1	32.0
Mashed Potatoes w/Gravy	1/2 c	1	24.3
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Spicy Chicken Wrap	1 Each	1	57.77
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	6	14.0
Green Beans, Red Sodium TR	1/2 cup	6	3.0
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	6	2.82
Juice 100% Fruit 4.23 Oz Asst.	1 Each	6	14.83
Fruit Choice (Fresh)	1 Each	6	18.59
Fruit Choice (Canned)	1/2 cup	6	23.22
Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0

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Twin Rivers Unified School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Middle School Lunch 600-650

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			108.68
% of Calories			61.4%
Nutrient Guideline			

Fri - 10/22/2021			
Middle School Lunch 600-65	Total	7	
Papa Murphys Cheese	Slice	1	32.6
Papa Murphys Pepperoni - pork	1 Slice	1	32.5
Beef Soft Taco	2.71 oz	1	32.5
Tomato Bisque Soup	1 cup	1	38.35
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
Yogurt - Variety Flavors	4 oz	1	14.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	4	20.0
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Green Beans, Red Sodium TR	1/2 cup	4	3.0
Salad Small Mixed Greens TR	1 cup	4	2.23
Subgroup Cup	serving	4	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	4	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	4	14.83
Fruit Choice (Fresh)	1 Each	4	18.59
Fruit Choice (Canned)	1/2 cup	4	23.22
Condiment Recipe	2 packets	4	3.38
Milk 1% White	Carton	2	16.0
Milk Choc FF TR	Carton	2	21.0
Weighted Daily Average			117.43
% of Calories			61.2%
Nutrient Guideline			

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Twin Rivers Unified School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Middle School Lunch 600-650

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 10/25/2021			
Middle School Lunch 600-65	Total	10	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Beef Cheeseburger W/Bun 21/22	1 Each	1	31.6
Chicken Mish Mash Bowl	Bowl	1	51.85
Cracker, Goldfish	bag	1	14.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
Yogurt - Variety Flavors	4 oz	1	14.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	6	20.0
Corn Canned, TR	1/2 cup	6	15.63
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
Juice 100% Fruit 4.23 Oz Asst.	1 Each	6	14.83
Fruit Choice (Fresh)	1 Each	6	18.59
Fruit Choice (Canned)	1/2 cup	6	23.22
Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			113.42
% of Calories			64.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 10/26/2021			
Middle School Lunch 600-65	Total	9	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Spicy Chicken Sandwich	1 each	1	47.0
Chicken Sandwich PK-12	1 each	1	45.0
Beef Chili Beans w/tort chips	serving	1	66.03
Spicy Chicken Wrap	1 Each	1	57.77
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	5	14.0
Broccoli and Carrot Mix	1/2 Cup	5	5.2
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Green Beans, Red Sodium TR	1/2 cup	5	3.0
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			109.68
% of Calories			58.7%
Nutrient Guideline			

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Twin Rivers Unified School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Middle School Lunch 600-650

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/27/2021			
Middle School Lunch 600-65	Total	9	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Beef Nachos	1 Each	1	49.75
Chicken Sandwich PK-12	1 each	1	45.0
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad Chicken & SunChips	1 each	1	39.45
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese Stick, Cheddar	1 each	1	0.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	5	20.0
Beans, Refried, Vegetarian	1/2 Cup	5	29.54
Carrots Fresh Baby (1/2 C Bag)	Bag	1	6.08
Subgroup Cup	serving	5	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	5	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	5	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	5	14.83
Fruit Choice (Fresh)	1 Each	5	18.59
Fruit Choice (Canned)	1/2 cup	5	23.22
Condiment Recipe	2 packets	5	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0
Weighted Daily Average			128.68
% of Calories			60.8%
Nutrient Guideline			

Thu - 10/28/2021			
Middle School Lunch 600-65	Total	10	
Pizza, Cheese Big Daddy's	Slice	1	36.0
Pizza, Pepp Big Daddy's	Slice	1	35.0
Beef Cheeseburger W/Bun 21/22	1 Each	1	31.6
Chick Drumstick W/Biscuit	1 each	1	32.0
Mashed Potatoes w/Gravy	1/2 c	1	24.3
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Spicy Chicken Wrap	1 Each	1	57.77
PB&J Meal	1 each	1	49.91
PB & J Jamwich 1B 1M	1 each	1	32.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Potato French Fries	1/2 cup	6	14.0
Green Beans, Red Sodium TR	1/2 cup	6	3.0
Salad Small Mixed Greens TR	1 cup	6	2.23
Subgroup Cup	serving	6	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	6	2.82
Juice 100% Fruit 4.23 Oz Asst.	1 Each	6	14.83
Fruit Choice (Fresh)	1 Each	6	18.59
Fruit Choice (Canned)	1/2 cup	6	23.22
Condiment Recipe	2 packets	6	3.38
Milk 1% White	Carton	3	16.0
Milk Choc FF TR	Carton	3	21.0

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Twin Rivers Unified School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Middle School Lunch 600-650

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			108.68
% of Calories			61.4%
Nutrient Guideline			

Fri - 10/29/2021			
Middle School Lunch 600-65	Total	7	
Papa Murphys Cheese	Slice	1	32.6
Papa Murphys Pepperoni - pork	1 Slice	1	32.5
Beef Soft Taco	2.71 oz	1	32.5
Tomato Bisque Soup	1 cup	1	38.35
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Chef Salad w/Trky Ham & Chips	1 Each	1	38.7
Yogurt Cheese & Cracker Meal	1 Each	1	31.0
Yogurt - Variety Flavors	4 oz	1	14.0
Cheese stick mozzarella	1 OZ	1	1.0
Grain 1G Items Assort Lunch	1 Each	1	16.91
Seasoned Potato Wedges	2.89 oz	4	20.0
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Green Beans, Red Sodium TR	1/2 cup	4	3.0
Salad Small Mixed Greens TR	1 cup	4	2.23
Subgroup Cup	serving	4	22.17
Lettuce Shreds & Diced Tomato	3/4 Cup	4	2.82
Carrots Fresh Baby (1/2 C Bag)	Bag	4	6.08
Juice 100% Fruit 4.23 Oz Asst.	1 Each	4	14.83
Fruit Choice (Fresh)	1 Each	4	18.59
Fruit Choice (Canned)	1/2 cup	4	23.22
Condiment Recipe	2 packets	4	3.38
Milk 1% White	Carton	2	16.0
Milk Choc FF TR	Carton	2	21.0
Weighted Daily Average			117.43
% of Calories			61.2%
Nutrient Guideline			

Weighted Average			115.64
			61.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	115.64	61.25%						

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