

Twin Rivers Unified School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Middle & High Breakfast

Portion Values - Detailed

Page 1

Generated on: 10/1/2021 7:32:18 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 10/01/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			89.72
% of Calories			78.6%
Nutrient Guideline			

Mon - 10/04/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
French Toast Sticks,M&H	4 each	1	57.33
Mini Dusters WG IW TR 18/19	package	1	52.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	1	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			113.29
% of Calories			73.9%
Nutrient Guideline			

Tue - 10/05/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Breakfast Bowl & Eng Muffin	1 Each	1	21.0
Breakfast Bun Cinnamon Roll	1 each	1	38.0
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			99.34
% of Calories			72.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/06/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Coffee Cake, WG TR	1 each	1	44.0
Beef Maple Sandwich BF IW	1 ea	1	26.34
Fruit Choice (Fresh)	1 Each	2	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			96.25
% of Calories			69.6%
Nutrient Guideline			

Thu - 10/07/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Breakfast Burrito	1 Each	1	38.0
Fruity Bfast Bread	1 each	1	42.22
Chicken Sausage Patty TR 18/19	1 ea	1	1.0
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			106.75
% of Calories			66.4%
Nutrient Guideline			

Fri - 10/08/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
French Toast Sticks,M&H	4 each	1	57.33
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			108.83
% of Calories			75.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 10/11/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
French Toast Sticks,M&H	4 each	1	57.33
Mini Dusters WG IW TR 18/19	package	1	52.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	1	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			113.29
% of Calories			73.9%
Nutrient Guideline			

Tue - 10/12/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Breakfast Bowl & Eng Muffin	1 Each	1	21.0
Breakfast Bun Cinnamon Roll	1 each	1	38.0
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			99.34
% of Calories			72.5%
Nutrient Guideline			

Wed - 10/13/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Coffee Cake, WG TR	1 each	1	44.0
Beef Maple Sandwich BF IW	1 ea	1	26.34
Fruit Choice (Fresh)	1 Each	2	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			96.25
% of Calories			69.6%
Nutrient Guideline			

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Generated on: 10/1/2021 7:32:18 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 10/14/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Breakfast Burrito	1 Each	1	38.0
Fruity Bfast Bread	1 each	1	42.22
Chicken Sausage Patty TR 18/19	1 ea	1	1.0
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			106.75
% of Calories			66.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 10/15/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
French Toast Sticks,M&H	4 each	1	57.33
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			108.83
% of Calories			75.5%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Mon - 10/18/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
French Toast Sticks,M&H	4 each	1	57.33
Mini Dusters WG IW TR 18/19	package	1	52.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	1	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			113.29
% of Calories			73.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 10/19/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Breakfast Bowl & Eng Muffin	1 Each	1	21.0
Breakfast Bun Cinnamon Roll	1 each	1	38.0
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			99.34
% of Calories			72.5%
Nutrient Guideline			

Wed - 10/20/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Coffee Cake, WG TR	1 each	1	44.0
Beef Maple Sandwich BF IW	1 ea	1	26.34
Fruit Choice (Fresh)	1 Each	2	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			96.25
% of Calories			69.6%
Nutrient Guideline			

Thu - 10/21/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Breakfast Burrito	1 Each	1	38.0
Fruity Bfast Bread	1 each	1	42.22
Chicken Sausage Patty TR 18/19	1 ea	1	1.0
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			106.75
% of Calories			66.4%
Nutrient Guideline			

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Generated on: 10/1/2021 7:32:18 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 10/22/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
French Toast Sticks,M&H	4 each	1	57.33
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			108.83
% of Calories			75.5%
Nutrient Guideline			

Mon - 10/25/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
French Toast Sticks,M&H	4 each	1	57.33
Mini Dusters WG IW TR 18/19	package	1	52.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	1	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			113.29
% of Calories			73.9%
Nutrient Guideline			

Tue - 10/26/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Breakfast Bowl & Eng Muffin	1 Each	1	21.0
Breakfast Bun Cinnamon Roll	1 each	1	38.0
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			99.34
% of Calories			72.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/27/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
Coffee Cake, WG TR	1 each	1	44.0
Beef Maple Sandwich BF IW	1 ea	1	26.34
Fruit Choice (Fresh)	1 Each	2	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			96.25
% of Calories			69.6%
Nutrient Guideline			

Thu - 10/28/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Breakfast Burrito	1 Each	1	38.0
Fruity Bfast Bread	1 each	1	42.22
Chicken Sausage Patty TR 18/19	1 ea	1	1.0
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	1	18.59
Fruit Choice (Canned)	1/2 cup	2	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	3	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			106.75
% of Calories			66.4%
Nutrient Guideline			

Fri - 10/29/2021			
Middle & High Breakfast	Total	3	
Cereal 2G Variety	1 each	1	45.5
Turkey Sausage BK Pizza	1 Each	1	31.0
French Toast Sticks,M&H	4 each	1	57.33
Yogurt Parfait Brk	1 Each	1	47.0
Fruit Choice (Fresh)	1 Each	3	18.59
Fruit Choice (Canned)	1/2 cup	1	23.22
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			108.83
% of Calories			75.5%
Nutrient Guideline			

Weighted Average			104.17
			71.8%

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Nutrient	Menu AVG	% of Cals	Weekly Target	Portion Size % of Target	Reimb Qty Miss Data	Carb (g) Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	104.17	71.76%						

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