

Twin Rivers Unified School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Elem K-8 Breakfast

Portion Values - Detailed

Page 1

Generated on: 10/1/2021 7:31:14 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 10/01/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	1	23.72
Muffins WG Variety 1BE	1 each	1	23.33
Fresh Orange Wedged 138 cnt	1 Each	1	15.39
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			92.44
% of Calories			69.7%
Nutrient Guideline			

Mon - 10/04/2021			
Elem K-8 Breakfast	Total	1	
Mini Waffles	1 Each	2	35.0
Fruit, Canned, Pears Diced	1/2 cup	2	16.0
Syrup Maple TR	1 each	1	20.4
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			152.40
% of Calories			74.3%
Nutrient Guideline			

Tue - 10/05/2021			
Elem K-8 Breakfast	Total	1	
Turkey Sausage BK Pizza	1 Each	1	31.0
Juice 100% Fruit 4.23 Oz Asst.	1 Each	1	14.83
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			75.83
% of Calories			58.3%
Nutrient Guideline			

Wed - 10/06/2021			
Elem K-8 Breakfast	Total	1	
Muffins WG Variety 2BE	1 each	2	38.51
Applesauce Cup, Unsweetened TR	1 Each	2	14.0
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			135.02
% of Calories			69.2%
Nutrient Guideline			

Thu - 10/07/2021			
Elem K-8 Breakfast	Total	1	
Turk sausage & Cheese Eggs TR	2 oz	2	2.0
6" White Flour Tortilla	1 each	2	15.0
Fresh Orange Wedged 138 cnt	1 Each	1	15.39
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			79.39
% of Calories			48.0%
Nutrient Guideline			

Fri - 10/08/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	2	23.72
Muffins WG Variety 1BE	1 each	2	23.33
Fresh Apple Slices	1/2 c -6 slices	2	9.07
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			142.24
% of Calories			73.3%
Nutrient Guideline			

Mon - 10/11/2021			
Elem K-8 Breakfast	Total	1	
Mini Pancakes - Kellogs	1 Each	2	35.0
Applesauce Cup, Unsweetened TR	1 Each	2	14.0
Syrup Maple TR	1 each	1	20.4
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			148.40
% of Calories			72.4%
Nutrient Guideline			

Tue - 10/12/2021			
Elem K-8 Breakfast	Total	1	
Fruity Breakfast Bread	12 x 6 portions	2	28.3
Turkey Canadian Ham Brk	2 Slices	2	0.0
Fresh Orange Wedged 138 cnt	1 Each	2	15.39
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			117.38
% of Calories			61.0%
Nutrient Guideline			

Wed - 10/13/2021			
Elem K-8 Breakfast	Total	1	
French Toast Sticks, K-8th	3 each	2	43.0
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			145.67
% of Calories			66.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 10/14/2021			
Elem K-8 Breakfast	Total	1	
Turkey Sausage BK Pizza	1 Each	2	31.0
Fruit, Canned, Pears Diced	1/2 cup	2	16.0
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			124.00
% of Calories			60.5%
Nutrient Guideline			

Fri - 10/15/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	2	23.72
Muffins WG Variety 1BE	1 each	2	23.33
Fruit, Canned, Peaches Diced	1/2 CUP	2	17.0
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			158.10
% of Calories			73.8%
Nutrient Guideline			

Mon - 10/18/2021			
Elem K-8 Breakfast	Total	1	
Mini Waffles	1 Each	2	35.0
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Syrup Maple TR	1 each	1	20.4
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			150.07
% of Calories			73.2%
Nutrient Guideline			

Tue - 10/19/2021			
Elem K-8 Breakfast	Total	1	
Turk sausage & Cheese Eggs TR	2 oz	2	2.0
6" White Flour Tortilla	1 each	1	15.0
Applesauce Cup, Unsweetened TR	1 Each	2	14.0
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			77.00
% of Calories			50.5%
Nutrient Guideline			

Wed - 10/20/2021			
Elem K-8 Breakfast	Total	1	
Turkey Sausage BK Pizza	1 Each	2	31.0
Fruit, Canned, Peaches Diced	1/2 CUP	2	17.0
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			126.00 60.0%
Nutrient Guideline			

Thu - 10/21/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	2	23.72
Yogurt - Variety Flavors	4 oz	1	14.0
Fresh Orange Wedged 138 cnt	1 Each	2	15.39
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average % of Calories			122.22 78.3%
Nutrient Guideline			

Fri - 10/22/2021			
Elem K-8 Breakfast	Total	1	
Turkey Canadian Ham Brk	2 Slices	2	0.0
Muffins WG Variety 1BE	1 each	2	23.33
Fruit, Canned, Mixed	1/2 cup	2	17.29
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average % of Calories			111.24 58.5%
Nutrient Guideline			

Mon - 10/25/2021			
Elem K-8 Breakfast	Total	1	
French Toast Sticks, K-8th	3 each	2	43.0
Fruit Cup Nu Health	1 each	2	17.5
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average % of Calories			151.00 66.4%
Nutrient Guideline			

Tue - 10/26/2021			
Elem K-8 Breakfast	Total	1	
Fruity Breakfast Bread	12 x 6 portions	2	28.3
Chicken Sausage Patty TR 18/19	1 ea	2	1.0
Fresh Apple Slices	1/2 c -6 slices	2	9.07
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average % of Calories			106.74 53.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/27/2021			
Elem K-8 Breakfast	Total	1	
Mini Pancakes - Kellogs	1 Each	1	35.0
Applesauce Cup, Unsweetened TR	1 Each	1	14.0
Syrup Maple TR	1 each	1	20.4
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			99.40
% of Calories			71.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 10/28/2021			
Elem K-8 Breakfast	Total	1	
Turkey Sausage BK Pizza	1 Each	2	31.0
Fruit, Canned, Peaches Diced	1/2 CUP	2	17.0
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			126.00
% of Calories			60.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 10/29/2021			
Elem K-8 Breakfast	Total	1	
Cereal Assorted (1 BE)	1 each	1	23.72
Muffins WG Variety 1BE	1 each	1	23.33
Fresh Orange Wedged 138 cnt	1 Each	1	15.39
Milk 1% White	Carton	1	16.0
MILK, Nonfat TR	Carton	1	14.0
Weighted Daily Average			92.44
% of Calories			69.7%
Nutrient Guideline			

Weighted Average			120.62
			65.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	120.62	65.22%						

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