

# Encourage Your Students to Eat Breakfast



## Take the Classroom School Breakfast Challenge

*Classrooms that accept this challenge will earn a Classroom Build-Your-Own Yogurt Parfait Party*

Commit your classroom to the 5-day Breakfast Challenge. Each day your classroom will take a breakfast roll call, complete a breakfast activity and check in with the cafeteria to record your progress.

Lesson plan and materials provided.

For more info or to sign your class up contact Lisa Vorce, Nutritionist, for lesson plans and challenge details at [lisa.vorce@twinriversusd.org](mailto:lisa.vorce@twinriversusd.org)

More students in your classroom will eat a healthy breakfast!