

September 2021

Middle-High Breakfast & Lunch [Grades PreK-5]

Monday

Did you know?

There are more pop and classic songs with "September" in the title than any other month!

Tuesday

Wednesday

Thursday

Friday

Grahams

Pizza Sticks
Broccoli w/cheese
Sweet Potatoes
Pears
Milk

6

Cinni-Minis

Chicken Nuggets
w/breadstick
Potato Wedges
Okra
Applesauce
Milk

7

Sausage Biscuit

Spaghetti w/meat sauce
Breadstick
Romaine salad w/ranch
Pinto Beans
Strawberries, Milk

8

Breakfast Pizza

Baked Chicken
w/breadstick
Romaine Salad w/ranch
Corn
Peaches, Milk
Pre-K Chicken fillet on Bun

9

Mini Pancake

Steak Nuggets w/
breadsticks
Potato Wedges
Baby carrots w/ranch
Baked Pears
Milk

10

Cereal

Pepperoni Pizza
Broccoli w/cheese
Sweet Potatoes
Pears
Milk

13

Grahams

Chicken Fillet on Bun
Potato Wedges
Veggie Beans
Applesauce
Milk

14

Sausage Biscuit

Beef Manwich on Bun
Romaine Salad w/ranch
Veggie Beans
Strawberries
Milk

15

Sweet Slice Bread

BBQ on Bun
Romaine Salad w/ranch
Corn
Peaches
Milk

16

Mini French Toast

Hot Dog w/chili on Bun
Potato Wedges
baby carrots w/ranch
Baked Pears, Milk
PreK-steak nuggets
w/breadstick

17

Grahams

Pizza Sticks
Broccoli w/cheese
Sweet Potatoes
Pears
Milk

20

Cinni-Minis

Chicken Nuggets
w/breadstick
Potato Wedges
Okra
Applesauce
Milk

21

Sausage Biscuit

Spaghetti w/meat sauce
Breadstick
Romaine salad w/ranch
Veggie Beans
Strawberries
Milk

22

Breakfast Pizza

Baked Chicken
w/breadstick
Romaine Salad w/ranch
Corn
Peaches, Milk
Pre-K Chicken fillet on Bun

23

Mini Pancake

Steak Nuggets w/
breadsticks
Potato Wedges
Baby carrots w/ranch
Baked Pears, Milk

24

Cereal

Pepperoni Pizza
Broccoli w/cheese
Sweet Potatoes
Pears
Milk

27

Grahams

Chicken Fillet on Bun
Potato Wedges
Veggie Beans
Applesauce
Milk

28

Sausage Biscuit

Beef Manwich on Bun
Romaine Salad w/ranch
Pinto Beans
Strawberries
Milk

29

Sweet Slice Bread

BBQ on Bun
Romaine salad w/ranch
Corn
Peaches
Milk

30

All Meals

are **FREE**

for School Year
2021-22

Additional Entrees
at Lunch

Sandwich Plate

Salad Plate

Yogurt Plate

Parents Please

Complete a Free or
Reduced Lunch

Application: go to
www.lunchapplicaton.com

Milk and Fruit are served
each day at Breakfast

All Grains are whole grain
except Biscuit and Pasta

USDA is an equal
opportunity
provider

Re:062921cab