

January 2021

NC PreK Breakfast & Snack

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?

January was a monumental year for Alaska! As of January 3rd, 1959, Alaska officially became the 49th state of the United States.

Holiday

1

Holiday

4

Holiday

5

Holiday

6

Breakfast
Wheat Cereal **wg**
Peaches

7

Snack
Cheese Crackers **wg**
Juice

Remote Learning Day

8

Breakfast
Rice Crispie Cereal **wg**
Fruit Mix
Snack
Cheese Stick
Juice

11

Breakfast
Grahams **wg**
Applesauce

12

Snack
Yogurt
Peaches

Breakfast
Corn Cereal **wg**
Strawberries

13

Snack
Grahams **wg**
Juice

Breakfast
Wheat Cereal **wg**
Peaches

14

Snack
Cheese Crackers **wg**
Juice

Remote Learning Day

15

Workday

18

Breakfast
Grahams **wg**
Applesauce

19

Snack
Yogurt
Peaches

Breakfast
Corn Cereal **wg**
Strawberries

20

Snack
Grahams **wg**
Juice

Breakfast
Wheat Cereal **wg**
Peaches

21

Snack
Cheese Crackers **wg**
Juice

Remote Learning Day

22

Breakfast
Rice Crispie Cereal **wg**
Fruit Mix
Snack
Cheese Stick
Juice

25

Breakfast
Grahams **wg**
Applesauce

26

Snack
Yogurt
Peaches

Breakfast
Corn Cereal **wg**
Strawberries

27

Snack
Grahams **wg**
Juice

Breakfast
Wheat Cereal **wg**
Peaches

28

Snack
Cheese Crackers **wg**
Juice

Remote Learning Day

29

WG = Whole Grain

A variety of dry cereal is available each day:
Malt-O-Meal Rice Crispies, Malt-O-Meal Corn Flakes & Toasty O's Wheat Cereal.

Milk is served each day at Breakfast. Milk, juice or water is served with snack.

Milk Served:
1% Milk
(2 years and up)

Milks provided by parents:
Soy Milk
Almond Milk
(Disability form required for almond milk.)

RE:120720cab
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