

Meal Storage and Heating Instructions

❖ Refrigeration and/or Freezer Required

- All Fresh Milk & Juices
- Fresh Whole Fruit recommended wash before eating.
- Fresh Processed/Bagged Fruit & Vegetable & Cold Fruit Cups
- String Cheese and Egg
- Cold Sandwiches (PBJ, Deli meat sandwich)
- Entrée Items
- **Grain-Based Breakfast Pastries ((Benefit Bar, Muffin/Loaf; Banana/Pumpkin Bread etc. best if keep frozen) Previously frozen products consume within 5 days.**

❖ Shelf- Stable; No Refrigeration Required

- All Cereals, Crackers, Chips, Sunflower Seeds.
- All Shelf Stable Fruits & Vegetables (Applesauce Cups, Raisins, Craisins, etc.)

❖ Lunch Items that require heating (Can be heated in oven or Microwave.) Heat until internal temperature reaches 165 degrees.

- Chicken Entrée's heat at 350 degrees for 10-15 minutes (Please take out of packaging).
- Burrito heat 325 degrees for 15-18 minutes
- Pizza products reheat at 325 for 5-8 minutes
- Pasta Items reheat at 325 for 8-10 minutes
- Grilled Cheese (can be heated in wrapper)

❖ Please take items out of packaging or container.

Caution food will be hot after heating

*** Please note that our food products have very limited preservatives in them. Please store them as listed. ***