

South Bend Community School Corporation

High School Menu

October 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 30 Dilled Chicken Breast on WG Bun American Cheese Steak Sandwich Veggie Pack French Fries Peaches	BD School Pizza BBQ Beef Rib on WG Bun Broccoli Veggie Pack Pears	Chicken Tenders American Cheese Steak on WG Hoagie Roll Broccoli Veggie Pack Peaches	Not Fried Rice w/Egg Roll Cheese Burger on WG Bun Mixed Vegetables Veggie Pack Mandarin Oranges	French Bread Pizza w/Marinara Sauce Meat Loaf on WG Bun Veggie Pack Side Salad Applesauce
	October 7 Hamburger on WG Bun Pizza French Fries Veggie Pack Mixed Fruit	Chicken Taco 2 Chili w/WG Tostitos Shredded Romaine Veggie Pack Corn Pears	Chicken WG Penne w/Garlic Bread Southwestern Philly-Cheese Broccoli Veggie Pack Peaches	Asian Chicken Stir Fry With Brown Rice Hot Dog on WG Bun Carrots Veggie Pack Mandarin Oranges	Calzone Chicken Filet on WG Bun Baked Beans Veggie Pack Strawberries
	October 14 Dilled Chicken Chunks W WG Dinner Roll American Cheese Steak on WG Hoagie Roll Veggie Pack Sweet Potato Fries Peaches	Taco Salad w/ WG Tostitos Chicken Philly on WG Bun Corn Veggie Pack Pears	TEACHER RECORD DAY NO SCHOOL	FALL	BREAK
	October 21 NEW	MENU	COMING		

Students may take 2 of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat flavored & unflavored milk is served with all meals.
 Offered Daily: Chef Salad, PBJ Sandwich, Cheese Sandwich, and Yogurt, Cheese, Cracker, Grab -n- Go

Menu is Subject to Change

*This institution is an equal opportunity provider.
 Esta institución es un proveedor que ofrece igualdad de oportunidades*