

SOUTH HUNTINGTON SCHOOL NUTRITION PROGRAM
WALT WHITMAN HIGH SCHOOL

OCTOBER LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2 style="color: red;">HAPPY HALLOWEEN!</h2>				<p>1 Pillsbury Pull Aparts Southwest Queso Garden Salad w/LF Ranch Dressing Fresh Orange Wedges</p>
<p>4 Sizzlin Hot Dog Seasoned French Fries French Bread Pizza Baby Carrots w/LF Dip Apple Slices</p>	<p>5 Roasted Chicken w/Rice and Beans Boars Head Sandwich Homemade Pizza Mixed Vegetables Fresh Apple</p>	<p>6 Asian Express Box Sweet Thai Chili Chicken, White Rice, Broccoli & Shredded Carrots Nardone Pizza Baby Carrots Fresh Grapes</p>	<p>7 Creamy Mac n Cheese & Chicken French Bread Pizza Corn Niblets Applesauce</p>	<p>8 Chicken Wings Homemade Pizza Garden Salad w/LF Ranch Dressing Fresh Orange Wedges</p>
<p>11 NO SCHOOL COLUMBUS DAY</p>	<p>12 Hamburger/Cheeseburger W/Crinkly Fries Boars Head Sandwich Homemade Pizza Garden Salad w/LF Ranch Dressing Diced Pears</p>	<p>13 Chicken & Waffle Sandwich Nardone Pizza Golden Corn Fruit Cup</p>	<p>14 Popcorn Bowl Chicken Mashed Potatoes/Chicken Smackers/ Shredded Cheese Cucumber Wheels Fresh Crisp Apple</p>	<p>15 Spicy/Regular Chicken Sandwich Homemade Pizza Celery Stix w/LF Dip Applesauce</p>
<p>18 Chicken Parmesan Hero French Bread Pizza Seasoned Broccoli Clementine</p>	<p>19 Asian Express Box Sweet Thai Chili Chicken, White Rice, Broccoli & Shredded Carrots Boars Head Sandwich Homemade Pizza Baby Carrots w/LF Dip Apple Slices</p>	<p>20 Creamy Mac n Cheese & Chicken Tenders Nardone Pizza Garden Salad w/LF Ranch Dressing Fresh Orange Wedges</p>	<p>21 Burrito Bar Taco Meat/Shredded Chicken, Lettuce, Tomato & Sour Cream French Bread Pizza Cucumber/Tomato Mixed Fruit</p>	<p>22 Chicken Teriyaki Dippers w/Brown Rice Homemade Pizza Corn Niblets Fresh Grapes</p>
<p>25 Meatball Hero French Bread Pizza Baby Carrots w/LF Dip Fruit Cup</p>	<p>26 Sizzlin Hot Dog Seasoned French Fries Boars Head Sandwich Homemade Pizza Baby Carrots Diced Pears</p>	<p>27 "Lo Mein Bowl" General Tso Chicken, Pasta, Red Peppers, Broccoli Nardone Pizza Golden Corn Fresh Grapes</p>	<p>28 "Create Your Own Bowl" Chicken Fajita Strips, Rice, Beans, Corn, Lettuce, Sour Cream, & Salsa French Bread Pizza Broccoli w/LF Dip</p>	<p>29 Chicken /Cheese Quesadilla Homemade Pizza Cucumber/Tomato Apple Slices</p>