

SOUTH HUNTINGTON SCHOOL NUTRITION PROGRAM
SILAS WOOD 6TH GRADE CENTER

OCTOBER LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1 style="color: red;">HAPPY</h1> <h1 style="color: green;">HALLOWEEN!</h1>				<p>1</p> <p>Pillsbury Pull Apart Italian Cheese & Garlic</p> <p>4 X6 Pizza</p> <p>Seasoned Broccoli Diced Pears</p>
<p>4</p> <p>Hot Dog w/Crispy French Fries</p> <p>French Bread Pizza</p> <p>Garden Salad w/LF Dressing Fruit Cup</p>	<p>5</p> <p>Chicken Parmesan Hero</p> <p>Pizza Bagels</p> <p>Mixed Vegetables Orange Slices</p>	<p>6</p> <p>Toasted Cheese Sandwich Baked Chips</p> <p>Homemade Pizza</p> <p>Golden Corn Fresh Crisp Apple</p>	<p>7</p> <p>Chicken/Cheese Quesadilla</p> <p>Pizza Bagel</p> <p>Cucumber Wheels Fresh Orange</p>	<p>8</p> <p>Hamburger/Cheeseburger w/Seasoned Fries</p> <p>4 X6 Pizza</p> <p>Baby Carrots w/LF Dip Mixed Fruit</p>
<p>11</p> <p>NO SCHOOL COLUMBUS DAY</p>	<p>12</p> <p>Creamy Mac n Cheese & Chicken Tenders</p> <p>Pizza Bagels</p> <p>Baby Carrots Diced Pears</p>	<p>13</p> <p>Turkey Sandwich w/Baked Chips</p> <p>Homemade Pizza</p> <p>Golden Corn Fruit Cup</p>	<p>14</p> <p>“Macho Nachos” Beef Taco, Cheese, Lettuce, Tomato w/Crunchy Tostitos</p> <p>Pizza Bagel</p> <p>Cucumber Wheels Fresh Orange</p>	<p>15</p> <p>Regular/Spicy Chicken Sandwich</p> <p>4 X6 Pizza</p> <p>Garden Salad w/LF Ranch Dressing Peach Slices</p>
<p>18</p> <p>Chicken Teriyaki Dippers w/Brown Rice</p> <p>French Bread Pizza</p> <p>Seasoned Broccoli Fresh Crisp Apple</p>	<p>19</p> <p>Meatball Hero</p> <p>Pizza Bagels</p> <p>Baby Carrots w/LF Dip Mixed Fruit</p>	<p>20</p> <p>Lo Mein Bowl General Tso Chicken, Noodles, Red Pepper & Broccoli</p> <p>Homemade Pizza</p> <p>Mixed Vegetables Fresh Grapes</p>	<p>21</p> <p>Cheese Ravioli w/Italian Breadstick</p> <p>Pizza Bagel</p> <p>Golden Corn Fruit Cup</p>	<p>22</p> <p>Mozzarella Stix w/Marinara</p> <p>4 X6 Pizza</p> <p>Cucumber/Tomato Applesauce</p>
<p>25</p> <p>Hamburger/Cheeseburger w/Seasoned Fries</p> <p>French Bread Pizza</p> <p>Baby Carrots w/LF Dip Clementine</p>	<p>26</p> <p>Chicken & Waffle Sandwich w/Seasoned French Fries</p> <p>Pizza Bagels</p> <p>Celery Stix w/LF Dip Diced Pears</p>	<p>27</p> <p>“Create Your Own Bowl” Chicken Fajita Strips, Rice, Beans, Corn & Lettuce, served with Sour Cream and Salsa</p> <p>Homemade Pizza</p> <p>Golden Corn Fresh Grapes</p>	<p>28</p> <p>Chicken Alfredo Pasta</p> <p>Pizza Bagel</p> <p>Seasoned Broccoli Apple Slices</p>	<p>29</p> <p>Ham & Cheese Panini Melt</p> <p>4 X6 Pizza</p> <p>Garden Salad w/LF Ranch Dressing Orange Slices</p>