

SOUTH HUNTINGTON SCHOOL NUTRITION PROGRAM
BIRCHWOOD INTERMEDIATE CENTER

OCTOBER LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2 style="color: red;">HAPPY HALLOWEEN!</h2>				<p>1</p> <p>Creamy Mac n Cheese Chicken Tenders</p> <p>4 x 6 Pizza</p> <p>Corn Niblets Apple Slices</p>
<p>4</p> <p>Pizza Totchos– New Item</p> <p>Tator Tots, Ultimate White Cheese Sauce, Pepperoni and Marinara Sauce</p> <p>4 x 6 Pizza</p> <p>Mixed Vegetable Fruit Cup</p>	<p>5</p> <p>Hamburger/Cheeseburger w/Crinkly Fries</p> <p>Chef's Pizza Choice</p> <p>Cucumber/Tomato Fresh Orange Wedges</p>	<p>6</p> <p>Chicken Smackers</p> <p>Pizza Bagel</p> <p>Broccoli w/LF Dip Diced Pears</p>	<p>7</p> <p>Toasted Cheese Sandwich w/Baked Chips</p> <p>Pizza Crunchers</p> <p>Corn Niblets Fresh Crisp Apple</p>	<p>8</p> <p>Sizzlin Hot Dog Seasoned French Fries</p> <p>4 x 6 Pizza</p> <p>Garden Salad w/LF Ranch Dressing Peach Slices</p>
<p>11</p> <p>NO SCHOOL COLUMBUS DAY</p>	<p>12</p> <p>Chicken Bites</p> <p>Chef's Pizza Choice</p> <p>Baby Carrots Mixed Fruit</p>	<p>13</p> <p>BRUNCH FOR LUNCH</p> <p>Mini French Toast Stix (or) Egg/Sausage Sandwich</p> <p>Pizza Bagel</p> <p>Celery Stix w/LF Dip Fresh Grapes</p>	<p>14</p> <p>Meatball Hero</p> <p>Pizza Crunchers</p> <p>Corn Niblets Fresh Grapes</p>	<p>15</p> <p>Chicken/Cheese Quesadilla</p> <p>4 x 6 Pizza</p> <p>Garden Salad w/LF Ranch Dressing Peach Slices</p>
<p>18</p> <p>Creamy Mac n Cheese Chicken Tenders</p> <p>4 x 6 Pizza</p> <p>Seasoned Broccoli Fresh Crisp Apple</p>	<p>19</p> <p>Taco n Fixings</p> <p>Beef Taco, Cheese, Lettuce, Tomato, Soft Tortilla</p> <p>Chef's Pizza Choice</p> <p>Corn Niblets Fresh Orange Wedges</p>	<p>20</p> <p>Pizza Lunchable Box</p> <p>Specialty Bread /Marinara Cup/ Shredded Mozzarella Cheese</p> <p>Pizza Bagel</p> <p>Cucumber/Tomato Applesauce</p>	<p>21</p> <p>Turkey Sandwich w/Lettuce on a Roll</p> <p>Pizza Crunchers</p> <p>Baby Carrots Fresh Grapes</p>	<p>22</p> <p>Cheese Ravioli w/Italian Breadstick</p> <p>4 x 6 Pizza</p> <p>Garden Salad w/LF Ranch Dressing Apple Slices</p>
<p>25</p> <p>Cereal Fun Lunch</p> <p>Cereal/Yogurt/String Cheese</p> <p>4 x 6 Pizza</p> <p>Cucumber Wheels Fresh Apple</p>	<p>26</p> <p>Chicken/Cheese Quesadilla</p> <p>Chef's Pizza Choice</p> <p>Baby Carrots w/LF Dip Mixed Fruit</p>	<p>27</p> <p>Chicken & Waffle Fun!</p> <p>Pizza Bagel</p> <p>Celery Stix w/LF Dip Fresh Grapes</p>	<p>28</p> <p>Spaghetti and Meatballs w/Warm Breadstick</p> <p>Pizza Crunchers</p> <p>Golden Corn Niblets Applesauce</p>	<p>29</p> <p>Yogurt/Pretzel/Salad</p> <p>4 x 6 Pizza</p> <p>Mixed Vegetables Fresh Orange Wedges</p>

Food shortages are nationwide, and our district may experience unavailable items, so menus are subject to change upon product availability.