



16000-31923
Trix
Naturally and Artificially Fruit Flavored Sweetened
Corn Puffs
Self-Serve Bowl
NET WT 1 OZ (28g)



Ingredients:

Whole Grain Corn, Sugar, Corn Meal, Corn Syrup, Canola and/or Rice Bran Oil, Salt, Trisodium Phosphate, Red 40, Yellow 6, Blue 1 and Other Color Added, Natural and Artificial Flavor, Citric Acid, Malic Acid. BHT Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Tricalcium Phosphate, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Nutrition Facts			
Serving Size 1 Bowl (28g) (1 cup)			
Amount Per Serving			
Calories	110		
Calories from Fat	10		
% Daily Value*			
Total Fat 1g	2%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 160mg	6%		
Potassium 45mg	1%		
Total Carbohydrate 24g	8%		
Dietary Fiber 1g	5%		
Sugars 9g			
Protein 1g			
Vitamin A	8%	Vitamin C	8%
Calcium	8%	Iron	20%
Vitamin D	8%	Thiamin	20%
Riboflavin	20%	Niacin	20%
Vitamin B6	20%	Folic Acid	20%
Vitamin B12	20%	Zinc	20%

*Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Information			
100g			
Amount Per Serving			
Calories	375.0		
Calories from Fat	31.3		
Total Fat	4.1 g		
Saturated Fat	0.0 g		
Trans Fat	0.0 g		
Cholesterol	0.0 mg		
Sodium	525.0 mg		
Potassium	218.8 mg		
Total Carbohydrate	84.4 g		
Dietary Fiber	4.7 g		
Sugars	31.3 g		
Protein	3.1 g		
Vitamin A	2343.8 IU	Vitamin C	18.8 mg
Calcium	312.5 mg	Iron	16.9 mg
Vitamin D	125.0 IU	Thiamin	1.6 mg
Riboflavin	1.9 mg	Niacin	18.8 mg
Vitamin B6	2187.5 mcg	Folic Acid	375.0 mcg
Vitamin B12	4.7 mcg	Zinc	14.1 mg

CHILD NUTRITION PROGRAM: 1 BOWL = 1 OZ EQ GRAIN

The most accurate label information for package contents will always be on the product label. This product profile is correct through the date above. Because product formulations and related product attributes may change, this information is subject to change.

QUESTIONS? Call 1-800-767-5404
GENERAL MILLS * P.O. Box 200 - FS * MINNEAPOLIS, MINNESOTA 55440

I certify that the information contained in this document is true and correct as of the date above. Seema Chopra - General Mills Product Labeling