

PRODUCT INFORMATION SHEET

Cuahutemoc Foods
1748 Whittier Blvd
Los Angeles, CA 90023
Phone: (323) 236-6810

Manufacturer: Cuahutemoc Foods **Date:** March 28, 2014
Product: 6" Taco Shells **Product Code:** _____
Unit Wt: .67 oz (19g) **Case Pack:** 10/20ct **Case Count:** 200 **Net Wt/Case** 8 lbs 6 oz.

INGREDIENTS: GROUND YELLOW CORN MASA FLOUR WITH TRACE OF LIME, WATER, CORN OIL (CITRIC ACID ADDED AS A PRESERVATIVE), SALT.

Product Composition:

Classification*Group B-Taco Shells (1 oz eq = 28 gm or 1.0 oz and contain at least 16g of creditable grain)

Type of Flour/Grain: Whole Grain Corn Masa Flour**

Total Weight of Enriched Flour and/or Whole Grain per serving: 15g whole grain

***Minsa Corporation certifies that their products are manufactured in a whole grain process according to the FDA "Whole Grain Label Statement. Our product contains in essential the same rich balance of nutrients in the masa flour versus corn (not de-germinated)".*

"The product includes the following Food and Drug Administration-approved whole-grain health claim on its packaging: "Diets rich in whole grain foods and other plant foods and low in total fat, saturated fat, and cholesterol may reduce the risk of heart disease and some cancers."

National School Lunch Contribution:*

Each .67 oz (19g) portion will provide:
1/2 oz. eq Whole Grain

** USDA-FNS "Food Buying Guide for Child Nutrition Programs", and revised "Nutrition Standards in the National School Lunch and School Breakfast Programs" on January 26, 2012 7 CFR Parts 210 and 220*

Nutrition Information:

Nutrient	Per Svg	Per 100g	Nutrient	Per Svg	Per 100g
Basic Components			Ash (g)	0.89	4.67
Calories (kcal)	92.63	487.53	Vitamins		
Calories from Fat (kcal)	41.02	215.89	Vitamin A - IU (IU)	7.96	41.92
Fat (g)	4.62	24.31	Vitamin C (mg)	0	0
Saturated Fat (g)	0.60	3.18	Vitamin B1 (mg)	0.04	0.21
Trans Fatty Acid (g)	0.06	0.31	Vitamin B2 (mg)	0.01	0.07
Mono Fat (g)	1.16	6.09	Vitamin B3 (mg)	0.30	1.59
Poly Fat (g)	2.69	14.16	Vitamin B6 (mg)	0.06	0.31
Cholesterol (mg)	0	0	Vitamin B12 (mcg)	0	0
Carbohydrates (g)	11.79	62.04	Vitamin D - IU (IU)	0	0
Dietary Fiber (g)	0.96	5.03	Folate (mcg)	3.98	20.96
Total Sugars (g)	0.10	0.50	Minerals		
Protein (g)	1.27	6.71	Sodium (mg)	217.24	1143.39
Gram Weight (g)	19.00	100.00	Calcium (mg)	16.42	86.44
Water (g)	0.43	2.27	Iron (mg)	0.38	2.01

For Further Information Contact:

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ADRIAN VAZQUEZ
Authorized Officer - Manufacturer
MANAGER
Title
[Signature]
Signature



Cuauhtemoc Foods



TOSTADAS • TACO SHELLS • CHIPS

2748 WHITTIER BLVD. • LOS ANGELES, CA 90023
(213) 261-9666 • FAX (213) 261-9646

Product Specification

Taco Shell 6"

100312

DATE: 6/17/2013

Ingredients: Stone Ground Corn, Vegetable Oil (Soybean and / or Corn Oil) Water, Salt, Lime.

Product Specification:

Weight/Dozen:	6.0 ounces
Diameter:	6 inches
Color:	Yellow
Case Count:	200ct.
Shelf Life:	60 Days
Seal Type:	Bulk

Packaging:

Bag Dimensions:	24x18x32
Bag Graphics:	Clear
Case Dimensions:	20x12x6
Case Net Wt:	6 Lbs
Storage:	Cool and Dry

Company: Cuahutemoc Foods
Item: Taco Shell 6"
Pack.: 10/20Ct

NUTRITION COMPOSITION

Serving Size:

Nutrient	Per Svg	Per 100g	Nutrient	Per Svg	Per 100g
Basic Components			Vitamin B12 (mcg)	0	0
Calories (kcal)	83.06	462.63	Folate (mcg)	3.61	20.10
Calories from Fat (kcal)	35.96	200.30	Vitamin C (mg)	0	0
Protein (g)	1.00	5.57	Vitamin D - IU (IU)	--	--
Carbohydrates (g)	11.09	61.79	Vitamin D - mcg (mcg)	--	--
Dietary Fiber (g)	1.93	10.77	Vitamin E - IU (IU)	0.84	4.66
Total Sugars (g)	0.09	0.51	Vitamin E - mg (mg)	0.56	3.13
Other Carbs (g)	9.07	50.50	Vitamin K (mcg)	0.11	0.61
Fat (g)	4.06	22.60	Pantothenic Acid (mg)	0.09	0.53
Saturated Fat (g)	0.53	2.96	Minerals		
Mono Fat (g)	1.11	6.20	Calcium (mg)	14.88	82.89
Poly Fat (g)	2.17	12.08	Chromium (mcg)	0.01	0.03
Trans Fatty Acid (g)	0.01	0.06	Copper (mg)	0.03	0.19
Cholesterol (mg)	0	0	Iron (mg)	0.35	1.92
Water (g)	1.08	6.00	Magnesium (mg)	13.54	75.41
Ash (g)	0.72	4.03	Phosphorus (mg)	39.27	218.70
Vitamins			Potassium (mg)	45.62	254.10
Vitamin A - IU (IU)	7.22	40.20	Selenium (mcg)	2.22	12.39
Vitamin A - RE (RE)	0.74	4.10	Sodium (mg)	196.89	1096.55
Vitamin B1 - Thiamin (mg)	0.04	0.20	Zinc (mg)	0.25	1.39
Vitamin B2 - Riboflavin (mg)	0.01	0.06	Other Nutrients		
Vitamin B3 - Niacin (mg)	0.27	1.53	Gram Weight (g)	17.95	100.00
Vitamin B6 (mg)	0.05	0.30			

Nutritional values shown represent the composition of this product based on data submitted by the manufacturer and their suppliers. Nutritional values are based on the product formulation and is comprised of data compiled from the United States Department of Agriculture and suppliers. NutriData guarantees the accuracy of the analysis based on the information supplied by the manufacturer(s). As a mutual protection to clients, the public and ourselves, all reports are submitted as the confidential property of the client.

Taco Shells 6" 20ct

Nutrient Analysis Serving Size: 1 (111MM pieces(s))

Nutrient	Value Unit	Goal	%
Weight	16.020 g		
Kilocalories	75.935 kcal	2000.000	4 %
Protein	0.985 g	50.000	2 %
Carbohydrate	10.322 g	300.000	3 %
Fat, Total	3.745 g	65.000	6 %
Alcohol			
Cholesterol		300.000	
Saturated Fat	1.123 g	20.000	6 %
Monounsaturated Fat	1.156 g		
Polysaturated Fat	1.327 g		
MFA 18:1, Oleic	1.135 g		
PFA 18:2, Linoleic	1.286 g		
PFA 18:3, Linolenic	0.020 g		
PFA 20:5, EPA			
PFA 22:6, DHA			
Trans Fatty Acid	0.026 g		
Sodium	105.251 mg	2400.000	4 %
Potassium	37.967 mg	3500.000	1 %
Vitamin A (RE)			
Vitamin A (IU)		5000.000	
Vitamin A (RAE)			
Beta-Carotene			
Alpha-Carotene			
Lutein (+ Zeaxanthin)			
Beta-Cryptoxanthin			
Lycopene			
Vitamin C		60.000	
Calcium	12.175 mg	1000.000	1 %
Iron	0.245 mg	18.000	1 %
Vitamin D (ug)		10.000	
Vitamin D (IU)		400.000	
Vitamin E (mg)		20.000	
Vitamin E (IU)		30.000	
Alpha-Tocopherol			
Thiamin	0.057 mg	1.500	4 %
Riboflavin	0.015 mg	1.700	1 %
Niacin	0.249 mg	20.000	1 %
Pyridoxine (Vitamin B6)	0.058 mg	2.000	3 %
Folate (Total)		400.000	
Folate (DFE)			
Cobalamin (Vitamin B12)			
Biotin		6.000	
Pantothenic Acid	0.031 mg	300.000	0 %
Vitamin K		10.000	
		80.000	

Wednesday, October 16, 2013

Manufacturer: Cuanthemoc Foods

Nutrient	Value Unit	Goal	%
Phosphorus	32.521 mg	1000.000	3 %
Iodine	µg	150.000	
Magnesium	12.175 mg	400.000	3 %
Zinc	0.167 mg	15.000	1 %
Copper	0.024 mg	2.000	1 %
Manganese	0.058 mg	2.000	3 %
Selenium	0.352 µg	70.000	1 %
Fluoride	µg		
Chromium	mg	0.120	
Molybdenum	µg	75.000	
Dietary Fiber, Total	0.929 g	25.000	4 %
Soluble Fiber	g		
Insoluble Fiber	g		
Crude Fiber	g		
Sugar, Total	g		
Glucose	g		
Galactose	g		
Fructose	g		
Sucrose	g		
Lactose	g		
Maltose	g		
Sugar Alcohol	g		
Other Carbohydrate	g		
Tryptophan	mg		
Threonine	mg		
Isoleucine	mg		
Leucine	mg		
Lysine	mg		
Methionine	mg		
Cystine	mg		
Phenylalanine	mg		
Tyrosine	mg		
Valine	mg		
Arginine	mg		
Histidine	mg		
Alanine	mg		
Aspartic Acid	mg		
Glutamic Acid	mg		
Glycine	mg		
Proline	mg		
Serine	mg		
Moisture	0.532 g		
Ash	0.436 g		
Caffeine	mg		

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DAILY VALUES/RDI - ADULT/CHILD

Percentage of Kcals

Protein 5.0 %
 Carbohydrate 52.3 %
 Fat, total 42.7 %
 Alcohol 0.0 %

Exchanges

Bread/Starch 0.50
 Fat 0.50

Ingredients: Corn flour, Water
 Vegetable Oils abd Salt

Allergens: May contain Soy