

**Formulation Statement for Documenting Grains in School Meals**  
**Required Beginning SY 2013-2014**  
*(Crediting Standards Based on Grams of Creditable Grains)*

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: uncle Ben's Natural Whole Grain Code No.: u 12111  
 Manufacturer: BROWN RICE  
MARS, Incorporated Serving Size 1/2 cup cooked  
 (raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes  No   
 (Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes  No  How many grams:         
 (Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: H

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion <sup>1</sup>	Gram Standard of Creditable Grain per oz equivalent (16g or 28g) <sup>2</sup>	Creditable Amount
	A	B	A ÷ B
Whole Grain Brown Rice	28	28	1
<b>Total Creditable Amount<sup>3</sup></b>			<b>1 02</b>

Creditable grains are whole-grain meal/flour and enriched meal/flour.

<sup>1</sup> (Serving size) X (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.

<sup>2</sup> Standard grams of creditable grains from the corresponding Group in Exhibit A.

<sup>3</sup> Total Creditable Amount must be rounded *down* to the nearest quarter (0.25) oz eq. Do *not* round up.

Total weight (per portion) of product as purchased 28g (makes 1/2 cup cooked)  
 Total contribution of product (per portion) 1 oz equivalent

I certify that the above information is true and correct and that a 1/2 cup portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Sarah Heller  
 Signature

Sarah Heller  
 Printed Name

Health/Nutrition Scientist  
 Title

2/10/15  
 Date

(562) 616-7514  
 Phone Number

Product ID: 12111  
 UPC: 10054800121110  
 SCC-14: 10054800121110  
 Product: RICE, WHOLEGRAIN BROWN, 1/25 LB BAG  
 Kosher: YES

**General Description:**

With UNCLE BEN'S® Whole Grain Brown Rice, you can count on to make meals hearty. Its natural color comes from the bran layer left on the grain, the source of its great texture and nutty flavor. Versatile and cost-effective, it's the ingredient for today's modern menus.

**List of Ingredients:**

LONG GRAIN PARBOILED BROWN RICE.

**Preparation Instructions:**

**MEASUREMENTS**

Number of Servings 1/2 Cup 25 50 100 150  
 RICE 1 1/2 lb.  
 (3 1/2 cups) 2 3/4 lb.  
 (1 1/2 qt.) 5 1/2 lb.  
 (3 qt.) 8 1/4 lb.  
 (4 3/4 qt.)  
 Water 1 1/2 qt. 2 1/2 qt. 5 qt. 8 qt.  
 Salt 1 Tbsp. 2 Tbsp. 1/4 cup 1/3 cup  
 Butter or Margarine (optional) 2 Tbsp. 1/3 cup 2/3 cup 1 cup

Serving Size Number of Servings Per Bag  
 Cup Scoop  
 1/3 # 12 709  
 1/2 # 8 472

<b>Nutrition Facts</b>	
Amount per serving	
Serving Size: ABOUT 1/4 CUP Dry	
Servings Per Case: 236	
Calories: 170	Calories from fat: 10
% Daily Value*	
Total Fat:	1.5g 2%
Saturated Fat:	0g 0%
Cholesterol:	0mg 0%
Sodium:	0mg 0%
Total Carbohydrate:	12%
Dietary Fiber:	8%
Sugars:	0g
Protein:	
Vitamin A:	0% Vitamin C: 0%
Calcium:	0% Iron: 4%
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.            *This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.</small>	