



**Product Nutrition Data  
Per Serving and Per 100g**

Printed On:  
Effective Date: 3/4/2014

**Product Name :** CAPRI SUN 100% JUICE Fruit Punch Flavored 100% Juice Blend  
from Concentrate with Added Ingredient and Other Natural Flavor  
**FRUIT PUNCH**

**UPC :** 8768400146  
**GTIN :** 00087684001462  
**Serving Size:** 185.14g  
**Serving Description:** 1 pouch (177 mL)

Nutrient Name and Unit of Measure	Value per serving (Rnd)	% Daily Value **	Value per 100g
Calories	80		45.9
Calories from Fat	0		0.9
Total Fat (g)	0	0%	0.1
Saturated Fat (g)	0	0%	0.02
Trans Fat (g)	0		0
Cholesterol (mg)	0	0%	0
Sodium (mg)	25	1%	13.43
Potassium (mg)	180	5%	99.67
Total Carbohydrate (g)	21	7%	11.25
Dietary Fiber (g)	0	0%	0
Sugars (g)	20		10.64
Protein (g)	0		0.15
Moisture (G)			88.03
Vitamin A (IU)		0%	0.05
Vitamin C (mg)		0%	0.28
Calcium (mg)		0%	5.03
Iron (mg)		0%	0.1
Thiamin (mg)			
Riboflavin (mg)			
Niacin (mg)			
Phosphorus (mg)		0%	7
Zinc (mg)			
Sugar Alcohols(g)			
Vitamin D(IU)			
Vitamin E(IU)			
Vitamin B6(mg)			
Folate(mcg)			
Vitamin B12(mcg)			
Biotin(mcg)			
Pantothenic Acid (mg)			
Magnesium (mg)			
Ash (g)			0.35

**Data Last Refreshed: 12/4/2014**

This information is periodically updated to reflect new products as well as changes in existing product formulations. Therefore, it is advisable to check the "Nutrition Facts" panel and ingredient statement on package labels to monitor changes over time. This information is not intended to be used by professionals or commercial entities without the express written permission of Kraft Foods, Inc. Exchange calculations are based on Exchange Lists for Meal Planning ©1995 by the American Diabetes Association, Inc. and the American Dietetic Association.