

# San Juan Unified School District

May 1, 2021 thru May 31, 2021

Base Menu Spreadsheet

HYBRID/CURBSIDE LUNCH

Portion Values - Detailed

Page 1

Generated on: 5/6/2021 9:20:28 AM

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Sat - 05/01/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS WG GRILL CHEESE IW	1 EACH	280	581	6	18.55	30.96	9.91
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	40	10	8	0.0	9.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		510	752	*39	*30.40	70.91	*12.67
% of Calories				*30.4%	*23.9%	55.7%	*22.4%
Nutrient Guideline		600-650	1230				

Sun - 05/02/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS TTILLA CHIPS ,CHS,salsa	(CHIP & CHS)	565	1019	*10	22.86	61.66	25.25
CARROTS, PKG	2.6 OZ PK	32	26	*N/A*	0.76	7.47	0.14
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		786	1206	*35	*35.47	100.08	*28.15
% of Calories				*17.8%	*18.1%	51.0%	*32.3%
Nutrient Guideline		600-650	1230				

Mon - 05/03/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS CHEESEBURGER (AD PIERRE)	1 EACH	370	435	5	20.0	31.0	18.5
CS TWIN CHEESE SLIDERS	pkg	327	578	4	18.53	29.34	16.52
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	40	10	8	0.0	9.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		591	635	*38	*31.55	70.62	*20.87
% of Calories				*25.6%	*21.4%	47.8%	*31.8%
Nutrient Guideline		600-650	1230				

Tue - 05/04/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS ENCHILADAS,CHEESE	PORTION	345	544	2	17.04	30.83	12.0
CS BROCCOLI RAW	1/2 CUP	10	10	1	1.06	1.8	0.12
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		544	715	*28	*29.95	63.58	*14.89
% of Calories				*20.3%	*22.0%	46.7%	*24.6%
Nutrient Guideline		600-650	1230				

Wed - 05/05/2021							
HYBRID/CURBSIDE LUNCH	Total						
PM VEG FR RICE & CHSY BSTICK	SVG	430	812	5	20.0	57.0	14.5
CS BEAN VARIETY	1/2 CUP	104	140	2	6.25	18.5	0.75
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# San Juan Unified School District

May 1, 2021 thru May 31, 2021

## Base Menu Spreadsheet

HYBRID/CURBSIDE LUNCH

### Portion Values - Detailed

Page 2

Generated on: 5/6/2021 9:20:28 AM

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average % of Calories		723	1113	*32 *17.4%	*38.10 *21.1%	106.46 58.9%	*18.01 *22.4%
Nutrient Guideline		600-650	1230				

Thu - 05/06/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS CHKN NUG,CRACKRS	SVG	360	570	1	18.0	30.0	19.0
CS SUNBTTR SWICH, ST CHEESE	(SWICH & CH)	370	520	12	16.0	33.0	18.0
CARROTS, PKG	2.6 OZ PK	32	26	*N/A*	0.76	7.47	0.14
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average % of Calories		583	747	*28 *19.4%	*30.21 *20.7%	69.03 47.4%	*21.70 *33.5%
Nutrient Guideline		600-650	1230				

Fri - 05/07/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS BEAN BURRITO	1 EACH	380	500	3	16.0	46.0	15.0
CS CORN, CND	1/2 CUP	65	15	3	2.0	15.0	1.0
FR POP, PEACH ,FRZN	1 EA	80	0	19	1.0	21.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average % of Calories		655	675	40 24.4%	30.00 18.3%	98.00 59.8%	18.50 25.4%
Nutrient Guideline		600-650	1230				

Sat - 05/08/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS MAC & CH w/CHEEZ ITS	1 EACH	379	921	8	18.0	44.0	14.5
CS PEAS, GREEN,CND	1/2 CUP	90	140	6	4.0	16.0	1.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average % of Calories		658	1222	*39 *23.7%	*33.85 *20.6%	90.95 55.3%	*18.26 *25.0%
Nutrient Guideline		600-650	1230				

Sun - 05/09/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS NACHO PRETZL PCKT	1 EACH	360	600	3	19.0	38.0	16.0
CS PEAS, GREEN,CND	1/2 CUP	90	140	6	4.0	16.0	1.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average % of Calories		639	901	*34 *21.3%	*34.85 *21.8%	84.95 53.2%	*19.76 *27.8%
Nutrient Guideline		600-650	1230				

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# San Juan Unified School District

May 1, 2021 thru May 31, 2021

Base Menu Spreadsheet

HYBRID/CURBSIDE LUNCH

Portion Values - Detailed

Page 3

Generated on: 5/6/2021 9:20:28 AM

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 05/10/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS PIZZA, CHEESE	SLICE	360	510	4	20.0	34.0	17.0
CS CORN, CND	1/2 CUP	65	15	3	2.0	15.0	1.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		614	686	*32	*33.85	79.96	*20.76
% of Calories				*20.9%	*22.0%	52.1%	*30.4%
Nutrient Guideline		600-650	1230				

Tue - 05/11/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS CHICKEN DRUMSTK & ROLL	SVG (1 DM&1 R	380	800	3	24.0	40.0	15.0
PM BEAN BURRITO	1 EACH	380	500	3	16.0	46.0	15.0
CS BROCCOLI RAW	1/2 CUP	10	10	1	1.06	1.8	0.12
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		579	911	*29	*35.31	73.95	*17.89
% of Calories				*19.7%	*24.4%	51.1%	*27.8%
Nutrient Guideline		600-650	1230				

Wed - 05/12/2021							
HYBRID/CURBSIDE LUNCH	Total						
PM CHKN TACO W/SALSA	SVG (1 EACH)	387	1049	*0	28.27	41.75	12.44
PM TWIN CHEESE SLIDERS	pkg	295	598	4	18.65	30.75	11.17
CS BEAN VARIETY	1/2 CUP	104	140	2	6.25	18.5	0.75
FR CUP.MIX BERRY FROZEN	1 EACH	70	0	14	1.0	18.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		672	1259	*31	44.60	92.05	15.44
% of Calories				*18.6%	26.5%	54.8%	20.7%
Nutrient Guideline		600-650	1230				

Thu - 05/13/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS WG GRILL CHEESE IW	1 EACH	280	581	6	18.55	30.96	9.91
CS CELERY STIX 1/2 CUP	1/2 CUP	12	65	*N/A*	0.56	2.71	0.1
JUICE, STRAWBRY KIWI (suncup)	1 EACH	60	*N/A*	12	*N/A*	14.0	*N/A*
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		482	*805	*33	*30.11	63.67	*12.51
% of Calories				*27.1%	*25.0%	52.8%	*23.4%
Nutrient Guideline		600-650	1230				

Fri - 05/14/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS TERIYAKI BEEF NUGGT & ROLL	4 EA & 1 ROLL	320	710	7	19.0	40.0	10.0
CS SUNBTR SWICH, ST CHEESE	(SWICH & CH)	370	520	12	16.0	33.0	18.0
CARROTS, PKG	2.6 OZ PK	32	26	*N/A*	0.76	7.47	0.14
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5

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# San Juan Unified School District

May 1, 2021 thru May 31, 2021

Base Menu Spreadsheet

HYBRID/CURBSIDE LUNCH

Portion Values - Detailed

Page 4

Generated on: 5/6/2021 9:20:28 AM

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average % of Calories		551	859	*33 *24.0%	*31.01 *22.5%	77.03 55.9%	*14.50 *23.7%
Nutrient Guideline		600-650	1230				

Sat - 05/15/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS BEAN BURRITO	1 EACH	380	500	3	16.0	46.0	15.0
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	40	10	8	0.0	9.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average % of Calories		609	671	*36 *23.7%	*27.85 *18.3%	85.95 56.4%	*17.76 *26.2%
Nutrient Guideline		600-650	1230				

Sun - 05/16/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS NACHO PRETZL PCKT	1 EACH	360	600	3	19.0	38.0	16.0
CARROTS, PKG	2.6 OZ PK	32	26	*N/A*	0.76	7.47	0.14
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average % of Calories		581	787	*28 *19.3%	*31.61 *21.8%	76.43 52.6%	*18.90 *29.3%
Nutrient Guideline		600-650	1230				

Mon - 05/17/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS PIZZA, CHEESE	SLICE	360	510	4	20.0	34.0	17.0
CS BEAN VARIETY	1/2 CUP	104	140	2	6.25	18.5	0.75
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average % of Calories		653	811	*31 *18.7%	*38.10 *23.3%	83.46 51.1%	*20.51 *28.3%
Nutrient Guideline		600-650	1230				

Tue - 05/18/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS CHKN CORN DOG	1 EACH	240	470	5	9.0	30.0	9.0
CS TTILLA CHIPS ,CHS,salsa	(CHIP & CHS)	565	1019	*10	22.86	61.66	25.25
CS BROCCOLI RAW	1/2 CUP	10	10	1	1.06	1.8	0.12
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average % of Calories		504	750	*32 *25.1%	*24.68 *19.6%	69.08 54.8%	*15.14 *27.0%
Nutrient Guideline		600-650	1230				

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May 1, 2021 thru May 31, 2021

Base Menu Spreadsheet

HYBRID/CURBSIDE LUNCH

Portion Values - Detailed

Page 5

Generated on: 5/6/2021 9:20:29 AM

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Wed - 05/19/2021							
HYBRID/CURBSIDE LUNCH	Total						
PM VEG FR RICE & CHSY BSTICK	SVG	430	812	5	20.0	57.0	14.5
CS CORN, CND	1/2 CUP	65	15	3	2.0	15.0	1.0
FR POP, PEACH ,FRZN	1 EA	80	0	19	1.0	21.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		705	987	42	34.00	109.00	18.00
% of Calories				23.8%	19.3%	61.8%	23.0%
Nutrient Guideline		600-650	1230				

Thu - 05/20/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS CHKN NUG,CRACKRS	SVG	360	570	1	18.0	30.0	19.0
CS BEAN BURRITO	1 EACH	380	500	3	16.0	46.0	15.0
CARROTS, PKG	2.6 OZ PK	32	26	*N/A*	0.76	7.47	0.14
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		585	743	*26	*30.21	71.63	*21.10
% of Calories				*18.1%	*20.7%	49.0%	*32.5%
Nutrient Guideline		600-650	1230				

Fri - 05/21/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS TWIN CHEESE SLIDERS	pkg	327	578	4	18.53	29.34	16.52
CS CELERY STIX 1/2 CUP	1/2 CUP	12	65	*N/A*	0.56	2.71	0.1
APPLESAUCE IW CUP (USDA)	1 EACH	51	2	11	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		520	804	*30	30.09	62.05	19.12
% of Calories				*23.0%	23.1%	47.7%	33.1%
Nutrient Guideline		600-650	1230				

Sat - 05/22/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS BEAN BURRITO	1 EACH	380	500	3	16.0	46.0	15.0
CS PEAS, GREEN,CND	1/2 CUP	90	140	6	4.0	16.0	1.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		659	801	*34	*31.85	92.95	*18.76
% of Calories				*20.7%	*19.3%	56.4%	*25.6%
Nutrient Guideline		600-650	1230				

Sun - 05/23/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS NACHO PRETZL PCKT	1 EACH	360	600	3	19.0	38.0	16.0
CS PEAS, GREEN,CND	1/2 CUP	90	140	6	4.0	16.0	1.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5

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HYBRID/CURBSIDE LUNCH

Portion Values - Detailed

Page 6

Generated on: 5/6/2021 9:20:29 AM

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average		639	901	*34	*34.85	84.95	*19.76
% of Calories				*21.3%	*21.8%	53.2%	*27.8%
Nutrient Guideline		600-650	1230				

Mon - 05/24/2021							
HYBRID/CURBSIDE LUNCH	Total						
PM CHEESEBURGER (AD PIERRE)	1 EACH	370	435	5	20.0	31.0	18.5
CS TTILLA CHIPS ,CHS,salsa (CHIP & CHS)		565	1019	*10	22.86	61.66	25.25
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	40	10	8	0.0	9.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		638	723	*39	*32.42	77.09	*22.61
% of Calories				*24.5%	*20.3%	48.3%	*31.9%
Nutrient Guideline		600-650	1230				

Tue - 05/25/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS BEAN BURRITO	1 EACH	380	500	3	16.0	46.0	15.0
CS BROCCOLI RAW	1/2 CUP	10	10	1	1.06	1.8	0.12
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		579	671	*29	*28.91	78.75	*17.89
% of Calories				*19.7%	*20.0%	54.4%	*27.8%
Nutrient Guideline		600-650	1230				

Wed - 05/26/2021							
HYBRID/CURBSIDE LUNCH	Total						
PM CHKN TACO W/SALSA	SVG (1 EACH)	387	1049	*0	28.27	41.75	12.44
PM CHSY BRDSTS (IW)/MARINARA	1 PKG & 1/2C	360	590	*3	18.5	43.88	13.12
CS BEAN VARIETY	1/2 CUP	104	140	2	6.25	18.5	0.75
FR POP, PEACH ,FRZN	1 EA	80	0	19	1.0	21.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		695	1257	*36	44.57	97.67	15.83
% of Calories				*20.8%	25.6%	56.2%	20.5%
Nutrient Guideline		600-650	1230				

Thu - 05/27/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS PIZZA, CHEESE	SLICE	360	510	4	20.0	34.0	17.0
CARROTS, PKG	2.6 OZ PK	32	26	*N/A*	0.76	7.47	0.14
JUICE, STRAWBRY KIWI (suncup)	1 EACH	60	*N/A*	12	*N/A*	14.0	*N/A*
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		582	*696	*31	*31.76	71.48	*19.64
% of Calories				*21.3%	*21.8%	49.1%	*30.4%
Nutrient Guideline		600-650	1230				

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# San Juan Unified School District

May 1, 2021 thru May 31, 2021

Base Menu Spreadsheet

HYBRID/CURBSIDE LUNCH

Portion Values - Detailed

Page 7

Generated on: 5/6/2021 9:20:29 AM

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 05/28/2021							
HYBRID/CURBSIDE LUNCH	Total						
PM CHKN NUGTS&CRACKERS	SVG	360	570	1	18.0	30.0	19.0
CS SUNBTTR SWICH, ST CHEESE	(SWICH & CH)	370	520	12	16.0	33.0	18.0
CS CORN, CND	1/2 CUP	65	15	3	2.0	15.0	1.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		616	736	*31	*31.45	76.56	*22.56
% of Calories				*20.3%	*20.4%	49.7%	*33.0%
Nutrient Guideline		600-650	1230				

Sat - 05/29/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS BEAN BURRITO	1 EACH	380	500	3	16.0	46.0	15.0
CS PEAS, GREEN,CND	1/2 CUP	90	140	6	4.0	16.0	1.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		659	801	*34	*31.85	92.95	*18.76
% of Calories				*20.7%	*19.3%	56.4%	*25.6%
Nutrient Guideline		600-650	1230				

Sun - 05/30/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS NACHO PRETZL PCKT	1 EACH	360	600	3	19.0	38.0	16.0
CS PEAS, GREEN,CND	1/2 CUP	90	140	6	4.0	16.0	1.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		639	901	*34	*34.85	84.95	*19.76
% of Calories				*21.3%	*21.8%	53.2%	*27.8%
Nutrient Guideline		600-650	1230				

Mon - 05/31/2021							
HYBRID/CURBSIDE LUNCH	Total						
CS TTILLA CHIPS ,CHS,salsa	(CHIP & CHS)	565	1019	*10	22.86	61.66	25.25
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	40	10	8	0.0	9.0	0.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		794	1190	*43	*34.71	101.61	*28.01
% of Calories				*21.7%	*17.5%	51.2%	*31.8%
Nutrient Guideline		600-650	1230				

Weighted Average		621	*862	*34 *48.6%	*33.00 *21.3%	82.51 53.2%	*18.97 *27.5%
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May 1, 2021 thru May 31, 2021

Base Menu Spreadsheet

HYBRID/CURBSIDE LUNCH

Portion Values - Detailed

Page 8

Generated on: 5/6/2021 9:20:29 AM

Nutrient	Menu AVG	% of Cals	Portion Size Weekly Target	Cals (kcal) % of Target	Sodm (mg) Miss Data	Sugars (g) Shortfall	Protn (g) Overage	Carb (g) Overage	T-Fat (g) Error Messages (if any)
Calories	621		600 - 650	100%					
Sodium 1 (mg)	862		1230		Missing				
Sodium 2 (mg)	862		935		Missing				
Sugars (g)	34	21.60%			Missing				
Protein (g)	33.00	21.26%			Missing				
Carbohydrate (g)	82.51	53.16%							
Total Fat (g)	18.97	27.50%			Missing				

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