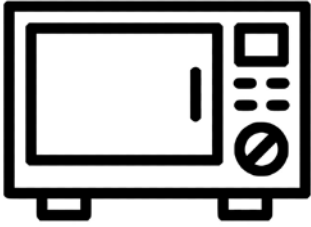


Microwave Heating Instructions



French Toast Sticks (4 pieces): Place on microwave-safe plate. Cook on high for 1 minute 30 seconds.

Breakfast Pizza: Remove from clear overwrap. Place on microwave safe plate. Cook on high for 1 minute 45 seconds to 2 minutes 15 seconds. Pizza is done when cheese is melted.

Pancake Sausage Roll-ups: Cook on high for 30 seconds. Turn, then cook for another 30 seconds.

Beef Sausage Patty: Microwave on high for 45 seconds to 1 minute.

Egg & Cheese Muffin: Frozen: Open one end of wrapper. Heat on high for 30 seconds. Remove wrapper and let stand 1 minute. Thawed: Open one end of wrapper. Heat on high for 20 seconds. Remove wrapper and let stand 1 minute.

Nacho Pretzel Pocket: From frozen, microwave on high for 2½ - 3 minutes; From thawed, microwave on high for 30-45 seconds.

Teriyaki Beef Nuggets: Microwave in bag on high for 1-2 minutes.

Corn Dog: Microwave in bag on high for 1-2 minutes.

Chicken Patty: Microwave (patty only) in bag on high for 2-3 minutes, let stand 1-2 minutes before serving; assemble sandwich after patty is cooked.

Chicken Drumstick: Microwave in bag on high for 4 minutes.

Grilled Cheese: Open one end of package and place on microwave safe plate. Microwave for 40-50 seconds or until heated through.

Chicken Nuggets & Popcorn Chicken: Microwave in bag for 1½ - 2 minutes.

Bean Burrito: Open one end of package to vent. Cook 45-60 seconds. Let rest for 1 minute after cooking.

Cheese Pizza: Microwave in pizza box for 1 minute. Pizza is done when cheese is melted.

Cheesy Breadsticks: On a microwave safe plate, cook for 1 minute. Continue to cook at 20 second intervals until heated through.

Beef Burger: Microwave on high for 30 seconds to 1 minute.

Hot Dog (Turkey): Microwave on high for 30-40 seconds.

Cheeseburger Sliders: From thawed, microwave on high power for 1-2 minutes.

Taco Beef: Microwave on high for 1-1½ minutes, let stand for 30 seconds.

Chicken Taco: Microwave on high for 1-1½ minutes, let stand for 30 seconds.

Refried Beans: Remove lid from cup and microwave for 30 seconds, let stand for 15 seconds before eating.

Macaroni & Cheese: Do not remove the vented film top prior to heating. Place one bowl in the microwave, heat on high for 2 minutes. Carefully remove the vented film top and stir.

Orange Chicken or General Tso Chicken & Yakisoba Noodles: Heat chicken and noodles in closed box container on high for 1 minute, 15 seconds. Let stand for 30 seconds. Carefully open the box and stir.

Cheese Sliders: Remove sliders from wrapper, place on a microwavable plate. Heat for 1 minute, 30 seconds to 2 minutes, until cheese is melted. Let cool for 2 minutes.

Pepperoni Pizza Stuffed Sandwich: Heat one serving at a time. Open one end of wrapper to vent. Place on microwave safe plate and heat for 1 - 1½ minutes.

Cheese Enchiladas: Heat one serving at a time. Open one end of wrapper to vent. Place on microwave safe plate and heat for 2 - 2½ minutes.

*All cooking times are approximate and based on manufacturers recommendations. Cooking times may vary, adjust accordingly.

*Caution: food will be HOT.

*Discard food left out at room temperature for two hours or more.