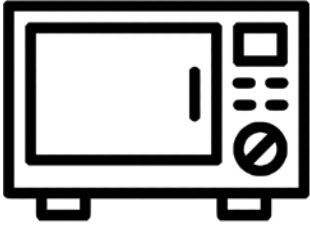


Microwave Heating Instructions



French toast Sticks (3 pieces): Place on microwave-safe plate. Cook on high for 1 minute 30 seconds.

Breakfast Pizza: Remove from clear overwrap. Place on microwave safe plate. Cook on high for 1 minute 45 seconds to 2 minutes 15 seconds. Pizza is done when cheese is melted.

Beef Sausage Patty: Microwave on high for 45 seconds to 1 minute.

Egg & Cheese Muffin: Microwave on high for 45 seconds to 1 minute.

Breakfast Wrap (Turkey): Microwave for 30 seconds.

Nacho Pretzel Pocket: From frozen, microwave on high for 2½ - 3 minutes; From thawed, microwave on high for 30-45 seconds.

Teriyaki Beef Nuggets: Microwave in bag on high for 1-2 minutes.

Corn Dog: Microwave in bag on high for 1-2 minutes.

Chicken Patty: Microwave (patty only) in bag on high for 2-3 minutes, let stand 1-2 minutes before serving; assemble sandwich after patty is cooked.

Chicken Drumstick: Microwave in bag on high for 4 minutes.

Grilled Cheese: Open one end of package and place on microwave safe plate. Microwave for 40-50 seconds or until heated through.

Chicken Nuggets: Microwave in bag for 1½ - 2 minutes.

Bean Burrito: Open one end of package to vent. Cook 45-60 seconds. Let rest for 1 minute after cooking.

Chicken Taco Meat: Microwave in box for 1 minute.

Cheesy Breadsticks: On a microwave safe plate, cook for 1 minute. Continue to cook at 20 second intervals until heated through.

Beef Burger: Microwave on high for 30 seconds to 1 minute.

Pepperoni Stuffed Sandwich: Open one end of package to vent. Cook 1 minute 30 seconds. Let rest for 1 minute after cooking.

Twin Cheese Sliders: From thawed, microwave on high power for 1-2 minutes.

3 Bean Chili: Microwave on high power for 1-2 minutes. Rest for one minute before removing film.

Rotini Beef: Microwave on high power for 1-2 minutes. Rest for one minute before removing film.

*All cooking times are approximate and based on manufacturers recommendations. Cooking times may vary, adjust accordingly.

*Caution: food will be HOT.

*Discard food left out at room temperature for two hours or more.