



General Tso's Chicken

Product Code: 8-52724-15563-0

This sweet sauce has just a hint of heat and when paired with our signature chicken it's no wonder General Tso's Chicken is one of the most popular Asian dishes in America.

This product contains no MSG, artificial coloring or flavoring, peanuts, peanut oil, or lard and has zero trans fat.



Pack size: 6 - 5 lb. Chicken, 6 - 36 oz. Sauce

Ingredients:

Chicken: Dark meat chicken chunks, water, cornstarch, white whole grain wheat flour, soybean oil, liquid whole eggs, salt, white pepper powder, garlic, ginger and green onion.

Sauce: Sugar, water, vinegar, soy sauce (water, soybeans, salt, sugar, wheat flour, extract of mushroom), modified starch, garlic, chili powder, orange peel powder, ginger and green onion

Allergens: Egg products, soy, wheat, and citrus

Made in the USA

Child Nutrition

Meat/Meat Alternate 2.88 oz. raw chicken
Yield 2 oz. cooked chicken per portion

Recommended serving size:
3.6 oz. = 2.5 oz. chicken and 1.1 oz. sauce

Approximate servings per case: 192

This 3.6 oz. serving provides 2 meat/meat alternate according to the Food Buying Guide for Child Nutrition Programs.

I certify this information is true and correct:

Lore Eipelding

Vice President

Date: 3/9/2017

Nutrition Facts

Serving Size 3.6 oz. (100g)
Servings Per Container 192

Amount Per Serving		Calories from Fat 27	
Calories 170			
		% Daily Values*	
Total Fat 3g			5%
Saturated Fat 0.5g			3%
Trans Fat 0g			
Cholesterol 40mg			13%
Sodium 361mg			15%
Total Carbohydrate 23g			8%
Dietary Fiber 0g			0%
Sugars 13g			
Protein 11g			22%
Vitamin C 2%		Iron 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Preparation

Place a single layer of chicken on baking sheet. Heat at 400° for 16-20 minutes or until golden brown, and internal temperature reaches 165°. Heat sauce in steamer, low boil in the bag, or microwave. Add sauce to chicken just prior to serving. Mix thoroughly to cover all chicken pieces.

Shelf life

1 year frozen

SUGGESTED SPECIFICATION

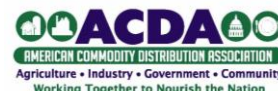
Case to contain:

- 6/5# chicken and 6/36 oz. sauce
- 192/ 3.6 oz. servings per case

May not contain:

- MSG, artificial coloring or flavoring
- Isolated soy protein
- Peanuts or peanut oil

Bid Yang's 5th Taste #15563-0 or pre-approved equal only



For further information please call, 909.593.4797

USDA Foods Product Information Sheet

For Child Nutrition Programs



101031 – Rice, Brown, Long-Grain, Parboiled

Category: Grains (Whole Grain)



PRODUCT DESCRIPTION

This item is U.S. No. 1 long grain, parboiled brown rice. This product is available in 25-pound bags.

CREDITING/YIELD

- One 25-pound bag yields about 400 ounce equivalents of grain.
- CN Crediting: 1 ounce dry or ½ cup cooked rice credits as 1 ounce equivalent grains.

CULINARY TIPS AND RECIPES

- Serve brown rice as a base for dishes such as stews and stir fry or use brown rice as an ingredient in main dishes such as casseroles, soups, burritos, or fried rice dishes.
- Add herbs and spices, onions, mixed vegetables, or diced tomatoes to brown rice for a flavorful side dish.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [Team Nutrition](#).

STORAGE GUIDELINES

- Product should be stored in a cool, dry place. Recommend storing in a refrigerator or freezer when possible to maximize the shelf life of this product.

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1/2 cup (98 g) cooked brown rice

Amount Per Serving

Calories 108

Total Fat 1g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 5mg

Total Carbohydrate 22g

Dietary Fiber 2g

Sugars 0g

Protein 3g

Source: [USDA National Nutrient Database](#)

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.