



SMART SNACKS IN SCHOOLS: A GUIDE TO HEALTHY FOODS AT SCHOOL

Child Nutrition Department

SANGER USD



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Let's Be Successful with Smart Snacks!

The Smart Snacks in School nutrition standards have been in effect since **July 1, 2014!** Here are a few reminders:

The U.S. Department of Agriculture finalized the rule for nutrition standards for all foods and beverages sold to students during the school day. The Smart Snacks in School nutrition standards apply to all foods and beverages **sold** to students outside of the school meals programs – including vending machines, a la carte, school stores, snack carts and in-school fundraising. Smart Snacks in School nutrition standards is a component of our school district's **Wellness Policy-BP 5030**.

Smart Snacks are in effect for the entire school day (midnight before to 30 minutes after the end of the school day) across the entire school campus.

Smart Snacks applies to in-school fundraising. Foods and beverages sold to students **as fundraisers during the school day** must meet Smart Snacks nutrition standards. Our state agency has set the number of exempt fundraisers at [insert number from your state agency]. There are no limits for non-food fundraisers or fundraisers that include foods and beverages that meet the Smart Snacks standards.

Smart Snacks does **not** apply to foods served, such as classroom celebrations and during evening, weekend or community events. Please note that homemade goods are not allowed for classroom celebrations, store bought items will be acceptable.

Our district is fully committed to ensuring compliance with the Smart Snacks standards. We also want to make sure you have the tools you need to find compliant products.

Students who are well nourished are better prepared to learn. By implementing consistent nutrition standards throughout all corners of the school building, we are enhancing the learning environment and contributing to the overall health and well-being of our students.

In addition, by consistently providing healthier foods and beverages outside of the cafeteria will build on the great health strides being made **in** the cafeteria.

Please contact me at 559-524-7621 if you have any questions.

Sincerely,

Jannette Garcia
Director of Child Nutrition
Sanger Unified School District

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Smart Snacks in School

USDA's "All Foods Sold in Schools" Standards

USDA has established practical, science-based nutrition standards for snack foods and beverages sold to children at school during the school day. The standards allow schools to offer healthier snack foods to children, while limiting junk food.

The health of today's school environment continues to improve. Students across the country are now offered healthier school lunches with more fruits, vegetables and whole grains. The Smart Snacks in School standards build on those healthy advancements and ensure that kids are only offered tasty and nutritious foods during the school day.

Smart Snacks in School also supports efforts by school food service staff, school administrators, teachers, parents and the school community, all working hard to instill healthy habits in students.

Nutrition Standards for Foods

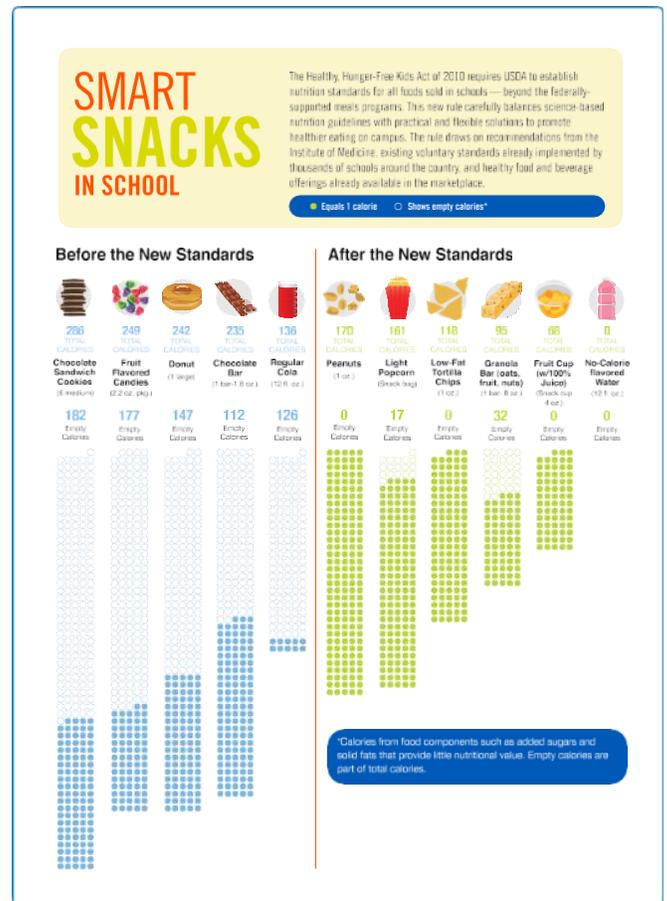
- **Any food sold in schools must:**
 - Be a "whole grain-rich" grain product; or
 - Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or
 - Be a combination food that contains at least ¼ cup of fruit and/or vegetable; or

- **Foods must also meet several nutrient requirements:**
 - Calorie limits:
 - Snack items: ≤ 200 calories
 - Entrée items: ≤ 350 calories

 - Sodium limits:
 - Snack items: ≤ 200 mg
 - Entrée items: ≤ 480 mg

 - Fat limits:
 - Total fat: ≤ 35% of calories
 - Saturated fat: < 10% of calories
 - Trans fat: zero grams

 - Sugar limit:
 - ≤ 35% of weight from total sugars in foods



Nutrition Standards for Beverages

- **All schools may sell:**
 - Plain water (with or without carbonation)
 - Unflavored low fat milk
 - Unflavored or flavored fat free milk and milk alternatives permitted by NSLP/SBP
 - 100% fruit or vegetable juice and
 - 100% fruit or vegetable juice diluted with water (with or without carbonation), and no added sweeteners.
- **Elementary schools may sell up to 8-ounce portions, while middle schools and high schools may sell up to 12-ounce portions of milk and juice. There is no portion size limit for plain water.**
- **Beyond this, the standards allow additional "no calorie" and "lower calorie" beverage options for high school students.**
 - No more than 20-ounce portions of
 - Calorie-free, flavored water (with or without carbonation); and
 - Other flavored and/or carbonated beverages that are labeled to contain < 5 calories per 8 fluid ounces or ≤ 10 calories per 20 fluid ounces.
 - No more than 12-ounce portions of
 - Beverages with ≤ 40 calories per 8 fluid ounces, or ≤ 60 calories per 12 fluid ounces.

Other Requirements

- **Fundraisers**
 - The sale of food items that meet nutrition requirements at fundraisers are not limited in any way under the standards.
 - The standards do not apply during non-school hours, on weekends and at off-campus fundraising events.
 - The standards provide a special exemption for infrequent fundraisers that do not meet the nutrition standards. State agencies determine the frequency with which fundraising activities take place that allow the sale of food and beverage items that do not meet the nutrition standards.
- **Accompaniments**
 - Accompaniments such as cream cheese, salad dressing and butter must be included in the nutrient profile as part of the food item sold.
 - This helps control the amount of calories, fat, sugar and sodium added to foods by accompaniments, which can be significant.



Grocery Compliant Food List

This list is an example of items that meet smart snack standards. You can find these along with other items at your grocery store.

This list is not comprehensive and is intended to provide a base-line sample of products that meet nutritional guidelines set forth in legislation.

Allergens and Restrictions:

*Nuts, nut butters and peanuts are not served at the Elementary Sites due to high food allergy prevalence. Before providing any food to students be aware of the food allergies that students in the classroom may have. Avoidance of these foods will be necessary.

Per BP 5030 homemade goods are not allowed for classroom celebrations, store bought items will be acceptable.

Beverages:

Water

100% fruit or vegetable juice

Fruit drinks with at least 50% juice

1% Milk or Fat Free Chocolate or Fat Free Strawberry Milk

For Secondary only: Electrolyte replacement beverages w/ 42 grams or less of sugar per 20 oz bottle

Snack Items, listed by Manufacture:

[Austin](#)

Sea Animal Crackers, 1 oz

Zoo Animal Crackers, 1 oz

[Back to Nature \(Kraft\)](#)

Crispy Wheats, 1 oz

Crispy Cheddar Crackers, 1 oz

[Blue Bunny \(Well's Dairy, Inc.\)](#)

Tigger Twister (Chocolate and Vanilla Pudding on a stick, 1.75 fl oz)

Fudge Bar, 3.0 fl oz

Carb Freedom Juice Bars, 1.75 fl oz Flavors: Grape, Raspberry, Strawberry

Cool Daze Fudge Dream Bar

Campbell's

V8 Juice, 12 oz

Dannon

Light and Fit Non-Fat Yogurt, 8 oz container

David's

Sunflower Seeds 1 oz bag

Del Monte

Plastic Fruit Cup, 4 oz; Mixed Fruit and Peaches

Dole

Pineapple Tidbit Cup 3.1 oz

Tropical Fruit Cup 3.1 oz

Fruit Bowls, 4 oz – types of fruit available listed below:

Pears

Mandarin Oranges

Tropical Fruit Salad

Diced Peaches

Mixed Fruit

Pineapple Tidbits

Frito-Lay

Baked Lays, 1-1/8 oz

Baked Lays, Sour Cream and Onion, 1-1/8 oz

Baked Ruffles Original, 1-1/8 oz

Baked Cheetos, 1.25 oz

Gatorade

Frost – Cascade Crash, Riptide Rush, & Glacier Freeze, 8 oz

Instant Mix-Lemon Lime (1 1/3 Tbsp), 8 oz

Fierce Melon, Berry and Grape, 8 oz

Lemon Lime, fruit Punch, Orange (12 bottles), 8 oz

General Mills

Cinnamon Toast Crunch Crisps, 1 oz

Healthy Choice

Low Fat Fudge Bars, 1 bar

Sorbet & Cream Bars, 1 bar

Honey Maid

Graham Crackers, 8 crackers

Jolly Time

Microwave Popcorn, Healthy Pop Minis: Butter Flavor, 1.2 oz; Kettle Corn Flavor 1.19 oz

Keebler

Honey Rite Grahams with Calcium, 3 pack

Honey Grahams, 3 pack

Graham Select – Cinnamon, 3 pack

Graham Select, Low Fat, 3 pack

Chocolate Graham Crackers, 3 pack

Cinnamon Elf Grahams, 1 oz

Original Elf Grahams, 1 oz

Chocolate Elf Grahams, 1 oz

Scooby Doo Graham Cracker Sticks, 1 oz

Journey Multigrain Cereal Bar, Chocolate, 1.4 oz, Peanut Butter Fudge 1.3 oz, Apple Cinnamon 1.3 oz, Carmel 1.3 oz

Kellogg's

Pop Tart (Brown Sugar Cinnamon) 1.76 oz

Pop Tart (Brown Sugar flavor only), 1 pack, 1.76 oz

Nutri-Grain Bar, Apple Cinnamon flavor, 1.3 oz

Nutri-Grain Muffin Bar, 1.6 oz Banana

Cinnamania Cinnamon Bun flavored Graham Snack, 1.76 oz

Kirkland

Cranberry Grape Juice (2 bottles), 8 oz

Cranberry Raspberry Juice Blend (2 bottles), 8 oz

Frozen concentrated Orange Juice, Calcium Enriched (6 cans) 2 oz

Newman's Own Grape Juice (2 bottles) 8 oz

Premium Drinking water, 8 oz

Skim milk (2-1 gal jugs) 8 oz

*Pistachios, ½ cup with shells **(Not allowed at Elementary Sites)**

Rice crackers and Nuts, ¼ cup

*Roasted and Salted Peanuts, 3 tsp **(Not allowed at Elementary Sites)**

Signature Crunchy Snack, ¼ cup

Knott's Berry Farm

Strawberry Fruit & Grain Bar, 1.76 oz

Kraft

Teddy Grahams Graham Snacks 0.7 oz (Cinnamon and Chocolate flavors)

Teddy Grahams Graham Snacks, 0.5 oz (Cinnamon Flavor)

Ritz Sticks, 1 oz

Ritz Dinosaur Crackers, 1 oz

Krispy

Saltine Crackers, 12 grams

Kudos (Master Foods)

Fruit and Granola Bar, 1.58 oz

Laura Scudders

Mini Pretzels, 1 oz

Lays

Baked Lays, 1.25 oz

Baked Lays, Sour Cream & Onion, 1.125 oz

Martinelli

Apple Juice, 10 oz

Apple Juice, 8 oz

Minute Maid

Orange Juice with Calcium and Vitamin D (2-128 oz Bottles), 8 oz

Mr. Nature (Not allowed at Elementary Sites)

*Salted Almonds 1 oz

Raisins, 1 oz

*Salted Peanuts 1 oz, 1.5 oz

*Honey Roasted Peanuts, 1 oz

*Unsalted Trail Mix, 1.1 oz

*Trail Mix, Sweet & Smart, 1.5 oz

Mott's

Applesauce, Individual Cup, 4 oz

Nabisco

Crunchy Toasted Corn Nuts, Original Flavor, 1 oz

Vanilla Wafers, 2 oz

100 Calorie Wheat Thins Minis, .74 oz

Naked Food

Juice – Carrot-O-Copia (1/2 gallon), 8 oz

Juice – Green Machine (1/2 gallon), 8 oz

Juice – Just Orange Juice (1/2 gallon), 8 oz

Nature Valley

100% Natural Crunchy Granola Bar, 1.5 oz - Maple Brown Sugar Flavor, Banana Nut Flavor, Oat's and Honey Flavor, Peanut Butter Flavor

Crunchy Granola Bars, 2 Bar

Oh Boy! Oberto

Natural Style Beef Jerky, .9 oz

Teriyaki Flavor Beef Jerky, .9 oz

Pacific Gold

Beef Jerky Hot & Spicy (2 bags), 1 oz
Original Beef Jerky, 1 oz
Teriyaki Beef Jerky (2 bags), 1 oz
Turkey Jerky (2 bags), 1 oz
Variety Pack Beef Jerky, 1 oz

Pasta Prima

Spinach and Mozzarella Ravioli, 1 cup (6 Ravioli)

Pepperidge Farms

Goldfish Flavor Blast Hot n' Spicy Cheddar Baked Snack Crackers, .75 oz
Pretzel Goldfish, .75 oz
Giant Goldfish Grahams, Cinnamon, .9 oz
Giant Goldfish Grahams, Chocolate, .9 oz
Parmesan Goldfish crackers, .75 oz
Goldfish PhysEdibles: Lemon Baked Animal Crackers, .9 oz, Vanilla Baked Animal Crackers, .9 oz
Goldfish, 1 oz bag

Planter's (Not allowed at Elementary Sites)

*Honey Roasted Peanuts, 1 oz
*Salted Peanuts, 1 oz
*Salted Peanuts, (48-103 bags), 8 fl oz

Plain Gourmet

Bagel (mini), 1 Bagel

Premium Original

Saltine Crackers, 5 crackers

Quaker

Oatmeal Breakfast Square, 1.41 oz

Stauffer's

Animal Crackers, 1 oz
Animal Crackers, 16 pieces

Sunkist

Apricot Fruit Roll, .75 oz

Sunshine

Reduced-fat Cheez-its, 1.5 oz

Traditional Chex Mix 1 oz

Tree Top

Applesauce, Ind. Cup, 4 oz

Apple Juice, 8 oz

Fruit Energy Bar, Apple/Cherry/Berry, 1.5 oz

Fruit & Veggie Bar, Cranberry/Raspberry, 1.5 oz

Fruit Snacks 0.5 oz: Strawberry, Raspberry, Cherry, Grape

Tropicana

Fruit Wise Fruit Bars 1.4 oz Flavors: Cherry Berry, Orange Citrus, Strawberry

Fruit Wise Fruit Strips, .67 oz Flavors: Cherry, Fruit Punch, Grape, Raspberry, Strawberry, Wildberry

Juice Blends, 10 oz

Orange Juice, 10 oz

Utz's

Pretzel Stix, 5 Sticks

Yoplait

Light Yogurt, all flavors, 8 oz



Sanger Unified School District, Child Nutrition Department SNACKS ORDER FORM

Can Be Purchased By Serving

Item Description	Item#/Distributor	Case Count	Amount ordered	Extended Price	Plus 10%
Apple Slices	Fresno Produce	200 1/2 cup			
Apple Slices	Fresno Produce	100/ 1 cup			
Apples	Fresno Produce	138/cs			
Cheez-It	2098269/Sysco	175/cs			
Chips, Sunchips	5512033/Sysco	104/cs			
Cookies, Bunny Friend	7009697/Sysco	100/cs			
Craacker, Graham, Scooby	8344303/Sysco	210/cs			
Crackers, Goldfish, Cheddar	6599405/Sysco	300/cs			
Graham Crackers, Chocolate Elf	8354664/Sysco	150/cs			
Graham Crackers, Cinnamon Elf	8266157/Sysco	150/cs			
Graham Crackers, Honey Maid Little Squares	1928934/Sysco	72/cs			
Juice, 4 oz, Apple	1210863/Sysco	70/cs			
Juice, 4 oz, Orange	1211440/Sysco	70/cs			
Oranges	Fresno Produce	138/cs			
Snack Bar Chocolate Chip Oatmeal	0970196/Sysco	144/cs			
Snack, Chex Choc Caramel	1899085/Sysco	60/cs			
Snack, Kid's Mix	5073089/Sysco	104/cs			
Sunflower Seeds	3863113/Sysco	150/cs			

Order Form Instructions:

1. Please fill out and submit to Child Nutrition Supervisor at your Cafeteria for processing.
2. Pricing will vary from year to year. For current pricing contact Assistant Child Nutrition Director, Colleen Blagg at 524-7622.
3. Additional compliant items are available for purchase upon request.
4. For additional information contact your cafeteria site supervisor or Assistant Child Nutrition Director Colleen Blagg.



Fundraisers and Smart Snacks: Foods Not Intended for Consumption at School

The Smart Snacks in School nutrition standards apply to any foods sold to students during the school day on the school campus, including foods sold as fundraisers.

What can we sell for a fundraiser? If the item being sold is a nonfood item or a food item that meets the Smart Snacks standards, it can be sold anytime. State agencies can permit occasional exempt fundraisers, allowing the sale of foods that do not meet the standards. Organizations planning fundraisers should work with their school administration before initiating a fundraiser to ensure compliance with the Local Wellness Policy, Smart Snacks standards, and any other local policies that may be in place.

What if the foods do not meet the standards? Generally, foods that do not meet the standards cannot be sold to students on campus during the school day. Organizations planning fundraisers of foods that do not meet the standards must work with their school administration to determine if their fundraiser can be allowed as one of the school's limited exempt fundraisers. It is important to remember that the standards do not apply during nonschool hours, on weekends, and at off-campus fundraising events, though local policies may still apply.

No more frozen pizza sales? No more cookie dough? No more Thin Mints®* cookies? Not necessarily! Many extracurricular programs, such as the school band, sports teams, and the school choir as well as youth-based community organizations such as the scouting programs rely on fundraisers to support their activities. There are ways that these groups can continue to raise money on campus under the standards, if allowed under local policies and approved by the school administration.

First, remember that *all* fundraising activities that take place outside of school are exempt from Smart Snack Standards. Just double-check your Local School Wellness Policy to see if other local school policies are in place!

Sale of frozen pizza, cookie dough and other items preordered and distributed in a precooked state or in bulk quantities (multiple servings in a package) for consumption at home is not required to meet the standards. For example, boxes of preordered Girl Scout cookies intended for consumption at home would not be subject to the standards. Students could take orders and deliver them during the school day for consumption outside of school.

Can we take fundraising orders at school? Yes. Orders may be taken at school as long as the foods being sold meet the Smart Snacks standards or are not intended to be consumed on campus during school hours and as long as students receive permission from the school.

Can we deliver the preordered fundraising items at school? Foods that have been purchased through a fundraiser may be delivered on the school campus during the school day if the foods being sold meet the standards or are not intended to be consumed on campus during school hours and as long as students receive permission from the school. However, we encourage

organizations to deliver the foods at a time when parents and caregivers are more likely to be present to collect the items, for example, during specific drop off or pickup times.

Can we sell individual food items that students can eat during the school day? If the foods being sold meet the standards, then you may sell them during the day. However, when the fundraiser includes the sale of food items that do not meet the standards, for example, a doughnut or a candy bar, the fundraiser must be considered an approved exempt fundraiser in accordance with the State agency. The fundraising organization, such as the school band, could then sell doughnuts or candy to students during the allocated exempt fundraising period.

Communication between youth-based organizations and school administration is critical when planning fundraising events on school campus during the school day.

Need more information? We offer a number of tools and resources to help school staff, parents, and students navigate fundraising tactics including the following:

- **Memorandum: Smart Snacks Nutrition Standards and Exempt Fundraisers**
<http://www.fns.usda.gov/sites/default/files/SP36-2014os.pdf>
- **Issue Brief: Fundraisers**
http://www.fns.usda.gov/sites/default/files/allfoods_fundraisers.pdf
- **Healthy Fundraising (USDA Healthy Meals Resource System)**
<http://healthymeals.nal.usda.gov/local-wellness-policy-resources/wellness-policy-elements/healthy-fundraising>

Other policy guidance and resource materials on Smart Snacks may be found at the Food and Nutrition Service website at <http://www.fns.usda.gov/healthierschoolday/tools-schools-smart-snacks>.

USDA is an equal opportunity provider and employer.

*Mention of companies or commercial products does not imply recommendation or endorsement by the U.S. Department of Agriculture over others not mentioned or shown.

Creative Fundraising Ideas

(Principals shall approve acceptable fundraisers prior to implementation)

Things to Do

Art Show	Gift Wrapping	Singing telegrams
Auction	Golf Tournament	Skate Night/Skate-a-thon
Bike-a-thon	Hoop-a-thon	Spelling Bee
Bowl-a-thon	Jump-rope-a-thon	Talent Show
Carnivals	Magic show	Tennis Competition
Car Wash	Raffle (movie Passes, theme bags)	Treasure or Scavenger Hunt
Craft Sales	Read-a-thon	Walk-a-thon
Dances	Recycling	Workshops/Classes
Family/Glamour Portraits	cans/bottles/paper	
Festivals	Science fairs	
Fun Runs		

Things You Can Sell

Air Fresheners	Giant coloring books	Plants
Balloons	Gift baskets	Pocket calendars
Bath accessories	Gift certificates	Raffle donations
Flashlights	Gift items	Scarves
Books, Calendars	Gift wrap, boxes, bags	School art drawings
Brick/stone/tile Memorials	Greeting cards	School Frisbees
Bumper stickers	Hats and jewelry	School spirit gear
Buttons/pins	Holiday wreaths	Scratch-off cards
Candles	House decorations	Souvenir cups
Christmas ornaments	Key chains	Spirit/seasonal flags
Christmas trees	Coffee mugs	Stadium pillows
Cookbooks	Student directories	Stationary
Magazine subscriptions	Stuffed animals	Emergency kits for cars
Flowers, Bulbs	Music	t-shirts, sweatshirts
Foot warmers	Newspaper space	yearbook covers
Football seats		pet treats/accessories

Ideas excerpted from Shasta County Public Health Department, Project Lean, March 2007

Constructive Classroom Rewards: Promoting Good Habits While Protecting Children's Health

(Principals shall approve acceptable fundraisers prior to implementation)

Rewarding children in the classroom need not involve candy and other foods that can undermine children's diets and health and reinforce unhealthful eating habits. A wide variety of alternative rewards can be used to provide positive reinforcement for children's behavior and academic performance.

Examples of beneficial (and inexpensive) rewards for children.*

Social rewards:

"Social rewards". Which involve attention, praise, or thanks, are often more highly valued by children than a toy or food. Simple gestures like pats on the shoulder, verbal praise (including in front of others), nods, or smiles can mean a lot. These types of social rewards affirm a child's worth as a person.

Recognition:

- Trophy, plaque, ribbon or certificate in recognition of achievement or a sticker with affirming message (e.g. "great job")
- Recognizing a child's achievement on the school-wide morning announcements and/or the school's website
- A photo recognition board in a prominent location in the school
- A phone call, email, or letter sent home to parents or guardians commending a Child's accomplishment
- A note from the teacher to the student commending his or her achievement

*Some examples adapted from "Alternatives to Using Food as a Reward", Michigan Team Nutrition (a partnership between the Michigan Department of Education and Michigan State University Extension), 2004. Accessed at http://www.cspinet.org/nutritionpolicy/constructive_rewards.pdf

Privileges

- Choosing a class activity
- Helping the teacher
- Sitting by friends or in a special next to or at the teacher's desk
- "No Homework" pass
- Teaching the class
- Playing an educational computer or other game
- Reading to a younger class
- Making deliveries to the office
- Reading the school-wide morning announcements
- Helping in another classroom
- Eating lunch with the teacher or the principal
- Listening with a headset to a book on tape or CD
- Going to the library to select a book to read
- Working at the school store
- Taking a walk with the principal or teacher
- Designing a class or hall bulletin board
- Writing or drawing on the blackboard/whiteboard
- Taking care of the class animal for a day
- Allowing child to choose an extra recess activity for the class on his/her birthday

Rewards for a Class

- Extra recess
- Reading outdoors
- Holding class outdoors
- Extra art, music, PE or reading time
- Listening to music while working
- Dancing to music
- Playing a game or doing a puzzle together
- "Free choice" time at the end of the day
- A song, dance, or performance by the teacher or students
- A book read aloud to the class by teacher
- A field trip

School Supplies

- Pencils: colored, with logos or other decoration
- Pens
- Erasers
- Notepads/Notebooks
- Boxes of crayons
- Stencils
- Rulers
- Glitter
- Pencil Sharpeners
- Stamps
- Plastic scissors
- Bookmarks
- Highlighters
- Chalk
- Markers
- Coloring Books
- Gift Certificate to the school store

Sports equipment and athletic gear

- Paddleballs Frisbees
- Water Bottles
- NERF balls
- Hula Hoop
- Head and wrist sweat bands
- Jump rope

Toys/ Trinkets

- Stickers
- Yo-yos
- Rubber balls
- Finger Puppets
- Stuffed animals
- Plastic or rubber figurines
- Toy cars, trucks, helicopters or airplanes
- Plastic sliding puzzles or other puzzle games
- Slinkies
- Gliders
- Magnifying glasses
- Spinning tops
- Marbles
- Jacks
- Playing Cards
- Stretchy animas
- Silly putty
- Bubbles
- Balloons
- Capsules that become sponges/figurines when placed in water
- Inflatable toys (balls)
- Small dolls or action figures

Fashion Wear

- Temporary tattoos
- Hair accessories (barrettes or ribbons)
- Bracelets, rings, necklaces
- Sunglasses
- Eyeglasses with nose disguise
- Hat or cap
- T shirt
- Sneaker Bumper Stickers

Miscellaneous

- Key Chains
- Flashlights
- Cups
- Magnets
- Crazy straws
- Back scratchers
- A plant, or seeds, and a pot for growing a plant
- Books

A token point system, whereby children earn points that accumulate toward a bigger prize. Possible prizes include those listed above and:

- Gift certificates to a bookstore or sporting goods store
- Movie pass or rental gift certificate
- Ticket to a sporting event
- Puzzle
- Book
- Stuffed animal
- Magazine subscription
- Board game
- Step counter (pedometer)
- Sports equipment, such as tennis racket, baseball glove, soccer ball, or basketball

Children can be given fake money, tokens, stars, or a chart can be used to keep track of the points they have earned. Points can be exchanged for privileges or prizes when enough are accumulated.

A point system also may be used for an entire class reward. Whenever individual children have done well, points can be added to the entire class' "account". When the class has earned a target number of points, then they receive a group reward.

For more information visit www.cspinet.org/schoolfood/ or contact the Center for Science in the Public Interest at nutritionpolicy@cspinet.org.

School Site Directory Child Nutrition Supervisors

Centerville (K-6)

48 Smith Ave
Sanger, CA 93657
Phone: 559-524-6916
Jason Rodriguez– CN Sup

Del Rey (K-6)

10620 Morro Street
Del Rey, CA 93616
Phone: 559-524-7513
Martha DeLa Cruz-CN Sup

Fairmont (K-8)

3095 N. Greenwood
Sanger, CA 93657
Phone: 559-524-7295
Jerome Turner-CN Sup

Jackson (K-5)

1810 Third Street
Sanger, CA 93657
Phone: 559-524-6916
Jason Rodriguez- CN Sup

Jefferson (K-5)

1110 Tucker Ave
Sanger, CA 93657
Phone: 559-524-6916
Jason Rodriguez- CN Sup

Lincoln (K-5)

1700 Fourteenth Street
Sanger, CA 93657
Phone: 559-524-7120
**Connie Martinez CN Sup,
Christina Talamantes – FS
Sup**

Lone Star (K-6)

2617 S. Fowler Avenue
Fresno, CA 93725
Phone: 559-524-7513
Martha DeLa Cruz-CN Sup

Madison (K-5)

2324 Cherry Ave.
Sanger, CA 93657
Phone: 559-524-6876
Rita Macias, CN Sup

Quail Lake Environmental Charter (K-8)

4087 N. Quail Lake Dr.
Clovis, CA 93611
Phone: 559-524-7295
Jerome Turner-CN Sup

Reagan Elementary (K-5)

1586 S. Indianola Avenue
Sanger, CA 93657
Phone: 559-524-6876
Rita Macias-CN Sup

Sanger Academy Charter

(K-8)2207 Ninth Street
Sanger, CA 93657
Phone: 559-524-6876
Rita Macias-CN Sup

Sequoia (K-6)

1820 S. Armstrong
Fresno, Ca.
Phone: 559-524-7513
Martha DeLa Cruz-CN Sup

John Wash (K-6)

6350 E. Lane Ave,
Fresno, CA 93727
Phone: 559-524-7513
Martha DeLa Cruz-CN Sup

Wilson (K-5)

610 Faller Avenue
Sanger, CA 93657
Phone: 559-524-6916
Jason Rodriguez– CN Sup

Washington Academic

Middle School (6-8)
1705 Tenth Street
Sanger, CA 93657
Phone: 559-524-7120
**Connie Martinez-CN Sup
Christina Talamantes – CN
Sup**

Sanger High (9-12)

1045 Bethel
Sanger, CA 93657
Phone: 559-524-7295
Jerome Turner-CN Sup

Hallmark Charter

(Independent Study) (K-12)
2445 Ninth Street
Sanger, Ca 93657
Phone: 559-524-7295
Alfred Sanchez – Director
Jerome Turner-CN Sup

Taft

(Independent Study)(K-12)
1801 Seventh Street
Sanger, CA 93657
Phone: 559-524-7120
**Connie Martinez– CN Sup,
Christina Talamantes-CN
Sup**

King's River (Continuation) (9-12)

1801 Seventh Street
Sanger, CA 93657
Phone: 559-524-7120
**Connie Martinez– CN Sup,
Christina Talamantes-FS
Sup**

Community Day School

(Continuation) (7-11)
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