

### Heating Instructions for School Breakfast Items

Pancake on a Stick	<p><b>Microwave:</b> Microwave HIGH Thawed 45-60 seconds Frozen 90 seconds Heat to an internal temperature of 160°F. Hold at 140°F or above. Heating times may vary with each oven.</p> <p><b>BAKE:</b> Conventional Oven 375° Thawed 6-10 Minutes Frozen 16-18 Minutes Heat to an internal temperature of 160°F. Hold at 140°F or above. Heating times may vary with each oven.</p>
Breakfast Bagel	<p><b>Cooking Instructions:</b> For a crispy crust: Preheat oven to 325 F. Place bagel directly on center oven rack. Cook for 7 to 10 minutes or until cheese is melted and crust edges are golden brown. For a softer crust: Preheat oven to 325 F. Place pizza on a baking sheet. Cook for 8 to 11 minutes or until cheese is melted and crust edges are golden brown.</p>
Pig in a Blanket	<p>CONVENTIONAL OVEN: <b>Heat</b> oven to 350°F. <b>Heat</b> 12 minutes until internal <b>temperature</b> is 160°F. <b>temperature</b> is 160°F. Each 2.00 oz.</p>
French Toast Sticks	<p>1. Preheat Convection Oven To 350° F. 2. Arranged French Toast Sticks In A Single Layer On A Baking Sheet. 3. Bake For 10 To 11 Minutes. 4. Let Stand 1 Minute Before Serving.</p>
Mini Pancakes	<p><b>THAW, HEAT &amp; SERVE OVEN</b> 1. Preheat oven to 350°F. 2. Place thawed pouches, picture side up, on baking sheet. If desired, remove food from pouch &amp; place directly on baking sheet. ** Do NOT exceed 350°F. Do NOT allow pouches to contact any interior oven surfaces. Bake times will vary by oven load and type. * For best quality, consume within 1 hour of heating. Do not refreeze or refrigerate after heating <b>Thaw &amp; Serve:</b> Remove pouches from case and place in a single layer on sheet pan or tray. Thaw at room temperature for 60 minutes; serve within 1 hour of thawed state.</p>
Mini Waffles	<p><b>THAW, HEAT &amp; SERVE OVEN</b> 1. Preheat oven to 350°F. 2. Place thawed pouches, picture side up, on baking sheet. If desired, remove food from pouch &amp; place directly on baking sheet. ** Do NOT exceed 350°F. Do NOT allow pouches to contact any interior oven surfaces. Bake times will vary by oven load and type. * For best quality, consume within 1 hour of heating. Do not refreeze or refrigerate after heating <b>Thaw &amp; Serve:</b> Remove pouches from case and place in a single layer on sheet pan or tray. Thaw at room temperature for 60 minutes; serve within 1 hour of thawed state.</p>
Breakfast Tamales	<p>Heat the <b>tamales in the microwave</b> for one to two minutes (depending on the power of your <b>microwave</b>). An alternate method is to heat the <b>tamales</b> for 15-30 seconds, then flip them over and heat for another 15 to 30 seconds. You can repeat this process until the <b>tamales</b> are heated all the way through. For steaming, remove <b>tamales</b> from bag, and place in a hot steamer for 15-20 minutes from a thawed state (5-10 minutes more if frozen). For oven baking, preheat oven to 325. Remove <b>tamales</b> from bag, wrap in foil, and place them on sheet pan. Bake 15-20 minutes if thawed, and 20-25 if frozen.</p>

### Heating Instructions for School Lunch items

Corndog	<p><b>BAKE:</b>  All instructions are for FROZEN PRODUCT to yield best results.  Conventional Oven  375° 14-16 MINUTES  Heat in a single layer.  Heat to an internal temperature of 160°F. Hold at 140°F or above.  Heating times may vary with each oven.</p>
Mini Corndogs	<p><b>BAKE:</b>  All instructions are for FROZEN PRODUCT to yield best results.  Conventional Oven  375° 14-16 MINUTES  Heat in a single layer.  Heat to an internal temperature of 160°F. Hold at 140°F or above.  Heating times may vary with each oven.</p>
Bean & Cheese Burrito	<p>Microwave Oven: Thaw heat for 12 minutes at 300deg Frozen heat for 17 minutes at 300deg  Conventional Oven: Thawed heat for 15 minutes at 350deg Frozen Heat for 20 minutes at 350deg</p>
Chicken Nuggets	<p><b>BAKE:</b></p> <ol style="list-style-type: none"> <li>1. Preheat oven to 400°F.</li> <li>2. Place frozen <b>nuggets</b> on <b>baking</b> sheet.</li> <li>3. <b>Heat</b> 11 to 13 minutes.</li> </ol>
Chicken Tenders	<p><b>BAKE:</b></p> <ol style="list-style-type: none"> <li>1. Preheat oven to 400°F.</li> <li>2. Place <b>frozen chicken strips</b> on <b>baking</b> sheet.</li> <li>3. <b>Heat</b> 18 to 20 minutes.</li> </ol>
Pizza Crunchers	<p><b>COOKINGINSTRUCTIONS</b> Keep frozen until ready to prepare. Due to differences in appliances, cooking times may vary and require adjustment. Caution - Product will be hot! <b>CONVECTION OVEN:</b> 1. Preheat oven to 350 F. 2. Arrange 1 bag of crunchers in a single layer on a full size sheet pan. 3. Bake for 13-14 minutes or until internal temperature of 165F is reached. 4. Let stand 1 minute before serving.</p>
Popcorn Chicken	<p><b>BAKE:</b>  Appliances Vary. Heating Times Approximate. Conventional Oven Preferred Method</p> <ol style="list-style-type: none"> <li>1. Preheat oven to 400° F.</li> <li>2. Place frozen chicken pieces on baking sheet.</li> <li>3. Heat 15 to 20 minutes.</li> </ol> <p><b>Microwave:</b>  Appliances Vary. Heating Times Approximate.  Microwave</p> <ol style="list-style-type: none"> <li>1. Arrange frozen chicken pieces on microwave safe plate.</li> <li>2. Heat on HIGH: <ul style="list-style-type: none"> <li>3 pieces for 1 to 1 1/2 minutes,</li> <li>6 pieces for 2 to 2 1/2 minutes,</li> </ul> </li> </ol>

	<p>9 pieces for 2 1/2 to 3 minutes. Do not overheat. 3. Let stand 1 to 2 minutes before serving.</p>
Country Steak Fingers	<p><b>Conventional Oven: Preheat oven to 375 degrees f. Bake frozen product for 20-25 minutes.</b> <b>Microwave: Heat frozen product on high power for 2-3 minutes.</b></p>
Chicken Wings	<p>Heating Instructions from Frozen: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 38 minutes. Convection oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer in an ungreased baking pan. Bake uncovered for 20 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary adjust heat times accordingly.</p>

