

— MY FAVORITE FLAVOR IS —

**HERBAL**

---



Try these tea-like infusions.



## ***WATERMELON & BASIL WATER***

Mix **1 cup** cubed watermelon and **5** basil leaves with water in a **2-quart** pitcher. Chill for at least 20 minutes and enjoy.



## ***CUCUMBER, LIME & MINT WATER***

Mix  $\frac{1}{2}$  **sliced** cucumber, **1 sliced** lime, and **5** mint leaves with water in a **2-quart** pitcher. Chill for at least 20 minutes and enjoy.



## ***GRAPEFRUIT & ROSEMARY WATER***

Mix **1 peeled and chopped** grapefruit and **1** sprig of fresh rosemary with water in a **2-quart** pitcher. Chill for at least 20 minutes and enjoy.

*Wash ingredients first. Serve chilled for freshness and drink within 24 hours (recipe serves five). Sip, share, and enjoy!*