

Chili with Beans and Corn



It is so easy to make homemade chili in minutes.

Serves 6

Prep time 5 min.

Cook time 15 min.

Ingredients

1 Tbsp. vegetable oil

1 lb. lean ground beef or turkey

1 cup chopped onion

2 tsp. chili powder

3 cans (14.5 oz.) [Del Monte® Vegetable & Bean Blends Mexican Style](#), undrained

1 can (15 oz.) [Del Monte® Tomato Sauce](#)

Optional Toppings

Topping Options: Sour cream, avocado, lime juice, cilantro, cheddar

Directions

1. Heat oil in a large saucepan over medium-high heat. Add meat, onion and chili powder and cook about 5 minutes or until meat is cooked through, stirring constantly.
2. Stir in vegetables and tomato sauce. Simmer, uncovered, 5 to 8 minutes, stirring occasionally until sauce thickens. Serve with toppings, as desired.

NOTE: Recipe may be doubled and prepared in a Dutch oven.