

Taste of Home



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Hawaiian Chicken Macaroni Salad

★★★★★

I usually make this Hawaiian macaroni salad out of leftover chicken. The sweet pineapple complements the crisp celery, green beans and almonds in this flavorful, well-dressed salad. —Margie Dearth, Fremont, Wisconsin

TOTAL TIME: Prep/Total Time: 20 min.

YIELD: 2 servings.

Ingredients

1 can (8 ounces) unsweetened pineapple chunks, undrained

1 cup cooked elbow macaroni

1/2 cup diced cooked chicken

1/2 cup chopped celery

1/2 cup frozen cut green beans, thawed

2 tablespoons slivered almonds

1/3 cup plain yogurt

3 tablespoons mayonnaise

1/4 teaspoon salt

Directions

1. Drain pineapple, reserving 1-1/2 teaspoons juice; set juice aside. In a small bowl, combine the pineapple, macaroni, chicken, celery, green beans and almonds.
2. Combine the yogurt, mayonnaise, salt and reserved pineapple juice. Pour over salad; toss to coat. Chill until serving.

Nutrition Facts

1-1/2 cups: 432 calories, 23g fat (4g saturated fat), 38mg cholesterol, 470mg sodium, 38g carbohydrate (17g sugars, 3g fiber), 18g protein.

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