10/8/21, 9:28 AM Web Menus



Breakfast - Middle Schools

OCTOBER 2021

1

-Choose 2-

Assorted Juice Assorted Fresh Fruit Baby Carrots Craisins

-Choose 1-

Assorted Fruit Bread

Golden Hash Browns

Mini Pancakes

Sausage Breakfast Pizza

Cereal

w/ Cheese Stick

OR Nutri-Grain Bar

French Toast Sticks

Ham & Cheese

Croissant

Pancake Sandwich

Assorted Yogurt

w/ Granola

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7 4 5 6 8 -Choose 2--Choose 2--Choose 2--Choose 2--Choose 2-Assorted Juice Assorted Juice Assorted Juice Assorted Juice Assorted Juice Assorted Fresh Fruit **Baby Carrots Baby Carrots Baby Carrots Baby Carrots Baby Carrots** Craisins Craisins Craisins Craisins Craisins Golden Hash Golden Hash Golden Hash Golden Hash Golden Hash Browns Browns Browns Browns Browns -Choose 1--Choose 1--Choose 1--Choose 1--Choose 1-Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Bread Bread Bread Bread Bread Mini Pancakes Mini Pancakes Mini Pancakes Mini Pancakes Mini Pancakes Sausage Breakfast Sausage Breakfast Sausage Breakfast Sausage Breakfast Sausage Breakfast Pizza Pizza Pizza Pizza Pizza Cereal Cereal Cereal Cereal Cereal w/ Cheese Stick OR Nutri-Grain Bar French Toast Sticks Ham & Cheese Croissant Croissant Croissant Croissant Croissant Pancake Sandwich Pancake Sandwich Pancake Sandwich Pancake Sandwich Pancake Sandwich Assorted Yogurt Assorted Yogurt **Assorted Yogurt** Assorted Yogurt Assorted Yogurt w/ Granola w/ Granola w/ Granola w/ Granola w/ Granola Smoothie

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11 14 12 13 15 -Choose 2--Choose 2--Choose 2--Choose 2-Assorted Juice Assorted Juice Assorted Juice Assorted Juice Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit **Baby Carrots Baby Carrots Baby Carrots Baby Carrots** Craisins Craisins Craisins Craisins Golden Hash Golden Hash Golden Hash Golden Hash **Browns Browns** Browns Browns -Choose 1--Choose 1--Choose 1--Choose 1-Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Bread Bread Bread Bread Mini Pancakes Mini Pancakes Mini Pancakes Mini Pancakes Sausage Breakfast Sausage Breakfast Sausage Breakfast Sausage Breakfast Pizza Pizza Pizza Pizza Cereal Cereal Cereal Cereal w/ Cheese Stick w/ Cheese Stick w/ Cheese Stick w/ Cheese Stick OR Nutri-Grain Bar OR Nutri-Grain Bar OR Nutri-Grain Bar OR Nutri-Grain Bar French Toast Sticks French Toast Sticks French Toast Sticks French Toast Sticks Ham & Cheese Ham & Cheese Ham & Cheese Ham & Cheese Croissant Croissant Croissant Croissant Pancake Sandwich Pancake Sandwich Pancake Sandwich Pancake Sandwich Assorted Yogurt **Assorted Yogurt** Assorted Yogurt Assorted Yogurt w/ Granola w/ Granola w/ Granola w/ Granola Smoothie

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18	19	20	21	22
-Choose 2-				
Assorted Juice				
Assorted Fresh Fruit				
Baby Carrots				
Craisins	Craisins	Craisins	Craisins	Craisins
Golden Hash Browns				
-Choose 1-				
Assorted Fruit Bread				
Mini Pancakes				
Sausage Breakfast Pizza				
Cereal	Cereal	Cereal	Cereal	Cereal
w/ Cheese Stick				
OR Nutri-Grain Bar				
French Toast Sticks				
Ham & Cheese Croissant				
Pancake Sandwich				
Assorted Yogurt				
w/ Granola				
		Smoothie		

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25	26	27	28	29
-Choose 2-				
Assorted Juice				
Assorted Fresh Fruit				
Baby Carrots				
Craisins	Craisins	Craisins	Craisins	Craisins
Golden Hash Browns				
-Choose 1-				
Assorted Fruit Bread				
Mini Pancakes				
Sausage Breakfast Pizza				
Cereal	Cereal	Cereal	Cereal	Cereal
w/ Cheese Stick				
OR Nutri-Grain Bar				
French Toast Sticks				
Ham & Cheese Croissant				
Pancake Sandwich				
Assorted Yogurt				
w/ Granola				
		Smoothie		

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