

Middle Schools



Breakfast - Middle Schools

# NOVEMBER 2021

1

- No School Today -

2

- No School Today -

3

**-Choose 2-**

Assorted Juice  
 Assorted Fresh Fruit  
 Baby Carrots  
 Craisins  
 Golden Hash  
 Browns

**-Choose 1-**

Assorted Fruit  
 Bread  
 Mini Pancakes  
 Sausage Breakfast  
 Pizza  
 Cereal  
 w/ Cheese Stick  
 OR Nutri-Grain Bar  
 French Toast Sticks  
 Ham & Cheese  
 Croissant  
 Pancake Sandwich  
 Assorted Yogurt  
 w/ Granola  
 Smoothie

4

- No School Today -

5

**-Choose 2-**

Assorted Juice  
 Assorted Fresh Fruit  
 Baby Carrots  
 Craisins  
 Golden Hash  
 Browns

**-Choose 1-**

Assorted Fruit  
 Bread  
 Mini Pancakes  
 Sausage Breakfast  
 Pizza  
 Cereal  
 w/ Cheese Stick  
 OR Nutri-Grain Bar  
 French Toast Sticks  
 Ham & Cheese  
 Croissant  
 Pancake Sandwich  
 Assorted Yogurt  
 w/ Granola

8	9	10	11	12
<b>-Choose 2-</b>	<b>-Choose 2-</b>	<b>-Choose 2-</b>	- No School Today -	<b>-Choose 2-</b>
Assorted Juice	Assorted Juice	Assorted Juice		Assorted Juice
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit		Assorted Fresh Fruit
Baby Carrots	Baby Carrots	Baby Carrots		Baby Carrots
Craisins	Craisins	Craisins		Craisins
Golden Hash Browns	Golden Hash Browns	Golden Hash Browns		Golden Hash Browns
<b>-Choose 1-</b>	<b>-Choose 1-</b>	<b>-Choose 1-</b>		<b>-Choose 1-</b>
Assorted Fruit Bread	Assorted Fruit Bread	Assorted Fruit Bread		Assorted Fruit Bread
Mini Pancakes	Mini Pancakes	Mini Pancakes		Mini Pancakes
Sausage Breakfast Pizza	Sausage Breakfast Pizza	Sausage Breakfast Pizza		Sausage Breakfast Pizza
Cereal	Cereal	Cereal		Cereal
w/ Cheese Stick	w/ Cheese Stick	w/ Cheese Stick		w/ Cheese Stick
OR Nutri-Grain Bar	OR Nutri-Grain Bar	OR Nutri-Grain Bar		OR Nutri-Grain Bar
French Toast Sticks	French Toast Sticks	French Toast Sticks		French Toast Sticks
Ham & Cheese Croissant	Ham & Cheese Croissant	Ham & Cheese Croissant		Ham & Cheese Croissant
Pancake Sandwich	Pancake Sandwich	Pancake Sandwich		Pancake Sandwich
Assorted Yogurt	Assorted Yogurt	Assorted Yogurt		Assorted Yogurt
w/ Granola	w/ Granola	w/ Granola		w/ Granola
		Smoothie		

15	16	17	18	19
<b>-Choose 2-</b>	<b>-Choose 2-</b>	<b>-Choose 2-</b>	<b>-Choose 2-</b>	<b>-Choose 2-</b>
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Craisins	Craisins	Craisins	Craisins	Craisins
Golden Hash Browns	Golden Hash Browns	Golden Hash Browns	Golden Hash Browns	Golden Hash Browns
<b>-Choose 1-</b>	<b>-Choose 1-</b>	<b>-Choose 1-</b>	<b>-Choose 1-</b>	<b>-Choose 1-</b>
Assorted Fruit Bread	Assorted Fruit Bread	Assorted Fruit Bread	Assorted Fruit Bread	Assorted Fruit Bread
Mini Pancakes	Mini Pancakes	Mini Pancakes	Mini Pancakes	Mini Pancakes
Sausage Breakfast Pizza	Sausage Breakfast Pizza	Sausage Breakfast Pizza	Sausage Breakfast Pizza	Sausage Breakfast Pizza
Cereal	Cereal	Cereal	Cereal	Cereal
w/ Cheese Stick	w/ Cheese Stick	w/ Cheese Stick	w/ Cheese Stick	w/ Cheese Stick
OR Nutri-Grain Bar	OR Nutri-Grain Bar	OR Nutri-Grain Bar	OR Nutri-Grain Bar	OR Nutri-Grain Bar
French Toast Sticks	French Toast Sticks	French Toast Sticks	French Toast Sticks	French Toast Sticks
Ham & Cheese Croissant	Ham & Cheese Croissant	Ham & Cheese Croissant	Ham & Cheese Croissant	Ham & Cheese Croissant
Pancake Sandwich	Pancake Sandwich	Pancake Sandwich	Pancake Sandwich	Pancake Sandwich
Assorted Yogurt	Assorted Yogurt	Assorted Yogurt	Assorted Yogurt	Assorted Yogurt
w/ Granola	w/ Granola	w/ Granola	w/ Granola	w/ Granola
		Smoothie		

22**-Choose 2-**

Assorted Juice  
 Assorted Fresh Fruit  
 Baby Carrots  
 Craisins  
 Golden Hash  
 Browns

**-Choose 1-**

Assorted Fruit  
 Bread  
 Mini Pancakes  
 Sausage Breakfast  
 Pizza  
 Cereal  
 w/ Cheese Stick  
 OR Nutri-Grain Bar  
 French Toast Sticks  
 Ham & Cheese  
 Croissant  
 Pancake Sandwich  
 Assorted Yogurt  
 w/ Granola

23**-Choose 2-**

Assorted Juice  
 Assorted Fresh Fruit  
 Baby Carrots  
 Craisins  
 Golden Hash  
 Browns

**-Choose 1-**

Assorted Fruit  
 Bread  
 Mini Pancakes  
 Sausage Breakfast  
 Pizza  
 Cereal  
 w/ Cheese Stick  
 OR Nutri-Grain Bar  
 French Toast Sticks  
 Ham & Cheese  
 Croissant  
 Pancake Sandwich  
 Assorted Yogurt  
 w/ Granola

24

- No School Today -

25

- No School Today -

26

- No School Today -

**29****-Choose 2-**

Assorted Juice  
 Assorted Fresh Fruit  
 Baby Carrots  
 Craisins  
 Golden Hash  
 Browns

**-Choose 1-**

Assorted Fruit  
 Bread  
 Mini Pancakes  
 Sausage Breakfast  
 Pizza  
 Cereal  
 w/ Cheese Stick  
 OR Nutri-Grain Bar  
 French Toast Sticks  
 Ham & Cheese  
 Croissant  
 Pancake Sandwich  
 Assorted Yogurt  
 w/ Granola

**30****-Choose 2-**

Assorted Juice  
 Assorted Fresh Fruit  
 Baby Carrots  
 Craisins  
 Golden Hash  
 Browns

**-Choose 1-**

Assorted Fruit  
 Bread  
 Mini Pancakes  
 Sausage Breakfast  
 Pizza  
 Cereal  
 w/ Cheese Stick  
 OR Nutri-Grain Bar  
 French Toast Sticks  
 Ham & Cheese  
 Croissant  
 Pancake Sandwich  
 Assorted Yogurt  
 w/ Granola

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