

Elementary Schools



Lunch - Elementary Schools, K-8 & Independence Non-Traditional

NOVEMBER 2021

1

- No School Today -

2

- No School Today -

3**-Choose 1 Protein & Grain-**

Cheese Pizza
 Pepperoni Pizza
 Sloppy Joe
 on Slider Buns

-Add-

Sunshine Carrots
-Garden Vegetable Bar-

Super Food Salad
 Grape Tomatoes
 Cauliflower Florets

-Fruit Bar-

Fresh Pear
 Applesauce

4

- No School Today -

5**-Choose 1 Protein & Grain-**

Crispy Chicken
 w/ Bun
 Cheeseburger/Bun
 Grilled Cheese
 Sandwich

-Add-

Curly Fries
 Tomato Basil Soup
-Garden Vegetable Bar-

Tossed Salad
 Sliced Tomatoes
 Pickles

-Fruit Bar-

Chilled Peaches
 Graham Banana
 Bites

8	9	10	11	12
-Choose 1 Protein & Grain-	-Choose 1 Protein & Grain-	-Choose 1 Protein & Grain-	- No School Today -	-Choose 1 Protein & Grain-
Fiesta Queso Macaroni & Cheese w/ Dinner Roll Chicken Teriyaki over Rice w/ Dinner Roll Morningstar Chik'n Nuggets w/ Dinner Roll	Beef Nachos w/ Queso Chicken Fajita w/ Cheese Stuffed Crust Cheese Pizza	Cheese Quesadilla Corn Dog Nuggets Spaghetti w/ Meat Sauce w/ Garlic Bread		Spicy Chicken w/ Bun Chicken Enchilada Fish Nuggets w/ Dinner Roll
-Add-	-Add-	-Add-		-Add-
Stir Fried Cabbage	Baked Plantains	Steamed Broccoli		Baked Beans
-Garden Vegetable Bar-	-Garden Vegetable Bar-	-Garden Vegetable Bar-		Kickin' Roasted Veggies
BLT Romaine Salad	Corn Salad	Pomegranate Blueberry Spinach Salad		-Garden Vegetable Bar-
Baby Carrots	Lettuce & Tomato	Cucumber Slices		Tossed Salad
Broccoli Florets	Celery Sticks	Pumpkin Soufflé		Sliced Tomatoes
-Fruit Bar-	-Fruit Bar-	-Fruit Bar-		Pickles
Pear Wedges	Fresh Apple	Fresh Grape Clusters		-Fruit Bar-
Mandarin Orange Cup	Frozen Mixed Berry Cup	Chilled Pineapple Chunks		Chilled Pears & Blueberries
	or Frozen Peach Cup			Fresh Melon

15	16	17	18	19
-Choose 1 Protein & Grain-	-Choose 1 Protein & Grain-	-Choose 1 Protein & Grain-	-Choose 1 Protein & Grain-	-Choose 1 Protein & Grain-
Pizza Sticks	Popcorn Chicken	Cheese Pizza	Rosé Bolognese	Crispy Chicken
w/ Dipping Sauce	w/ Dinner Roll	Pepperoni Pizza	w/ Garlic Bread	w/ Bun
Ham & Cheese Pull-Apart Bread Sticks	Zesty Meatloaf	Sloppy Joe	Cheesy Bread	Cheeseburger/Bun
Vegetarian Stuffed Pepper	w/ Dinner Roll	on Slider Buns	All Beef Hot Dog	Grilled Cheese Sandwich
w/ Garlic Bread	Mini Calzones	-Add-	w/ Bun	-Add-
-Add-	w/ Dipping Sauce	Sunshine Carrots	w/ Chili	Curly Fries
Green Beans	-Add-	-Garden Vegetable Bar-	-Add-	Tomato Basil Soup
-Garden Vegetable Bar-	Mashed Potatoes	Super Food Salad	Baked Beans	-Garden Vegetable Bar-
BLT Romaine Salad	w/ Gravy	Grape Tomatoes	-Garden Vegetable Bar-	Tossed Salad
Baby Carrots	Parmesan Broccolini	Cauliflower Florets	Greek Salad	Sliced Tomatoes
Celery Sticks	-Garden Vegetable Bar-	-Fruit Bar-	Baby Carrots	Pickles
-Fruit Bar-	Layered Lettuce Salad	Fresh Pear	Broccoli Florets	-Fruit Bar-
Kiwi Wedges	Cucumber Slices	Applesauce	-Fruit Bar-	Chilled Peaches
Chilled Mixed Fruit	-Fruit Bar-		Orange Wedges	Graham Banana Bites
	Apple Wedges		Strawberry Shortcake	
	Frozen Fruit Juice Cup			

<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>	<u>26</u>
-Choose 1 Protein & Grain-	-Choose 1 Protein & Grain-	- No School Today -	- No School Today -	- No School Today -
Fiesta Queso Macaroni & Cheese w/ Dinner Roll Chicken Teriyaki over Rice w/ Dinner Roll Morningstar Chik'n Nuggets w/ Dinner Roll	Beef Nachos w/ Queso Chicken Fajita w/ Cheese Stuffed Crust Cheese Pizza			
-Add-	-Add-			
Stir Fried Cabbage	Baked Plantains			
-Garden Vegetable Bar-	-Garden Vegetable Bar-			
BLT Romaine Salad	Corn Salad			
Baby Carrots	Lettuce & Tomato			
Broccoli Florets	Celery Sticks			
-Fruit Bar-	-Fruit Bar-			
Pear Wedges	Fresh Apple			
Mandarin Orange Cup	Frozen Mixed Berry Cup or Frozen Peach Cup			

29	30
-Choose 1 Protein & Grain-	-Choose 1 Protein & Grain-
Pizza Sticks	Popcorn Chicken
w/ Dipping Sauce	w/ Dinner Roll
Ham & Cheese Pull-Apart Bread Sticks	Zesty Meatloaf
Vegetarian Stuffed Pepper	w/ Dinner Roll
w/ Garlic Bread	Mini Calzones
	w/ Dipping Sauce
-Add-	-Add-
Green Beans	Mashed Potatoes
-Garden Vegetable Bar-	w/ Gravy
BLT Romaine Salad	Parmesan
Baby Carrots	Broccolini
Celery Sticks	-Garden Vegetable Bar-
-Fruit Bar-	Layered Lettuce Salad
Kiwi Wedges	Cucumber Slices
Chilled Mixed Fruit	-Fruit Bar-
	Apple Wedges
	Frozen Fruit Juice Cup

This institution is an equal opportunity provider.