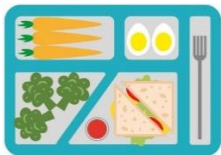


# SCHOOL MEALS ARE FREE (NO CHARGE FOR ALL STUDENTS) ALL YEAR (BREAKFAST AND LUNCH)

## 5 GREAT REASONS YOUR CHILD SHOULD PARTICIPATE



### SCHOOL MEALS ARE SAFE

Poway Food and Nutrition staff is ServSafe® certified and has implemented all COVID-19 health and safety guidelines. Since schools closed in March 2020, our Food and Nutrition Professionals have served millions of safe and nutritious meals to Poway students. Our Food and Nutrition Programs' health inspection scores are among the highest in California.



### SCHOOL MEALS CONNECT WITH STUDENTS

Students thrive in structured environments and school meals are a familiar part of their routine. The accessibility of school meals for both Connect Academy and in-person learners is among the things that have remained constant during a time marked by increasing change. School meals connect students to their school, peers, and school staff.



### SCHOOL MEALS SAVE YOU MONEY AND TIME

Breakfast and lunch meals are now free all year. In addition, free school meals take the guesswork out of preparing meals for students as they focus on academic learning. **Parents can save almost \$1,266 per child for the year.**



### SCHOOL MEALS ARE HEALTHY & DELICIOUS

Quality school meals are the mainstay of the Poway Food and Nutrition Program! Food and Nutrition Professionals serve fresh and healthy meals that cater to students' nutritional needs. Our school meals also have the bonus of being absolutely delicious!



### THERE IS ENOUGH FOR EVERYONE

We have enough school meals to serve all Poway students. When your child eats school meals, it does not reduce another child's ability to receive school meals. In fact, serving more school meals helps the local economy, the Food and Nutrition Program, and supports local farmers by serving California grown items.



For more information, please visit:

[www.powayusdnutrition.com](http://www.powayusdnutrition.com)

or call your child's school.