

**TO: BOARD OF EDUCATION**

**MEETING DATE: September 14, 2021**

**FROM: Ron Little**  
Staff Support: Babre (Lou) Lewis

**AGENDA ITEM: 5.3(k)**

**SUBJECT: APPROVAL OF RESOLUTION NO. 05-2022 ENTITLED  
"OBSERVANCE OF NATIONAL FARM TO SCHOOL  
MONTH"**

- Action
- Consent Calendar
- First Reading
- Information
- Presentation
- Public Hearing
- Roll Call Vote  
Required

**RECOMMENDATION:**

**Approve Resolution No. 05-2022 recognizing October 2021 as National Farm to School Month.**

**DISCUSSION/PROGRAM:**

The United States House of Representatives established October as National Farm to School Month in 2010. Since then, October has been recognized annually to celebrate the growing importance of farm to school programs to improve child nutrition, support local economies, and educate children about the origins of food. Farm to school programs include the core elements of local procurement, school gardens, and food and agriculture education that offer far-reaching benefits to students, local farmers, and the community. Farm to school empowers children and their families to make informed food choices while providing new and diverse market opportunities for farmers and producers, strengthening the local economy, and contributing to vibrant and engaged communities.

The primary goal of the Farm to School Program is to promote the importance of farm to school activities in helping to improve child nutrition, support local economies and connect children and communities with the source of their food. Research into existing Farm to School programs indicates that students choose significantly more servings of fruits and vegetables when given the choice of high quality, local, fresh produce, especially when this availability is linked to an educational activity.

This month provides the opportunity to reflect on the critical role Farm to School programs play in promoting healthy eating, local foods, and more fruit and vegetable consumption both at school and at home.

**LEGAL REFERENCE: House Resolution 1655 - 111th Congress (2009-2010)**

**FISCAL IMPACT: N/A**

**MOVED BY: \_\_\_\_\_ SECONDED BY: \_\_\_\_\_**

**VOTE: COUVRETTE \_\_\_ O'CONNOR-RATCLIFF \_\_\_ PATEL \_\_\_ SYTSMAN \_\_\_ ZANE \_\_\_ STUDENT PREFERENTIAL VOTE: XU \_\_\_**

Poway Unified School District

RESOLUTION NO. 05-2022

OBSERVANCE OF NATIONAL FARM TO SCHOOL MONTH

ON MOTION of Member Dr. Patel, seconded by  
Member Mr. Zane the following resolution is adopted:

**WHEREAS**, the National Farm to School Month was established in 2010, by a United States House of Representatives resolution; and

**WHEREAS**, school districts around the nation will celebrate National Farm to School Month during October 2021 by serving local food in cafeterias, maintaining school gardens, and conducting food and agricultural enrichment activities in classrooms; and

**WHEREAS**, Farm to School programs connect schools with local farms with the objective of serving healthy meals in school cafeterias, improving student nutrition, and providing health and nutrition education that will last a lifetime; and

**WHEREAS**, knowledge of nutrition, including the importance of eating fruits and vegetables, as well as how food is grown, who grows it, and how to prepare it, are important components of health education; and

**WHEREAS**, children eat significantly more servings of fruits and vegetables in schools that provide fresh produce; and

**NOW, THEREFORE, BE IT RESOLVED**, that the Board of Education hereby recognizes the month of October 2021, as National Farm to School Month, and urges all parents, students, and staff members to observe this month in a way appropriate to its significance and importance.

**PASSED AND ADOPTED** on September 14, 2021, by the following vote:

AYES: 5  
NOES: 0  
ABSENT: 0  
ABSTAIN: 0

STATE OF CALIFORNIA )  
COUNTY OF SAN DIEGO )

This is to certify that the foregoing document is a true copy of the Resolution of the Board of Education of the Poway Unified School District of San Diego County.



Dr. Darshana Patel, Clerk of the Board of Education