



PLACENTIA-YORBA LINDA UNIFIED SCHOOL DISTRICT WELLNESS COMMITTEE MEETING

Thursday, October 14, 2021
3:15 p.m. – 4:30 pm.
PYLUSD Board Room

MEETING MINUTES

WELCOME

Richard McAlindin opened the meeting at 3:15pm. Each member took a moment to introduce themselves and share their role with the Wellness Committee. There was discussion around adding a Title I principal, teacher, and parent representative. Richard will continue to look for additional representatives. This group is meant to be an advisory group, looking for input from its members.

ACCEPTANCE OF MINUTES

The minutes of the June 3, 2021 meeting were accepted as submitted.

ST. JUDE GRANT PROPOSAL

The grant provided by St. Jude brings forth initiatives; some of those start at the Title I schools only. District then tries to push those same items out to the rest of PYLUSD schools if the funding can be found. St. Jude looks to see what the District needs are and asks for there to be a committee to keep wellness at the forefront. Their goal is to strengthen wellness policies and look at how nutrition education can be incorporated. PYL is at the top of the districts in terms of wellness. Another component is the mental health portion and looking at the whole child. Tracy Bryars from St. Jude puts together a grant agreement to be presented to district, once approved, it is taken back to St Jude for approval. The deliverables are laid out in an agreement between St. Jude and the District. The following goals for the 2021-2022 school year were discussed:

GOAL 1 – Leadership Program

There is a desire to implement a leadership component to the St. Jude initiatives. Melissa Arvizu currently leads a successful Resident Leadership program at Valencia High School. The District would like to consider adding a similar program to Valadez and Kraemer middle schools. It is an opportunity for those students who are not in ASB to be involved in a leadership program. A zoom call is scheduled with Melissa for Monday, 10/25. Tracy reviewed some of the initiatives the group at VHS has covered. The current Resident Leadership students at VHS may act as mentors for those new groups at the middle schools. The MOU for Resident Youth Leadership Program may not include middle school; if not, a new MOU may be needed. There was discussion around offering two sessions - fall and spring

GOAL 2 – Culinary Carts

Suzanne presented an idea for the Title I schools – a mobile culinary cart with cooking equipment. The suggestion was to purchase one cart per Title I school, which would be housed within the Nutrition Services warehouse in an effort to keep them from getting lost or damaged, as well as keep them stocked. The cart would be available to enhance students' nutrition education by providing a hands-on experience while learning how to read, create, and use recipes. This will

additionally add to the current LCAP goal of increasing nutrition education. The cart itself runs approximately \$550 and items for the cart would be additional. The desire would be to have items such as blenders added, along with the ability to plug in the carts to a power source. Students love to cook, and this would offer a lifetime skill for the students, and even open the vision of becoming a career option for some. Nutrition Services will supplement much of the equipment as it has already been purchased for student chef competitions, but the carts would need additional supplies. OCDE has established some nutrition education curriculum that can be utilized. Food protocols were discussed for school sites – food allergies (stay away from big 8). The regulations relate to food safety only.

GOAL 3 – How Schools are Implementing Current Wellness Policy

A copy of the 2019-2020 survey results were provided. The idea of putting out another survey was discussed. The recommendation by Suzanne Morales was to take the current survey results, create the triennial plan, then roll it out to the teachers later this year. The committee was in agreement.

GOAL 4 – Safe Routes to School Plan

Safe routes to schools often involves the involvement of the city, specifically Public Works. Their crew will complete a walk ability survey see what dangers exist and what can be done to mitigate those dangers. The suggestion was made to obtain a copy for St. Jude to look and see if there is anything they can do to assist in this effort for PYLUSD. The funding may end up going to the city.

WELLNESS SURVEY

The due date for the Local School Wellness Policy triennial plan is coming up. Suzanne Morales is working on completing and submitting this plan.

COVID-19 UPDATE

There will be a standing item on the agenda for COVID updates as guidance continues to be updated. So far this year, there are more close contacts as there are more students in class. For example, ELDO had 1 positive case that generated almost 60 close contacts. The emphasis is for students and staff to stay home when sick. One significant change this year is to allow for a modified quarantine. Students can stay on campus as long as they participate in periodic saliva testing. Employees who are not vaccinated are now required to test weekly. There are approximately 700 employees testing per week. The tests are collected at each school site. There are also some student athletes required to test. Currently those sports include cheer and wrestling (350 district wide). Guidance continues to shift; a revised guidance just came out which affects exclusivity from extracurricular activities for 14 days. Students can now return on day 8 if they test negative on or after day 5 of their close contact.

Another new mandate was recently ordered. Effective Monday, October 18, school site volunteers must now show proof of vaccination or a recent negative test. There are a few exceptions when proof of vaccine status is NOT needed:

1. Outdoor events – vaccine verification will not be needed for volunteers who will be outside, such as helping at a jog-a-thon.

2. Events that are held outside of school hours (not school sponsored) - vaccine verification will not be needed for volunteers, such as a PTA meeting

Mental Health Support

Dr. Trena Gonzalez provided an overview of the new wellness team. There is a focus on a district wide campaign to show commitment to every child through the Noticed-Nurtured-Needed campaign. There have been many supports put into place, including books for K-5 teachers, Noticed-Needed-Nurtured bracelets for all students and staff, school banners, anti-bully assemblies, a new wellness team in place, and increased services for LGBTQ+ students. Most recently, the team has added tier 1 and 2 supports for teacher needs.

MEETING DATES

The Wellness Committee meeting dates for the 2021-2022 school year are January 20, 2022, March 17, 2022, and May 26, 2022.

ADJOURNMENT

The meeting was adjourned at 4:35 p.m.

Next Meeting:

January 20, 2022
3:15 – 4:30 p.m.
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