

PLACENTIA-YORBA LINDA UNIFIED SCHOOL DISTRICT WELLNESS COMMITTEE MEETING

Thursday, January 16, 2020
3:15-4:30 p.m.
District Education Center
Superintendent's Meeting Room

WELCOME

Placentia-Yorba Linda Unified School District's Executive Director of Instructional Support, Richard McAlindin, welcomed committee members to the January meeting.

ACCEPTANCE OF MINUTES

The minutes of the October 3, 2019 meeting were accepted as submitted.

CAMPUS SUPERVISOR TRAINING/PRO-ACT

All district campus supervisors will be trained using protocols from the Love and Logic and Pro-Act programs on January 24, which is a non-student day for secondary schools. This training will help to support a safe school environment, as it teaches skills to help our campus supervisors deescalate situations.

COMPREHENSIVE THREAT ASSESSMENT TRAINING

The Orange County Probation Department, District Attorney's Office, Sheriff's Department and Department of Education teamed together to provide a comprehensive threat assessment training hosted by PYLUSD. Many of PYLUSD's administrators, counselors and mental health specialists, along with participants from other area districts, attended this grant-funded training in order to learn protocols to follow when a threat is made. Schools and district personnel need to understand the basic nature of a threat in order to decide what is credible and what is not.

2019 FITNESSGRAM RESULTS

Tracy Bryars from St. Jude presented the results of the 2019 Fitnessgram. PYLUSD schools saw improvement in their scores, indicating that our nutrition lessons and wellness policy are working. Suggestions to encourage more fitness at our schools included motivational and directional signage, including noting how many steps there are from one point to another and how many stairs are in a flight.

Pamela Lares from Kid Healthy shared information on a program at Rio Vista Elementary titled "Parents in Action" (Padres en Acción). The program engages parents as active volunteers and advocates in their children's lives providing a direct impact in the attitudes and behaviors of their families. The program begins with a six-class series for parents that covers topics in nutrition, physical activity, parent engagement, and advocacy. Following the classes, this core group of parents then begin as volunteers on the playground every Monday, Wednesday and Friday, providing a consistent and long term physical activity opportunity for students.

SAFETY COMMUNICATION APP

Richard McAlindin shared with the group that district staff is researching a district-wide app to notify employees in the case of an emergency situation. He will update the group at the next meeting with more information.

MENTAL HEALTH STUDENT SERVICES ACT

Richard McAlindin has been asked to serve as part of a committee in conjunction with the Orange County Department of Education to apply for funding towards Mental Health Student Services. The

funding will come from Proposition 63 grant funds over the next four years and would provide additional mental health services to Orange County districts. Richard will update the group as more information becomes available.

ADJOURNMENT

The meeting was adjourned at 4:20 p.m.