



Feeding Hungry Minds

High School Menu

OCTOBER

2021



Daily Lunch Specials

*Pork
Vegetarian

Monday Tuesday Wednesday Thursday Friday

Sep 27

Popcorn Chicken
Popcorn Chicken
Mashed Potatoes
Cut Corn
Biscuit

Sep 28

Wok On!
Teriyaki Chicken
Orange Chicken
Asian Noodles
Steamed Vegetables

Sep 29

Enchilada Style Burrito
Spanish Rice
Mexicali Corn

Sep 30

Breakfast for Lunch
French Toast Sticks
Scrambled Eggs
Sausage Patty*
Tater Tots

Oct 1

Just Wing It!
Boneless Wings
Choice of Sauce
Seasoned Fries
Garlic Breadstick

Oct 4

Fugettaboutit!
Chicken Parmesan
Sandwich
-or-
Meatball Sub
Garlic Fries

Oct 5

Homestyle Fav
Lemon Garlic Chicken
BBQ Roasted Chicken
Mashed Potatoes
Cut Corn
Cornbread Muffin

Oct 6

It's Just Nacho Day!
Seasoned Taco Meat
Refried Beans
Nacho Cheese
Tortilla Chips

Oct 7

BYO Burger
Beef Burger Patty
Assorted Toppings
& Sauces
Seasoned Fries

Oct 8

Roll With It
Carnitas*
Chicken Fajita
Cilantro Lime Rice
Pinto Beans

Oct 11

Let's Be Frank
Hot Dog with
Assorted Topping
BBQ Baked Beans

Oct 12

Wok On!
Teriyaki Chicken
Orange Chicken
Fried Rice
Steamed Vegetables

Oct 13

Pick'n Chick'n
Nashville Hot Chicken
-or-
Grilled Chicken
Assorted Toppings
Seasoned Fries

Oct 14

Off the Hook
Breaded Fish
Seasoned Fries
Coleslaw
Dinner Roll
or Sandwich Style

Oct 15

Flatbread Pizza
Pepperoni
-or-
Cheese
Tossed Caesar Salad

Oct 18

Da'Pastabilities
Alfredo - Marinara
Chicken - Beef
Seasoned Broccoli
Garlic Breadstick

Oct 19

Backyard BBQ
BBQ Pork Sandwich*
BBQ Chicken Sandwich
Cowboy Beans
Golden Corn

Oct 20

Lets Taco'bout it
Crispy Tacos
Fiesta Rice
Refried Beans

Oct 21

Chix & Waffles
Chicken Tenders
Mini Waffles
Southern Green Beans

Oct 22

Meltdown
Cuban Sandwich
-or-
Philly Cheesesteak
Seasoned Fries

Daily Vegetarian Options

MONDAY
Bean & Cheese
Burrito

TUESDAY
Cheesy Pull-Apart
Bread

WEDNESDAY
Veggie Burger

THURSDAY
Grilled Cheese
Sandwich

FRIDAY
Bean & Cheese
Burrito

BREAKFAST

Monday
Sausage & Cheese Bagel*

Tuesday
Buttery Maple Waffle

Wednesday
Ham & Cheese Croissant*

Thursday
Fresh Baked Cinnamon Roll

Friday
Breakfast Burrito *

- Available Daily -

Breakfast Pizza Stick*
Pan Dulce

Yogurt Parfait
Assorted Cereal with String Cheese
Bagel & Cream Cheese

LUNCH ESSENTIALS

Available Daily



Chicken Sandwich
Spicy or Regular
Cheeseburger

Chicken Tenders with a Garlic Breadstick



Available Daily

Week 1 & 3
Chicken Caesar Salad
with a Dinner Roll

Week 2 & 4
Taco Salad
with Tortilla Chips

Options alternate weekly

ALL MEALS COME WITH

BREAKFAST: FRUIT, JUICE & CHOICE OF MILK

LUNCH: FRUIT, VEGETABLE & CHOICE OF MILK

Menu Subject to Change without Notice

This institution is an Equal Opportunity Provider