



Vegetable Brown Fried Rice

DESCRIPTION:

Here by popular demand! Fully cooked, fluffy Brown and white grain rice mixed with a fresh blend of onions, garlic, peas, and carrots. We use a savory blend of soy sauce and spices for our gourmet Hong Kong style fried rice



FOOD BASE EQUIVALENCY:

One (4.75 oz by weight or roughly $\frac{3}{4}$ cup by volume) serving provides 1 serving ($\frac{1}{2}$ cup) of rice/Grain and 1 serving ($\frac{1}{4}$ cup) of vegetables/other.

Each case contains 30 lbs (6/5 lb bags) of product.

HEATING INSTRUCTIONS:

- Place product in a sheet pan and place sheet pan in cooler (45°) two full days prior to serving or until fully thawed.
- Place product into hotel pan (1 Bag/pan), drizzle 3 to 4 cups of water evenly over rice, cover with lid.
- Heat in convection oven at 350° for about 20-25 minutes or until 165°.

INGREDIENTS:

Medium-grain Brown Rice, Enriched long-grain white rice, Soy sauce (shoyu) low sodium, Carrots, Peas, Vegetable Oil, Garlic.

CONTAINS: WHEAT, SOY.
NO TRANS FAT
NO MSG

Nutrition Facts

Serving Size 4.75oz (135g)

Servings Per Container 101

Amount Per Serving

Calories 130 Calories from Fat 20

% Daily Value*

Total Fat 2.5g 4%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 362mg 15%

Total Carbohydrate 24g 8%

Dietary Fiber 2g 8%

Sugars 2g

Protein 3g

Vitamin A 50% Vitamin C 8%

Calcium 2% Iron 8%

*Percent daily values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.

Total Fat	Less than	2,000	2,500
Sat Fat	Less than	65g	80g
Cholesterol	Less than	20g	25g
Sodium	Less than	300mg	300mg
Total Carbohydrate	Less than	2,400mg	2,400mg
Dietary Fiber		30g	37g
		25g	30g

I certify this information is true and correct:

July 1st, 2014

Grant Kwok

Date

President

Effective for one year from date signed

Product Code	Description	U/M	Count	Lbs
Fried Rice:OFC-2149	Brown Vegetable Fried Rice	5 lb.	6	30.00

Pack Information

Pack: 6/5 lb Bags. Pre-mixed with sauce and vegetables.

Case Net Wt. (Lbs): 30 lb

Case Gross Wt. (Lbs): 31 lb

Case Dimension: 18x10x8

Case Cube: 0.83

Cases/Pallet Layer: 8

Layers/ Pallet: 8

Cases/ Pallet: 64

Shelf Life

Frozen: 6 months

Refrigerated: 3 days

Note: Product not intended to be eaten cold. See Cooking Instructions

Master Case Barcode: 013964149456