

## IN SEASON: Pears

So many pears, so little time! **Fall is the perfect time to taste a fresh pear.** They are picked hard and continue to ripen. Wait to eat it until the neck gives to gentle pressure, rinse in cold water and enjoy.



Bartlett pears



Asian pears



Seckel pears

## Leaf COLLECTION



Leaves may change this time of year or stay green. **Find five different leaves during a walk in your neighborhood or a visit to a park.**

Lay them out on a piece of paper and try to identify what trees they come from. If you want to preserve your collection, press the leaves between layers of paper or newspaper, cover with a piece of cardboard (or flattened box) and weight with a heavy book or bricks for at least a week.



## Farmer's Day: OCTOBER 12

Farmers work very hard to bring us all the food we eat and to care for the land on which it is grown. **Show your appreciation by visiting a farm, community garden, or farmer's market and talking to a grower.**



For info on The FruitGuys' Farm-to-School program, contact customer service: 650-243-5722 • [fruitguysfarmtoschool.com](http://fruitguysfarmtoschool.com)

