## Larry Ann Plums



- Larry Ann Plums have a thin edible deep reddish-purple skin on the outside, and orange, juicy sweet flesh on the inside.
- Larry Ann Plums are the second sweetest kind of plums.
- These plums are only ripe for a short time during the early spring and are harvested from California and Chile.
- Plums are known as "drupe" fruits and have a hard pit in the middle like peaches, apricots and cherries.
- They are good for you and help keep your body and eyes healthy!
- Did you know prunes are just dried plums?



Click here for the plum song!

**OKCPS School Nutrition Services** 



