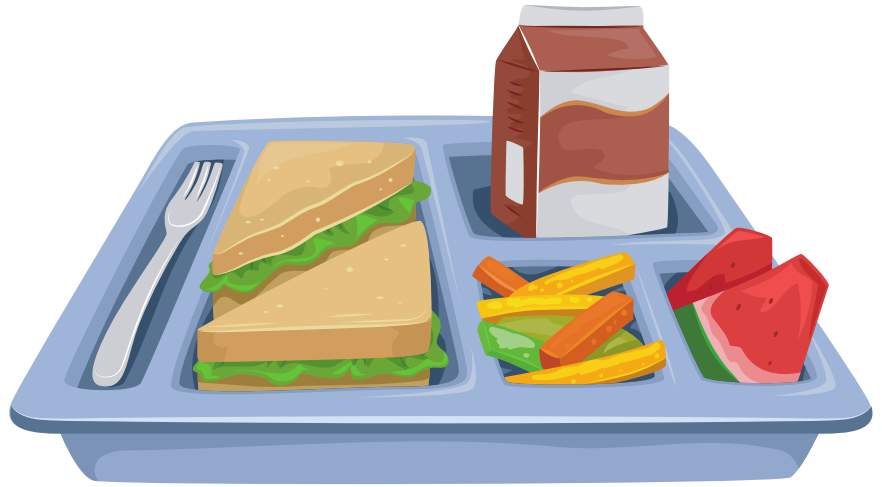


January 2023 Elementary Menu Substitutions



Dear Valued NLMUSD Parents,

For the month of January, you may see substitutions or omissions from the printed menu due to food supply chain availability.

- **Wednesday, 1/11/23**
 - **No Tropical Citrus Fruit**
 - Replaced by assorted fresh or canned fruit
- **Thursday, 1/19/23 and Tuesday, 1/24/23**
 - No Buffalo Vegan Wings
 - Replaced by Berry Yogurt Parfait w/Granola
- **Friday, 1/27/23**
 - No Mac n Cheese
 - Replaced by Green Chicken Enchilada Casserole
- **Tuesday, 1/31/23**
 - No Mini-cheeseburger Sliders
 - Replaced by Beef Chili Puff Pastry

Special Notice: All menu items are subject to change without prior notice based on availability. Due to the pandemic and site participation, substitutions and/or menu changes may be required more often.