



November 2020 – February 2021

Friday's Extra Eats Menu



Week of:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11/2, 12/14 (serve Th), 1/4, 1/25 & 2/16*	Chicken Smackers ✓	Chicken Smackers ✓	Chicken Tenders ✓	Chicken Tenders ✓	Breaded Chicken Patty ✓ & Freshly Prepared Ranch	Breaded Chicken Patty ✓ & Freshly Prepared Ranch	Breaded Chicken Patty ✓ & Freshly Prepared Ranch
	Head of Lettuce Pint of Fresh Juice (Apple) ½ gallon of Low-Fat Milk						
Snack	Cereal Bowl ✓ Milk (included in ½ gal)	Goldfish ✓ String Cheese	Goldfish ✓ String Cheese	Bear Grahams ✓ String Cheese	Doritos ✓ Sunflower Seeds	Bear Grahams ✓ Sunflower Seeds	Cheetos ✓ Sunflower Seeds
11/9*, 11/30, 1/11, 2/1 & 2/22	Hamburger Patty	Hamburger Patty	Beef Rib-o-que	Beef Rib-o-que	Cheesy Meatloaf Patty	Cheesy Meatloaf Patty	Cheesy Meatloaf Patty
	Hamburger Buns (4 each) ✓ Head of Lettuce Oranges (2) ½ Gallon Low-Fat Milk						
Snack	Cereal Bowl ✓ Milk (included in ½ gal)	Goldfish ✓ String Cheese	Goldfish ✓ String Cheese	Bear Grahams ✓ String Cheese	Doritos ✓ Sunflower Seeds	Bear Grahams ✓ Sunflower Seeds	Cheetos ✓ Sunflower Seeds
11/16, 12/7, 1/19* & 2/9*	Drumstick ✓	Drumstick ✓	Breaded Chicken Patty ✓	Breaded Chicken Patty ✓	Breaded Chicken Patty ✓	8-piece Breaded Chicken ✓	8-piece Breaded Chicken ✓
	15 oz. Can of Corn (1.5 cups) Pint of Fresh Juice (Orange or Apple) ½ Gallon of Low-Fat Milk						
Snack	Cereal Bowl ✓ Milk (included in ½ gal)	Goldfish ✓ String Cheese	Goldfish ✓ String Cheese	Bear Grahams ✓ String Cheese	Doritos ✓ Sunflower Seeds	Bear Grahams ✓ Sunflower Seeds	Cheetos ✓ Sunflower Seeds

*= holiday week – serve 6 days' worth of meals

^ Menu Subject to Change
 ✓= Whole Grain Rich

**This Institution is an Equal Opportunity Provider

10-20-2020